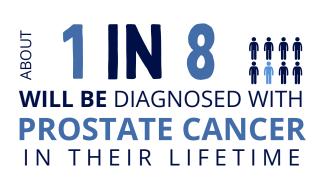
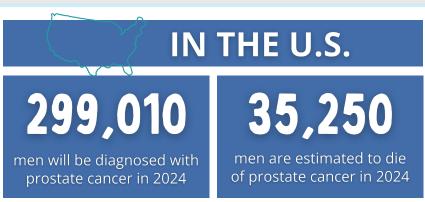
PROSTATE CANCER BRIEF









PROSTATE CANCER IS THE 2ND LEADING CAUSE OF CANCER DEATHS AMONG MEN IN LOUISIANA.



GET SCREENED ANNUALLY

Especially African American men and men with increased risk due to family history.

40	Age of men at highest risk
45	Age of men at high risk
50	Age of men at average risk
70+	PSA-based screening for prostate cancer is not recommended for individuals

COMMONLY USED TESTS TO SCREEN FOR PROSTATE CANCER

PSA - PROSTATE SPECIFIC ANTIGEN | Measures levels of prostate-specific antigen (PSA) in the blood. PSA is a protein produced by the cells of the prostate.

DRE - DIGITAL RECTAL EXAMINATION | Can be utilized in conjugation with PSA testing. The prostate is palpated for abnormalities that are found in prostate cancer. Abnormal exams are more prevalent in men with higher PSAs.

HELPFUL TIPS

- EDUCATE men where they are gyms, barbershops, sporting events, clubs/fraternities, etc.
- EMPOWER men to go to the doctor establish care with a primary care provider (PCP) to become aware of necessary screenings.
- ELEVATE men to advocate for their own health and inspire other men to encourage other men to be champions of their own health.
- PROMOTE RECOMMENDATIONS: Men should talk to their doctor about prostate cancer screenings
 to get informed and decide which test is best for them. Men at higher risk should talk with a
 doctor about testing options at age 40.









