

**Increasing Access to EBPs:
OBH and the Center for
Evidence to Practice**

Kristin Savicki, Ph.D.
LDH: Office of Behavioral Health
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What are Evidence Based Practices?

An Evidence-Based Practice (EBP) is a treatment practice or approach that is backed by a strong body of research evidence.

► EBPs typically use a variety of methods to ensure quality care, including:

- Written training curriculum
- Practice-specific training for staff and supervisors
- Standardized service documentation
- Structured supervision
- Fidelity monitoring
- Outcome monitoring

How can we learn about Evidence-Based Practices?


- ▶ National Clearinghouses have done the hard work for us, by reviewing research studies, evaluating the quality of the evidence, and summarizing the research results with a rating.
- ▶ National Clearinghouses with particular relevance to children and families at-risk or involved with the child welfare system:
 - California Evidence-Based Clearinghouse for Child Welfare (CEBC)
 - ***New*** Title IV-E Prevention Services Clearinghouse

Title IV-E Prevention Services Clearinghouse

- Developed in accordance with the [Family First Prevention Services Act \(FFPSA\) of 2018](#).
- [FFPSA](#) will allow use of Title IV-E funding for “evidence-based mental health and substance abuse prevention and treatment services, in-home parent skill-based programs, and kinship navigator services.”
- Clearinghouse established by the federal Administration for Children and Families (ACF) to:
 - “conduct an objective and transparent review of research on programs and services intended to provide enhanced support to children and families and [prevent foster care placements](#).”

Title IV-E Prevention Services Clearinghouse

- This clearinghouse is **new** and under development as a tool for implementation of Families First.
- Twelve (12) EBPs have been systematically reviewed at this time.
- The Title IV-E clearinghouse provides a “working list of the next programs planned for systematic review.”
- So keep checking back!





















Title IV-E Prevention Services CLEARINGHOUSE


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[ABOUT](#)
[FIND A PROGRAM OR SERVICE](#)
[REVIEW PROCESS](#)
[RESOURCES](#)

Home

Find a Program or Service

Click each program or service for additional information. Visit our FAQ page to view a working list of the next programs and services planned for systematic review.

Program or Service Name and Date	Program or Service Rating	Program or Service Impacts
Children's Home Society of New Jersey Kinship Navigator Model Last Updated: Jan 2019	 Does not currently meet criteria	Subdomains with favorable impacts None All impacts: Favorable: 0 No Effects: 0 Unfavorable: 0
Families Facing the Future Last Updated: Jul 2019	 Supported	Subdomains with favorable impacts Adult well-being: Parent/caregiver substance use All impacts: Favorable: 3 No Effects: 37 Unfavorable: 0
 Functional Family Therapy Last Updated: Jul 2019	 Well-supported	Subdomains with favorable impacts Child well-being: Behavioral and emotional functioning, Child well-being: Substance use, Child well-being: Delinquent behavior, Adult well-being: Family functioning All impacts: Favorable: 18 No Effects: 71 Unfavorable: 1
Healthy Families America Last Updated: Sep 2019	 Well-supported	Subdomains with favorable impacts Child safety, Child well-being: Cognitive functions and abilities, Child well-being: Physical development and health, Adult well-being: Economic and housing stability All impacts: Favorable: 18 No Effects: 71 Unfavorable: 1
Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech) Last Updated: Jun 2019	 Does not currently meet criteria	Subdomains with favorable impacts None All impacts: Favorable: 0 No Effects: 0 Unfavorable: 0
 Multisystemic Maintenance Therapy Last Updated: Sep 2019	 Promising	Subdomains with favorable impacts Adult well-being: Parent/caregiver substance use All impacts: Favorable: 6 No Effects: 19 Unfavorable: 0
 Multisystemic Therapy Last Updated: Sep 2019	 Well-supported	Subdomains with favorable impacts Child permanency, Child well-being: Behavioral and emotional functioning, Child well-being: Substance use, Child well-being: Delinquent behavior, Adult well-being: Positive parenting practices, Adult well-being: Parent/caregiver mental or emotional health, Adult well-being: Family functioning All impacts: Favorable: 58 No Effects: 184 Unfavorable: 5
Multisystemic Therapy for Child Abuse and Neglect Last Updated: Sep 2019	 Does not currently meet criteria	Subdomains with favorable impacts None All impacts: Favorable: 0 No Effects: 2 Unfavorable: 0
 Nurse-Family Partnership Last Updated: Sep 2019	 Well-supported	Subdomains with favorable impacts Child safety, Child well-being: Cognitive functions and abilities, Child well-being: Physical development and health, Adult well-being: Economic and housing stability All impacts: Favorable: 6 No Effects: 76 Unfavorable: 7
 Parent-Child Interaction Therapy Last Updated: Jul 2019	 Well-supported	Subdomains with favorable impacts Child well-being: Behavioral and emotional functioning, Adult well-being: Positive parenting practices, Adult well-being: Parent/caregiver mental or emotional health All impacts: Favorable: 42 No Effects: 47
 Parents as Teachers Last Updated: Jul 2019	 Well-supported	Subdomains with favorable impacts Child safety, Child well-being: Social functioning, Child well-being: Cognitive functions and abilities All impacts: Favorable: 7 No Effects: 38 Unfavorable: 3
 Trauma-Focused Cognitive Behavioral Therapy Last Updated: Sep 2019	 Promising	Subdomains with favorable impacts Child well-being: Behavioral and emotional functioning, Child well-being: Social functioning, Adult well-being: Positive parenting practices, Adult well-being: Parent/caregiver mental or emotional health All impacts: Favorable: 38 No Effects: 41 Unfavorable: 0


