







# Compare Health Plans



All Healthy Louisiana health plans offer the same basic services as Medicaid or LaCHIP. These include well-child visits, pregnancy care through delivery, medical transportation, prescription drugs, mental health services, and substance use treatment. The **basic plan benefits** include, but are not limited to:

- Behavioral health services
- Care management
- Durable medical equipment, prosthetics, orthotics and certain supplies
- Early periodic screening, diagnostic, and treatment (EPSDT)/well-child visits
- Emergency and non-emergency medical transportation
- Emergency medical services
- Family planning services
- Immunizations/vaccines
- Inpatient/outpatient hospital services
- Laboratory tests and x-rays
- Pregnancy and newborn care
- Prescription medicines/pharmacy
- Rural health clinic services
- Unlimited Primary Care Provider (PCP) visits
- Women's health services

Each plan offers extra services and this chart can help you to compare. For the full list and other services based on special conditions go to [myplan.healthy.la.gov](https://myplan.healthy.la.gov).

 <small>AETNA BETTER HEALTH<sup>®</sup> OF LOUISIANA</small>	 <small>Louisiana</small>		 <small>Healthy Horizons<sup>®</sup> in Louisiana</small>		 <small>Community Plan</small>
<b>1-855-242-0802</b> (TTY: 711) 24 hours a day, 7 days a week <a href="https://AetnaBetterHealth.com/louisiana">AetnaBetterHealth.com/louisiana</a>	<b>1-888-756-0004</b> (TTY: 1-866-428-7588) 24 hours a day, 7 days a week. <a href="https://AmeriHealthCaritasLA.com">AmeriHealthCaritasLA.com</a>	<b>1-844-521-6941</b> (TTY: 711) Monday – Friday, 7 a.m. – 7 p.m. <a href="https://MyHealthyBlueLA.com">MyHealthyBlueLA.com</a>	<b>1-800-448-3810</b> (TTY: 711) Monday – Friday, 7 a.m. – 7 p.m. <a href="https://Humana.com/HealthyLouisiana">Humana.com/HealthyLouisiana</a>	<b>1-866-595-8133</b> (TTY: 711) Monday – Friday, 7 a.m. – 7 p.m. <a href="https://LouisianaHealthConnect.com">LouisianaHealthConnect.com</a>	<b>1-866-675-1607</b> (TTY: 711) Monday – Friday, 7 a.m. – 7 p.m. <a href="https://UHCCCommunityPlan.com">UHCCCommunityPlan.com</a>
<b>Quality score</b> ★★★★★☆☆	<b>Quality score</b> ★★★★★☆☆	<b>Quality score</b> ★★★★★☆☆	<b>Quality score</b> ▪ Plan is new and does not have a score yet	<b>Quality score</b> ★★★★★☆☆	<b>Quality score</b> ★★★★★☆☆
<b>Adult dental (21+)</b> ▪ Up to \$750 a year for dental care	<b>Adult dental (21+)</b> ▪ Up to \$500 a year for exams, cleanings, fillings, extractions, and x-rays with FQHC providers	<b>Adult dental (21+)</b> ▪ Up to \$500 a year for 1 exam and x-ray, 2 cleanings, fillings, and extractions	<b>Adult dental (21+)</b> ▪ Up to \$500 a year for exams, cleanings, fillings, extractions, and x-rays	<b>Adult dental (21+)</b> ▪ No extra benefits	<b>Adult dental (21+)</b> ▪ Up to \$500 a year for 1 dental exam and x-ray, and 2 cleanings
<b>Adult vision (21+)</b> ▪ Eye exam once a year ▪ Up to \$150 a year for glasses and/or contacts	<b>Adult vision (21+)</b> ▪ Eye exam once a year ▪ Up to \$100 a year for glasses or contacts	<b>Adult vision (21+)</b> ▪ Eye exam once a year ▪ Up to \$100 a year for glasses and/or contacts	<b>Adult vision (21+)</b> ▪ Eye exam once a year ▪ Up to \$100 a year for glasses and/or contacts	<b>Adult vision (21+)</b> ▪ Eye exam once a year ▪ 1 pair of glasses a year or 1 year supply of contact lenses	<b>Adult vision (21+)</b> ▪ Eye exam once a year ▪ Up to \$100 a year for glasses or \$105 a year for contacts

