### Medicaid Program Updates



#### Overview

- MCO RFP
- Quality
- Benefits
- Future/ongoing initiatives

#### **MCO RFP**

- LDH will be re-procuring the managed care organizations
- Please send <u>any and all</u> suggestions to <u>healthy@la.gov</u>
- Currently in an emergency contract with the 5 current MCO's which will be extended through calendar year 2021

#### Quality

- HEDIS 2020 results are in (care that occurred in 2019)
- Preparing the report of patient experience survey results
  - We are interested in exploring supplemental patient experience questions (<a href="https://www.ahrq.gov/cahps/surveys-guidance/item-sets/search.html">https://www.ahrq.gov/cahps/surveys-guidance/item-sets/search.html</a>)
- Continuing research and development of the Quality Rating System (this was the health plan "report card" that you all provided feedback on)
  - The new federal managed care rule impacts this and so we will bring back changes to the group
- Will be advancing to a new quality measure set in 2021, as determined by public engagement process throughout last year

# Quality: New Incentivized Measures

| Measure   | New/existing                           | Rationale   |  |
|---|--|---|--|
| Childhood Immunization Status<br>(Combo 3: DTAP, IPV, MMR, HIB,<br>Hepatitis B, VZV, and PCV) | New                                    | Provider stakeholder and OPH request,<br>evidence-based treatment   |  |
| Immunizations for Adolescents (Combo 2: meningococcal, TDAP/TD, HPV)                          | New                                    |   |  |
| Cesarean Rate for Low-Risk First Birth<br>Women*  | New (had been incentivized previously) | Continuing ongoing work in improving maternal and neonatal outcomes                                       |  |
| Colorectal Cancer Screening   | New                                    | Provider stakeholder request, Medicaid priority, evidence-based treatment                                 |  |
| Cervical Cancer Screening   | New                                    | Provider stakeholder and OPH request,<br>high rates of cervical cancer, evidence-<br>based treatment      |  |
| HIV Viral Load Suppression  | New (had been incentivized previously) | Provider stakeholder and OPH request,<br>MCO request, high public health impact,<br>outcome-based measure |  |
| *A lower rate indicates better performance  |  |   |  |

# Quality: New Incentivized Measures

| Measure  | New/existing | Rationale   |  |
|--|--------------|---|--|
| Follow-Up After Hospitalization for Mental Illness (within 30 days)  | Existing     | Provider stakeholder and OBH request,<br>strengthen linkage between<br>medical/behavioral health, currently poor<br>performance |  |
| Follow-Up After Emergency Department<br>Visit for Mental Illness (within 30 days)                          | New          |   |  |
| Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence (within 30 days) | New          |   |  |
| Comprehensive Diabetes Care - HbA1c poor control (>9.0%)*  | New          | Provider stakeholder request, Medicaid priority, outcome-based measure  |  |
| Controlling High Blood Pressure  | Existing     | Provider stakeholder request, Medicaid priority, outcome-based measure  |  |
| *A lower rate indicates better performance   |              |   |  |

## Benefits (COVID-19)

- COVID-19 testing, treatment, and vaccination
  - Under the Families First Coronavirus Relief Act, Medicaid is required to cover all of these
  - We work to implement as soon as we receive information from CMS
  - There may be delays in adding to our fee schedules, but we work with MCOs and providers to recycle claims to ensure appropriate reimbursement



- Bariatric Surgery, updates to eligibility criteria:
  - A BMI >= 40 kg/m², or more than 100 pounds overweight; or
  - A BMI  $\geq 35 \text{ kg/m}^2$  with one or more comorbidities related to obesity; or
  - A BMI of 30 to 34.9 kg/m<sup>2</sup> with type 2 diabetes mellitus if hyperglycemia is inadequately controlled despite optimal medical control by oral or injectable medications
  - Specified details regarding services for beneficiaries under 18
    - a BMI >= 40 kg/m² or 140% of the 95<sup>th</sup> percentile for age and sex, whichever is lower; or
    - a BMI of 35 to 39.9 kg/m<sup>2</sup> or 120% of the 95<sup>th</sup> percentile for age and sex, whichever is lower, with one or more severe obesity-related medical conditions
    - Requests for beneficiaries under the age of 13 will be reviewed for medical necessity on a case-by-case basis