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Expanding Access to Evidence-Based
Practices in Behavioral Health

LSU Health
NEW ORLEANS
School of Public Health



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- Statewide Hub for Training and Implementation of EBPs in children's behavioral health

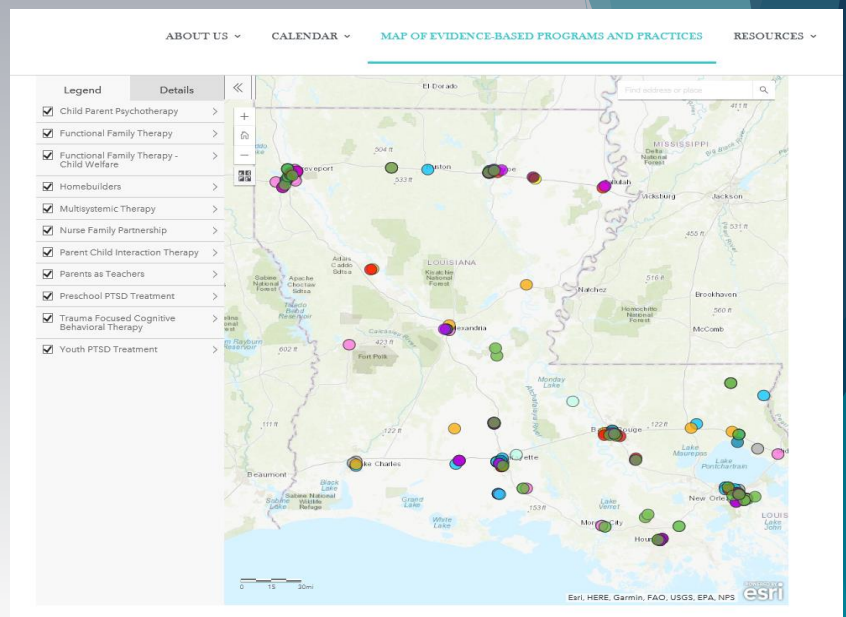
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your fingertips*



Statewide **MAP**
of EBP providers

<https://laevidencetopractice.com/>



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ABOUT US ▾ CALENDAR ▾ **MAP OF EVIDENCE-BASED PROGRAMS AND PRACTICES** RESOURCES ▾

• Or, if you make a referral to a provider listed on the map and they state that they are not offering that EBP or do not accept Medicaid.