## Extra services by plan (continued)



### Adult wellness

- \$35 for adult wellness visit, ages 21+
- \$50 for breast cancer screening, women ages 50-74
- \$50 for cervical cancer screening, women ages 21-64
- \$50 for colorectal cancer screening, ages 45+
- \$35 for STI screening (chlamydia, gonorrhea, HIV), ages 16+
- Mobile app for digital companionship and support intervention, ages 18+

### Child wellness

- Up to \$120 for 6 well visits, birth-15 months
- Up to \$40 for well visits, ages 16-30 months
- \$25 for yearly well visit, ages 3-20
- \$50 for needed vaccinations by age 2
- \$50 for needed vaccinations by age 13

### Diabetes

- \$25 for diabetic HbA1c test
- \$25 for getting a diabetic eye exam, ages 18-75



### Adult wellness

- \$20 for PCP visit within 90 days of enrollment, yearly after 1st year, ages 21+
- \$10 for cervical cancer screening, women ages 21-64
- \$10 for colorectal cancer screening, ages 45-75

### Child wellness

- \$20 for completing all 6 well visits, birth-15 months
- \$15 for yearly well visits, ages 2-20

### Diabetes

- \$10 for completing dilated eye exam, kidney screening, and A1C test for members diagnosed with diabetes



### Adult wellness

- \$25 for yearly well visits, ages 21+
- \$25 for cervical cancer screenings, women ages 21-64
- \$10 for yearly STI screenings, ages 16+
- \$25 for colorectal cancer screening, ages 45+
- \$25 for breast cancer screening, women ages 50-74

### Child wellness

- Up to \$120 for completing well visits, birth-15 months
- Up to \$40 for completing well visits, ages 16-30 months
- \$25 for yearly well visits, ages 30 months to 9 years
- \$25 for yearly well visit, ages 10-20
- \$35 gift card to buy books for completing well visit, ages 10-18
- \$35 in personal hygiene products for completing well visit, ages 10-18
- Online enrichment course, ages 10-18

### Diabetes

- \$25 for diabetic HbA1c test
- \$25 for diabetic eye exam
- \$5 for completing a "What do you know about diabetes?" quiz



### Adult wellness

- \$25 for breast cancer screening, women ages 40+
- \$25 for cervical cancer screening, women ages 21+
- \$25 for yearly well visit, ages 21+
- \$25 for chlamydia screening for women
- \$25 for colorectal cancer screening, ages 45+
- Up to 89 days of respite care for male members who are homeless, ages 18+
- Up to \$500 a year for housing costs like rent, utility payments, and moving, ages 18+

### Child wellness

- \$10 each well visit, up to \$60 for 6 visits, ages 0-15 months
- \$10 each well visit, up to \$20 for 2 visits, ages 16-30 months
- \$25 for yearly well visit, ages 3-20
- \$20 for 2 HPV vaccine doses, ages 9-13
- 1 sports physical a year, ages 6-18
- Up to \$250 for children to join after-school activities of choice, ages 4-18

### Diabetes

- \$25 for retinal eye exam, ages 18+
- \$25 for yearly screening with PCP for HbA1c and blood pressure, ages 18+



### Adult wellness

- \$50 for breast cancer screening, women ages 50-74
- \$50 for cervical cancer screening, women ages 21-64
- \$50 for colorectal cancer screening, ages 45-75
- \$25 for STI screening (chlamydia, gonorrhea, HIV)

### Child wellness

- \$30 for completing 6 well visits by 15 months
- \$25 for getting both HPV vaccine shots by age 13
- \$25 for 2 flu shots before age 2

### Diabetes

- \$50 for yearly HbA1c test, kidney screening, and diabetic eye exam, ages 18-75