- Obstetric ultrasounds: Will exclude maternal fetal medicine specialists from pre-specified limits (January 1, 2021)
  - Currently a workgroup to determine ultrasound policy for general OBs
- Non-invasive prenatal testing: prevent prior authorization or medical review due to timesensitive nature of the test (December 1, 2020)



- Breast Surgery, clarified coverage (January 1, 2021):
  - Medically necessary mastectomy
  - Breast conserving surgery
  - Reconstruction
  - Risk-reducing mastectomy
  - Reduction mammoplasty including medically necessary removal of breast implants



- Inpatient concurrent care, revised coverage (January 1, 2021):
  - Each provider from a different specialty/subspecialty can be reimbursed for one initial hospital visit per admission
  - Within the same specialty/subspecialty:
    - Only one provider can be reimbursed for one initial hospital visit per admission
    - Only one provider can be reimbursed for a maximum of one subsequent hospital visit per day
  - Only the provider responsible for discharging the beneficiary shall be reimbursed for hospital discharge services on the discharge day



## Benefits (New)

- Perinatal Depression Screening (January, 2021)
  - Performed during a well-child visit, billed under the child's coverage, separately reimbursed
  - Administered from birth to 1 year in accordance with American Academy of Pediatrics (AAP)/Bright Futures periodicity schedule
  - (Recommended but not required)
- Developmental and Autism Screening (January, 2021)
  - Administered during well-child visit in accordance with the American Academy of Pediatrics (AAP)/Bright Futures periodicity schedule
  - Separately reimbursed



# Future and Ongoing Initiatives

- Pediatric concurrent care during hospice:
  - For members under age 21
  - Clarification that they may receive hospice services in addition to life-prolonging care
- Improving breastfeeding support services
  - Louisiana has one of the lowest breastfeeding rates in the country
  - Only about 40% of all Medicaid beneficiaries breastfeed their infants at least 8 weeks, which means that over 8,000 mothers stop breastfeeding their infants during these early weeks.
  - Member interviews
  - Review of coverage and benefits
  - Provider engagement forthcoming



# Future and Ongoing Initiatives

- Reducing Low-Value Medical Device Use
  - Collaboration with the University of California-San Francisco (they receive funding from Arnold Ventures)
  - A significant proportion of low-value care originates from inappropriate use or overuse of technology
  - A growing contributor to this waste and harms are high-risk medical devices, which too often enter the market based on little or no evidence of clinical benefits



#### Low Value Medical Devices

- First Initiative: Endovascular revascularization for peripheral arterial disease
  - Analyzed utilization through Medicaid claims
    - In 2019 LA Medicaid expenditures were \$7M for this procedure
    - Of the 1923 revascularization claims filed that year, 43.6% were for patients with an intermittent claudication diagnosis code
  - Conduct literature review of publicly available FDA adverse event reports to estimate the harms of procedure/device
    - A 4.6% increased risk of mortality was found in a meta-analysis of 8 RCTs
    - Similar quality of life, functional, and long-term outcomes found between conservative therapy and endovascular revascularization without any of the potential procedure-related complications



#### Low Value Medical Devices

- Endovascular revascularization:
  - Develop policies and procedures to drive appropriate use
  - Support optimization of conservative management:
    - Physical activity (provider directed)
      - Exercise lasting 30-60 minutes at least 3 times per week
    - Guideline directed medication therapy:
    - Antiplatelet therapy
      - Aspirin
      - Clopidogrel
      - Statins
      - Antihypertensive therapy for patients with hypertension
    - Smoking cessation
      - Behavioral counseling
      - Medication therapy (i.e., varenicline, buproprion, and/or nicotine replacement)



#### Low Value Medical Devices

- Next Steps:
  - Continued development of policies and procedures
  - Stakeholder engagement
  - Review and data analyses of other devices:
    - Other types of stenting
    - Musculoskeletal injections



# Future and Ongoing Initiatives

- Sexually transmitted infection testing in Medicaid-insured people:
  - Supported by CDC and a multistate collaborative with Alabama, Georgia, Kentucky, North Carolina, South Carolina, and Tennessee
  - Project aim is to look at syphilis, chlamydia, and gonorrhea testing in different populations
  - Preliminary results in Q1 and Q2 2021



### COVID-19 Updates

- PHE status updated by Health and Human Services on October 23, 2020
- Louisiana guidelines are subject to change, keep an eye out
- Medicaid-related updates continue to be posted on <u>Louisiana</u> <u>Medicaid</u> website
- Can always email us with questions

Questions?