Legend

- ☐ Child Parent Psychotherapy
- ☐ Functional Family Therapy
- ☐ Functional Family Therapy - Child Welfare
- ☐ Homebuilders
- ☐ Multisystemic Therapy
- ☐ Nurse Family Partnership
- ☐ Parent Child Interaction Therapy
- ☐ Parents as Teachers
- ☐ Preschool PTSD Treatment
- ☒ Trauma Focused Cognitive Behavioral Therapy
- ☐ Youth PTSD Treatment

Esri, HERE, Garmin, FAO, USGS, EPA, NPS

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Events and Trainings Calendar

<https://laevidencetopractice.com/>

NOVEMBER 2019		
03 NOVEMBER SUNDAY	NATIONAL DIALOGUES ON BEHAVIORAL HEALTH <small>Renaissance New Orleans Arts Hotel 500 Tchoupitoulas Street New Orleans, Louisiana 70002</small>	VIEW DETAIL
08 NOVEMBER FRIDAY	TBRI FRIDAYS	VIEW DETAIL
08 NOVEMBER FRIDAY	EMDR THERAPY AND THE TREATMENT OF SUBSTANCE USE AND ADDICTIONS <small>(LUMC)</small>	VIEW DETAIL
12 NOVEMBER TUESDAY	TOGETHER WE CAN CONFERENCE <small>Lafayette, Louisiana Lafayette, Louisiana</small>	VIEW DETAIL
13 NOVEMBER WEDNESDAY	INTEGRATING PRIMARY AND BEHAVIORAL HEALTHCARE THROUGH THE LENS OF PREVENTION NATIONAL CONFERENCE	VIEW DETAIL
18 NOVEMBER MONDAY	EVIDENCE-BASED BEHAVIORAL HEALTH: PEER SUPPORT GROUP MEETING - LAKE CHARLES	VIEW DETAIL
20 NOVEMBER WEDNESDAY	PRESCHOOL PTSD TREATMENT TRAINING	VIEW DETAIL
20 NOVEMBER WEDNESDAY	EVIDENCE-BASED BEHAVIORAL HEALTH: PEER SUPPORT GROUP MEETING - MONROE	VIEW DETAIL

*Resources at
your fingertips*



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Events and Trainings Calendar

<https://laevidencetopractice.com/>

UPCOMING TRAINING OPPORTUNITIES: STAY TUNED FOR MORE INFO!



**Trauma-Focused
Cognitive
Behavioral
Therapy**

Projected: Spring
2020

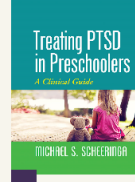
The Center for
Evidence to Practice
will be partnering
with TF-CBT
National Trainer,
Kelly Wilson, LCSW,
for another cohort
of TF-CBT.



**Child-Parent
Psychotherapy**

Projected: Spring
2020

Dr. Julie Larrieu and
Dr. Devi Murphy of
Tulane University
will host a CPP
Learning
Collaborative.



**Pre-School
PTSD Treatment**

More information
coming soon.



**Business Model
Development**

In partnership with
Dr. Matthew
Thornton, we will be
hosting regional
Business Model
Development
workshops for
Medicaid behavioral
health agencies.



**Parent-Child
Interaction
Therapy**

PCIT Training model
and dates are TBD.
More information
coming soon.


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Monthly
Newsletter in
your inbox

<https://laevidencetopractice.com/>

Behavioral Health Buzz
News on EBPs in Louisiana

Center for
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Subscribe to receive updates on training and more!

SUBSCRIBE

What's on the Menu?

► *Parent Management Training*

- Triple P: Positive Parenting Program
- Parent Child Interaction Therapy

► *Trauma Treatment*

- Child Parent Psychotherapy
- Preschool PTSD Treatment
- Trauma-Focused CBT

► *Family Systems Interventions*

- Homebuilders
- Functional Family Therapy
- Functional Family Therapy- Child Welfare
- Multisystemic Therapy



Expanding Access: A Few Highlights...