### Adult wellness

- \$35 for PCP visit within 90 days of enrollment
- \$20 for colorectal cancer screening, ages 45-74
- \$20 for STI screening (chlamydia, gonorrhea, HIV, HCV, syphilis)

### Child wellness

- \$35 for PCP visit within 90 days of enrollment, ages 1+
- \$35 for yearly well visits, ages 1-17
- \$25 for getting scheduled immunizations before end of year, ages 6 months-5 years

### Diabetes

- No extra benefits



## Extra services by plan (continued)



### Over the counter (OTC) medications

- Up to \$25 every 3 months per household for select health products

### Pregnancy

- \$30 for completing Notice of Pregnancy form and first prenatal visit in first trimester
- \$10 for each prenatal visit after first visit, up to \$110
- \$50 for postpartum visit within 12 weeks after delivery
- \$20 for completing first and second dental visit during pregnancy, ages 18+
- Welcome kit with diaper bag, diapers, and other baby supplies
- Access to screenings, assessments, birth education, and referrals to support programs, including 24/7 access to doulas and lactation consultants
- Diapers at follow-up after birth
- Newborn circumcision, birth-12 months

### Quit smoking

- Tools and support such as breath sensor, quit-smoking coach for members who smoke, vape, or use e-cigarettes



### Over the counter (OTC) medications

- Select products covered with prescription and copay

### Pregnancy

- \$25 for completing Notice of Pregnancy form in first trimester
- \$25 for prenatal visit within first 12 weeks of pregnancy
- \$20 for postpartum visit within 7-84 days after delivery
- Home visiting services including lactation counseling, education, and referrals, up to 60 days after delivery
- Newborn circumcision, pre-approval required after 28 days from birth
- Pack-and-Play crib for completing 8 prenatal visits within 38 weeks or if you do not have safe sleep space

### Quit smoking

- Phone, web, and text-based counseling for each try to quit smoking and vaping, including:
  - 5 sessions for all members
  - 2 more sessions for pregnant or post-partum members
  - 2 more sessions for member's with behavioral health conditions
  - nicotine replacement therapy for up to 12 weeks



### Over the counter (OTC) medications

- Select products covered with prescription and copay

### Pregnancy

- \$25 for prenatal visit within first 42 days of joining Healthy Blue
- Portable crib or infant car seat for 7 prenatal visits
- \$50 for postpartum visit within 7-84 days after delivery
- Family planning kit
- Newborn circumcision, birth-30 days

### Quit smoking

- Education to quit smoking, counseling and peer support by chat and text, and nicotine replacement therapy, ages 18+



### Over the counter (OTC) medications

- Up to \$75 for each member every 3 months to buy select health products, no prescription or copay required

### Pregnancy

- \$25 for completing 1 postpartum visit within 7-84 days after delivery, once per pregnancy
- \$25 for completing Notice of Pregnancy Form before delivery
- \$10 for each prenatal visit, up to \$100
- Portable crib or infant convertible car seat for joining HumanaBeginnings Care Management program
- Newborn circumcision, birth-12 months
- Baby and Me Meals, high risk pregnant members get 2 pre-cooked meals delivered for 10 weeks

### Quit smoking

- 8 coaching calls to help quit tobacco and vaping use, ages 12+
- \$25 for completing 2 calls within 45 days of enrollment in the program, ages 12+
- \$25 for completing the full program, ages 12+



### Over the counter (OTC) medications

- Select products covered with prescription and copay

### Pregnancy

- \$10 for each prenatal visit, up to \$110
- \$50 for postpartum visit within 12 weeks after delivery
- \$30 for completing a Notice of Pregnancy form
- Pack-and-Play crib with safe sleep information
- Start Smart for Your Baby kit with helpful items for new moms, and free access to Start Smart mobile app
- Newborn circumcision, birth-12 months

### Quit smoking

- \$25 for counseling to help quit tobacco use or for filling first prescription of tobacco cessation medication
- \$10 for finishing Craving to Quit program to help you quit smoking and/or vaping



