WHAT ARE THE FACTS?

Zika Virus Infection

HOW IS ZIKA TRANSMITTED?

- Primarily transmitted by infected mosquitoes
- *Aedes aegypti* (yellow fever mosquito) and *Aedes albopictus* (Asian tiger mosquito)
- Mosquitoes go from egg to adult in a week to 10 days
- Same mosquitoes transmit dengue, chikungunya, Zika viruses
- Zika is passed from an infected person to a mosquito through a bite, mosquito then bites someone else
- Sexual transmission of Zika cases have been documented

PREGNANCY?

- Pregnant women should not travel to these countries
- Male sex partners who have traveled to these countries should use condoms during sex

WHAT ARE THE SYMPTOMS?

- fever and headache
- conjunctivitis
- rash
- joint pain
- muscle pain

80% of Zika infected don’t know they are sick.

These countries have had outbreaks of Zika virus:

- Americas
- Caribbean
- Mexico
- Pacific Islands

WHAT ARE THE FACTS?

N O  V A C C I N E  T O  P R E V E N T  •  N O  M E D I C I N E  T O  T R E A T

HOW DO YOU PROTECT AND PREVENT?

- Use EPA registered insect repellents containing DEET (during travel and 3 weeks after)
- Stay in places with air conditioning or window and door screens
- Wear protective clothing (light-colored, long-sleeved shirts, long pants and socks)
- Sleep under a mosquito net

Find out what it takes to stop Zika

Please visit dhh.la.gov/zika