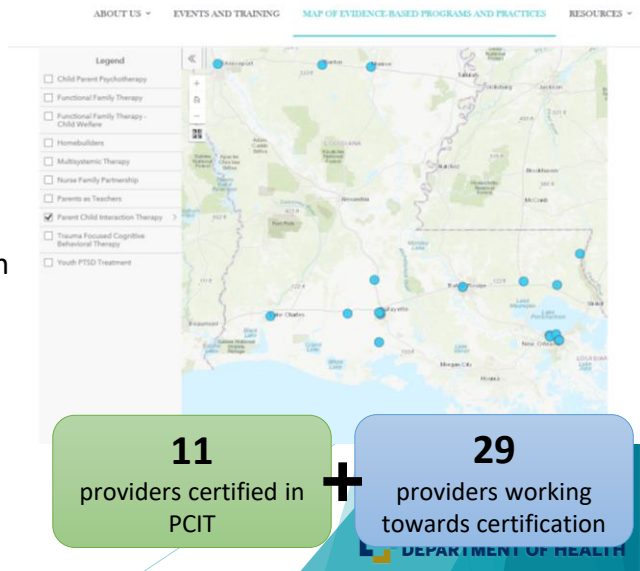
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Parent-Child Interaction Therapy (PCIT)

- ▶ Level of evidence:
 - CEBC Scientific Rating 1-Well-Supported, Child Welfare Relevance- Medium
 - **Title IV-E Prevention Clearinghouse Well-Supported**
- ▶ Age range: 2-7 years
- ▶ Focuses on improving the quality of parent-child relationships and changing parent-child interaction patterns
- ▶ Teaches parents specific skills that help them: 1) establish a nurturing and secure relationship with their child, and; 2) foster prosocial behavior and discourage negative behavior
- ▶ Follow-up studies have demonstrated maintenance of gains in parent and child behavior for up to 6 years post-intervention

PCIT in Louisiana

- **New!** Newly recognized as a type of therapy under Louisiana Medicaid (June 2019)
- Workforce development efforts:
 - Two MCO-sponsored training cohorts in 2018.
 - Center for Evidence to Practice will roll out training cohorts in early 2020.
- Find certified providers at www.laevidencetopractice.com



Child Parent Psychotherapy (CPP)

► Level of evidence:

- CEBC Scientific Rating 2-Supported, Child Welfare Relevance- High
- Title IV-E Prevention Clearinghouse “planned for systemic review.”

► Age range: children 0-6 and their caregivers

► Goal is to support and strengthen the caregiver-child relationship as a vehicle for restoring and protecting the child’s mental

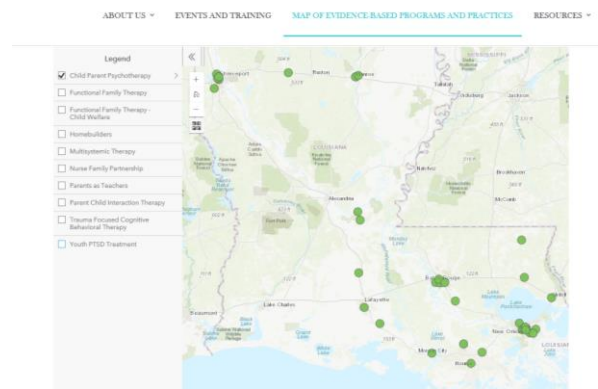
► Addresses the meaning of the event or trauma, with both caregiver and child guided to create a joint narrative of the event

Child Parent Psychotherapy in Louisiana

- **New!** Newly recognized as a type of therapy under Louisiana Medicaid (June 2019)
- Workforce development efforts:
 - MCO-sponsored training cohort in May 2018, another in October 2019.
 - Center for Evidence to Practice will roll out another training cohort in spring 2020.
- Find certified providers at www.laevidencetopractice.com

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CPP trainers in LA
International and National Levels



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Nationally-Rostered
CPP practitioners in LA