### Over the counter (OTC) medications

- Select products covered with prescription and copay

### Pregnancy

- \$20 for enrollment in Babyscripts Program
- \$10 for each prenatal visit, up to \$100, after enrolling in Babyscripts Program
- \$50 for 1 postpartum visit within 12 weeks of delivery after enrolling in Babyscripts
- \$100 one time for baby supplies and items, birth-12 months
- Newborn circumcision, pre-approval required after 30 days from birth

### Quit smoking

- No extra benefits



## Extra services by plan (continued)



### Transportation

- Ride to medical appointments with stop at pharmacy for medications
- Up to 20 one-way rides to grocery stores, community resources and social supports, and other services, ages 18+

### Other

- Order a blood pressure monitor, 1 per household a year
- \$25 for completing health needs assessment within 30 days of enrollment, or \$15 within 90 days of enrollment, ages 1+
- \$25 for yearly flu shot
- \$50 for post-discharge PCP or hematologist visit with sickle cell diagnosis; \$10 for follow-up visit
- \$10 for filling a sickle cell-related medication
- \$50 for completing the Healthy Home Visit (HHV).
- \$5 for downloading Aetna's mobile app
- \$25 for follow-up with provider after behavioral/mental health hospitalization
- Up to \$500 for alternative pain management options for chronic pain
- \$10 every 3 months, up to \$40 a year, for high blood pressure medication fills
- GED test preparation support, ages 16+



### Transportation

- Ride to medical and adult vision appointments with stop at pharmacy for medications

### Other

- \$10 for completing a health needs assessment
- \$5 for yearly flu shot
- \$10 for completing a follow-up assessment within 30 days of discharge after behavioral health hospitalization, up to 3 a year
- Access to Wider Circle neighborhood health and peer-to-peer social support network-based program, including meetings and community events to connect members with similar conditions for peer support
- Mission GED Program pays for up to 2 GED/HiSet exams and coach



### Transportation

- Ride to medical, adult dental, and adult vision appointments with stop at pharmacy for medications

### Other

- \$25 for yearly flu shot
- \$10 for completing health needs assessment
- \$10 every 3 months up to \$40 a year for high blood pressure medication fills
- \$25 for follow-up with provider after behavioral health hospitalization
- Healthy Families child weight management program



### Transportation

- Ride to medical appointments with stop at pharmacy for medications, 18+
- Up to 15 round-trips rides (or 30 one-way rides) up to 30 miles to support groups, food banks, wellness classes, WIC/ SNAP appointments, ages 18+

### Other

- \$20 for yearly flu shot
- Gym membership at participating YMCAs
- \$30 for completing health needs assessment within 90 days of enrollment
- \$20 for registration with Humana's mobile Go365
- GED test preparation help, ages 16+
- \$10 for watching when to access emergency room educational video, ages 19+
- \$10 for watching fall prevention video, ages 55+
- \$25 for follow-up with provider after inpatient hospitalization within 30 days of discharge
- \$25 for follow-up with provider after behavioral health hospitalization within 30 days of discharge
- \$15 for wellbeing checkup for Weight Management Coaching Program, ages 12+
- \$15 for finishing Weight Management Coaching Program, ages 12+



### Transportation

- Ride to medical and adult vision appointments with stop at pharmacy for medications

### Other

- \$25 for completing health needs assessment within 30 days of enrollment or \$15 within 90 days of enrollment
- \$10 for signing up for mobile wellness app and taking your RealAge Test



### Transportation

- Ride to medical appointments with stop at pharmacy for medications
- Ride to respite care, chiropractor/acupuncture, routine eye exam, AA meetings, birthing, pregnancy, Lamaze and parentings classes, and NICU baby training, ages 21+

### Other

- \$25 for completing health needs assessment within 90 days of enrollment, ages 1+
- Up to \$35 for enrolling into case management for the first time (\$10 for enrolling into case management for the first time and \$25 for members who stay enrolled and participate for 90 days)
- \$25 for members with high blood pressure who refill their blood pressure medicine 3 months in a row and lower their blood pressure to less than 140/90 with proof from provider