Sean Troxclair, M.D.

Deputy Surgeon General

Dr. Sean Troxclair serves as the deputy surgeon general of the Louisiana Department of Health. Originally from South Louisiana, Dr. Troxclair relocated to Shreveport for medical training. He completed medical school, residency, and fellowship training at LSU Health Sciences Center in Shreveport. He then practiced intensive care unit (ICU) medicine in Tyler, Texas, where he helped upgrade ICU practice and nutrition delivery, before returning to Louisiana in 2012.

Dr. Troxclair has practiced in ICUs for many years in private, community, and academic settings. He was involved in postgraduate medical training for residents and fellows while serving as the ICU director at Overton Brooks VA Medical Center in Shreveport for three years. Dr. Troxclair made an integral direction change and began working in a rural health environment many years ago. He maintains an active clinical presence, consulting on ICU patients, providing care in emergency department settings, and now running his own medical clinic in Shreveport. His clinic focuses on combining allopathic medicine with functional and integrative concepts to provide a more holistic approach to medicine. Dr. Troxclair provides lectures and preceptorships to students at multiple levels and settings, particularly as faculty for Advanced Trauma Life Support with LSU Health Shreveport, and is active in teaching about chronic disease management and recovery.

Dr. Troxclair has been married for 20 years and has four children. In his free time, he enjoys spending time with his family, being outdoors, and studying science and martial arts.

LOUISIANA DEPARTMENT OF HEALTH