+

44

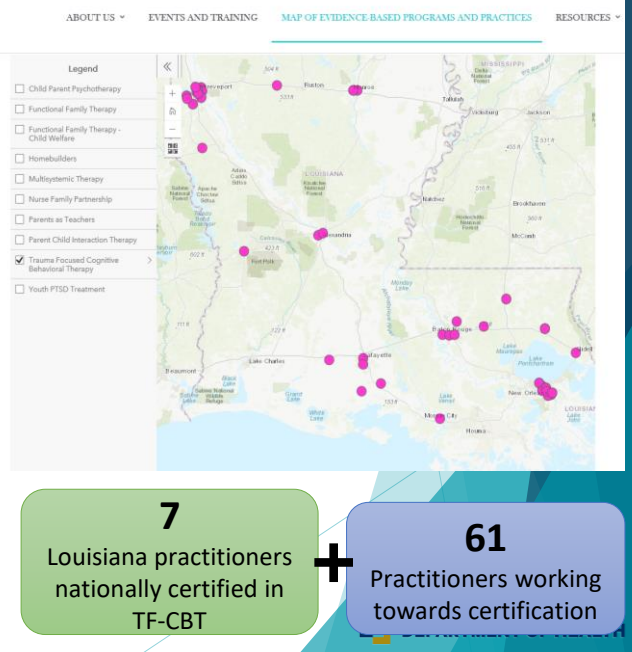
working towards
certification

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

- Level of evidence:
 - CEBC Child Welfare Relevance: High,
 - **Title IV-E Prevention Clearinghouse-Promising**
- Age range: children 3 – 18 and their parents/caregivers
- The goals of TF-CBT are:
 - Improving child PTSD, depressive and anxiety symptoms
 - Improving child externalizing behavior problems (including sexual behavior problems if related to trauma)
 - Improving parenting skills and parental support of the child, and reducing parental distress
 - Enhancing parent-child communication, attachment, and ability to maintain safety
 - Improving child's adaptive functioning
 - Reducing shame and embarrassment related to the traumatic experiences

TF-CBT in Louisiana

- **Coming Soon!** Policy work underway to add **TF-CBT** as a type of therapy under Louisiana Medicaid (Projected for end of 2019)
- Workforce development efforts:
 - MCO-sponsored training cohort in 2019.
 - Center for Evidence to Practice sponsored TF-CBT training August 2019, and planning another cohort for 2020.
- Find certified providers at www.laevidecetopractice.com



Functional Family Therapy – **Child Welfare**

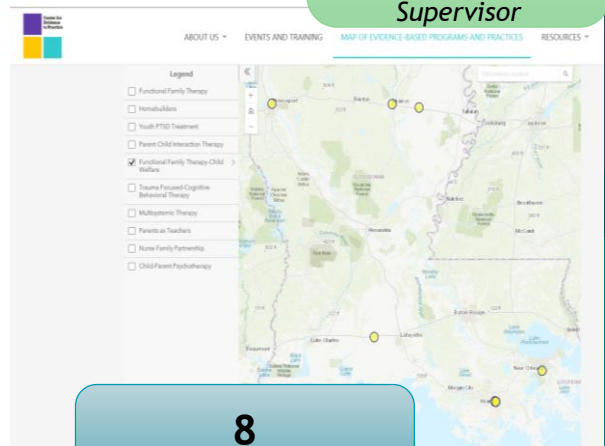
- **New variant** of FFT
- Levels of Evidence:
 - CEBC Scientific Rating NR -Not able to be rated, Child Welfare Relevance- High
- **Home**-based intensive therapeutic model for families with multiple risk factors, **where there are issues of child safety/neglect/family violence.**
- Serves youth ages **birth**-18, in the context of their families.
- Goals are to address safety and risk factors, change referral behaviors, reduce child maltreatment risk, and preserve home placement.

FFT-CW in Louisiana

- **Expansion!** Recognized as a unique version of FFT under Louisiana Medicaid (2017)
- Workforce development efforts:
 - “Standard” FFT providers expressed interest in expanding to add FFT-CW teams, starting with one pilot site in Monroe in 2016.
 - Currently, 8 sites.
- Find certified providers at www.laevidencetopractice.com

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*LA based FFT-CW
National Consultant
and National Program
Supervisor*



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FFT-CW teams in LA

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