It’s time to choose a health plan for you and your family.

How can you choose a health plan?

Look at the chart below to compare the extra services each health plan offers. Here are some things to think about when you decide which health plan to choose.

• Which health plans do your current doctors take?
• Does one of the health plans have extra services you want or need?

You can choose one plan for each family member or the same plan for more than one family member.

This is a summary of extra benefits, for the most current and complete listing visit www.myplan.health.la.gov or call 1-855-229-6848 Monday – Friday 8AM – 5PM.

What is Healthy Louisiana?

Healthy Louisiana is the way most of Louisiana’s Medicaid and LaCHIP recipients receive health care services. In Healthy Louisiana, you choose a health plan that is best for you and your family.

All plans provide the same health services you get in Medicaid or LaCHIP, such as well child visits, maternity care while pregnant and through delivery, medical transportation, prescription drugs, mental health services and substance use treatment. The plans also offer extra services. A summary of those extra services is in the chart below.

This chart summarizes extra benefits available to members who get physical health benefits through Healthy Louisiana.

<table>
<thead>
<tr>
<th>Website</th>
<th>AETNA BETTER HEALTH® OF LOUISIANA</th>
<th>Healthy Blue</th>
<th>AmeriHealth Caritas Louisiana</th>
<th>UnitedHealthcare Community Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td>Member Services</td>
<td>1-866-242-0002</td>
<td>1-888-796-0004</td>
<td>1-888-599-5133</td>
<td>1-866-875-1607</td>
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<tr>
<td></td>
<td>Monday-Friday 7a.m.–7p.m.</td>
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<td>Monday-Friday 7a.m.–7p.m.</td>
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</tbody>
</table>

Member Services can help you: find a doctor, learn about benefits, access services, file a complaint about a provider or appeal a denied service.

All plans have a 24 hour Nurse Hotline to help you figure out if you need to go to the Emergency Room or learn about health issues.

All health plans allow unlimited visits to in-network doctors, as needed.

Care Management Programs

All of the health plans have special programs to help members with chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity and tobacco use. If they do not have a program in place that fits your needs, they will work with you to create one. They also have programs for pregnant women with high risk of problems during pregnancy and delivery.

Gurumizers

All health plans cover newborn male circumcision. Check with the individual plans for specifics.

Help to Stop Smoking

All health plans cover coaching and medications (with a prescription) to help members stop smoking.*

Adult Vision (21+)

Eye exam
No co-pay
$80 toward glasses or contacts (once a year)

Eye exam
No co-pay
$100 toward glasses or contacts (once a year)

Eye exam
No co-pay
$100 toward glasses or contacts (once a year)

Eye exam every two years
No co-pay
$100 toward glasses or contacts

Adult Dental (21+)

Dental exams and checkups (twice a year)

Dental exams and cleanings and x-rays (once a year)

Dental exams, cleanings, fillings, extractions and x-rays

Dental exams every two years

Adult Pain Management

Members who have gone to the Emergency Room 4+ times for pain can work with a case manager to find ways to manage pain.

Members who have gone to the Emergency Room 4+ times for pain can work with a case manager in our pain management program.

Certified pain management coaches help address chronic pain for members in care management.

Members over 21 will be provided six (6) visits per year to an in-network chiropractor.

Community Programs

Boy Scouts and Girl Scouts membership for one year for eligible members.*

Boys & Girls Club membership for eligible members.*

Home assessment for members diagnosed with asthma.

Inhaler sensor to help control asthma for members diagnosed with asthma.*

Respite Services for Caregivers – Up to 8 hours each month for caregivers of children up to age 20

Respite Services for Caregivers – Up to 8 hours each month for caregivers of children up to age 20

Questions? Call 1-855-229-6848 the Louisiana Department of Health has tried to make this chart as accurate and complete as possible. However, because it must rely on the various health plans to provide this information, LDH cannot guarantee its accuracy. You can learn more about the health plans by contacting them directly.

*Please contact the health plan for eligibility requirements and details for this benefit.

LAEB-HP-COMP-E-0917
For $50 = *

<table>
<thead>
<tr>
<th>Rewards</th>
<th>Description</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child Well Visits (birth - 20)</td>
<td>$25 for annual well visits from birth to 20 years</td>
<td>$20 for all well visits from birth to 15 months*</td>
</tr>
<tr>
<td>Adult Well Visit (21+)</td>
<td>$15 for annual well visit</td>
<td>$10 for STI screening, members 16+</td>
</tr>
<tr>
<td>Wellness Screenings</td>
<td>$10 for STI screening (chlamydia, syphilis, gonorrhea and HIV tests)</td>
<td>$15 for lead age screenings for children, birth - 2 years*</td>
</tr>
<tr>
<td>Diabetic Screening</td>
<td>$5 for a dilated eye exam, LXL and AIC blood test for members diagnosed with diabetes</td>
<td>$15 for a dilated eye exam, kidney screening and AIC blood test for members diagnosed with diabetes*</td>
</tr>
<tr>
<td>Other Rewards</td>
<td>$5 for a flu shot</td>
<td>$10 for a completed Health Assessment, one per household</td>
</tr>
<tr>
<td>Pregnancy Reward Program</td>
<td>$25 for a postpartum visit (3 - 8 weeks after delivery)</td>
<td>$50 for a postpartum visit</td>
</tr>
<tr>
<td>Prenatal Exams</td>
<td>$80 for at least 7 prenatal and a postpartum visit or $125 for at least 8 prenatal visits and a postpartum visit</td>
<td>$25 for prenatal visit in the first 6 weeks of pregnancy</td>
</tr>
<tr>
<td>Postpartum Exam</td>
<td>$25 for a postpartum visit</td>
<td>$10 for each prenatal visit, up to $110 per pregnancy</td>
</tr>
<tr>
<td>Adult Weight Management</td>
<td>$25 for weight loss management meetings for enrollees age 18 and older</td>
<td>$10 for each prenatal visit, up to $110 per pregnancy</td>
</tr>
<tr>
<td>Pediatric Weight Management Program</td>
<td>$20 for a postpartum visit</td>
<td>$20 or $5 per visit (up to $100) for a postpartum visit</td>
</tr>
<tr>
<td>Rides to Appointments</td>
<td>All Health Plans will set up a ride for members who don’t have a way to get to medical appointments.</td>
<td>No cost</td>
</tr>
<tr>
<td>Pharmacy Copays</td>
<td>Free with a doctor’s prescription.</td>
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</tr>
<tr>
<td>Over the Counter (OTC) Medications</td>
<td>$20 for all well visits from birth to 15 months*</td>
<td>$20 or $50 for a PCP visit within 90 days of enrollment</td>
</tr>
<tr>
<td>Extra Medication Supply for School</td>
<td>$10 or less - $20</td>
<td>$10 or less - $20</td>
</tr>
<tr>
<td>Adult Vaccinations</td>
<td>All health plans cover all recommended vaccines, including: HPV (human papilloma virus), pneumonia, the flu (influenza), chicken pox, shingles, meningitis, DTaP (diptheria, tetanus and pertussis), MMR (measles, mumps and rubella) and hepatitis A and B.</td>
<td>Free download for members in the Apple App Store and on Google Play</td>
</tr>
<tr>
<td>Texting and Social Media Programs</td>
<td>Text4Baby, Text4Kids, Text4Health, Care4Life (diabetes coaching)</td>
<td>Free to use with a prescription, with see copays above.</td>
</tr>
<tr>
<td>Mobile Apps</td>
<td>Asthma Better Health</td>
<td>Available with a prescription. See copays above.</td>
</tr>
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