



## NEW: Apply-by-Phone!

**Complete your SNAP application by phone. Call 1-888-LAHelp-U (1-888-524-3578) Monday through Friday from 8 a.m. to 5 p.m.**

Applying by phone takes approximately 20 to 30 minutes to complete.

After you complete your application by phone, a physical copy of your completed application will be mailed to you at the address provided.

DCFS staff WILL contact you if additional information is necessary.



**APPLY BY PHONE:**  
1-888-LAHELP-U  
(1-888-524-3578)



**APPLY ONLINE:**  
[dcfs.la.gov/apply](https://dcfs.la.gov/apply)



**APPLY AT A COMMUNITY PARTNER  
OR LOCAL DCFS OFFICE:**  
[dcfs.la.gov/offices](https://dcfs.la.gov/offices)

**Be sure to download the LA Wallet app in the App Store or Google Play Store for a speedier verification process.**



Department of  
Children & Family Services  
*Building a Stronger Louisiana*

## SNAP Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights,  
1400 Independence Ave. SW, Washington, D.C. 20250-9410;  
Fax: (202) 690-7442; or  
Email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.