

# **Health Plan Performance Improvement Project (PIP)**

**Health Plan: Aetna Better Health – LA**

**PIP Title: Improving Rates for (1) Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET) and (2) Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence**

**PIP Implementation Period: January 1, 2020-December 31, 2020**

**Submission Dates:**

	<b>Interim</b>	<b>Final</b>
Version 1		
Version 2		12/31/2020

# MCO Contact Information

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## 1. Principal MCO Contact Person

[PERSON RESPONSIBLE FOR COMPLETING THIS REPORT AND WHO CAN BE CONTACTED FOR QUESTIONS]

First and last name: Madelyn Meyn, M. D.  
Title: Chief Medical Officer/Medical Director  
Phone number: 504-667-4541  
Email: [MeynM@Aetna.com](mailto:MeynM@Aetna.com)

First and last name: Jared Wakeman, M. D.  
Title: Medical Director/Psychiatry, Board Certified in Addiction Medicine  
Phone number: 959-299-6545  
Email: [WakemanJ@Aetna.com](mailto:WakemanJ@Aetna.com)

## 2. Additional Contact(s)

[PERSON(S) RESPONSIBLE IN THE EVENT THAT THE PRINCIPAL CONTACT PERSON IS UNAVAILABLE]

First and last name: Arlene Goldsmith  
Title: Quality Management Director  
Phone number: 504-667-4648  
Email: [GoldsmithA@Aetna.com](mailto:GoldsmithA@Aetna.com)

First and last name: Julie LoMaglio  
Title: Health Care QM Project Manager  
Phone number: 504-667-4480  
Email: [LomaglioJ@Aetna.com](mailto:LomaglioJ@Aetna.com)

## 3. External Collaborators (if applicable):

# Attestation

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**Plan Name:** Aetna Better Health of Louisiana (ABH-LA)

**Title of Project:**

*The undersigned approve this PIP and assure involvement in the PIP throughout the course of the project.*

Medical Director signature: Madelyn M. Meyn, MD  
First and last name: Madelyn M. Meyn, MD  
Date: 3/13/2020

CEO signature: Richard C. Born  
First and last name: Richard C. Born  
Date: 03/13/2020

Quality Director signature: Arlene Goldsmith  
First and last name: Arlene Goldsmith  
Date: 03/13/2020

IS Director signature (if applicable): Kenneth Landry  
First and last name: Kenneth Landry  
Date: 02/03/2020

# Updates to the PIP

**For Interim and Final Reports Only:** Report all changes in methodology and/or data collection from initial proposal submission in the table below.

[EXAMPLES INCLUDE: ADDED NEW INTERVENTIONS, ADDED A NEW SURVEY, CHANGE IN INDICATOR DEFINITION OR DATA COLLECTION, DEVIATED FROM HEDIS® SPECIFICATIONS, REDUCED SAMPLE SIZE(S)]

**Table 1: Updates to PIP**

Change	Date of change	Area of change	Brief Description of change
<b>Change 1 Intervention #1) Level of Care Referral</b>	10/3/2020	<input type="checkbox"/> Project Topic <input type="checkbox"/> Methodology <input checked="" type="checkbox"/> Barrier Analysis / Intervention <input type="checkbox"/> Other	We are moving to a Referral Education Process. <b>Numerator:</b> ED Providers received Referral Resource list <b>Denominator:</b> Total ED Providers
<b>Change 2 Intervention #9 &amp; 10</b>	November 2020	<input type="checkbox"/> Project Topic <input checked="" type="checkbox"/> Methodology <input type="checkbox"/> Barrier Analysis / Intervention <input type="checkbox"/> Other	Recovery Coaches were not realized and therefore follow-up remained with Care Management
<b>Change 3 Intervention #7</b>	November 2020	<input type="checkbox"/> Project Topic <input checked="" type="checkbox"/> Methodology <input type="checkbox"/> Barrier Analysis / Intervention <input type="checkbox"/> Other	We were able to get Elli access and get some inmate/member history going forward. Video conference with CM still happens, but not dependent on it for history
<b>Change 4</b>		<input type="checkbox"/> Project Topic <input type="checkbox"/> Methodology <input type="checkbox"/> Barrier Analysis / Intervention <input type="checkbox"/> Other	

# Abstract

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**For Final Report submission only. Do not exceed 1 page.**

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*Provide a high-level summary of the PIP, including the project topic and rationale (include baseline and benchmark data), objectives, description of the methodology and interventions, results and major conclusions of the project, and next steps.*

The Year 2020 was filled with multiple obstacles from a worldwide Covid-19 Viral Pandemic that locked the State of Louisiana down for 6 weeks and only allowed limited movement afterwards where personal interaction of any kind was concerned; to Louisiana experiencing a record breaking 5 named storms, 4 of which were Hurricanes, making land fall over 5 months.

Despite the year's obstacles, ABH-LA's performance on the PIP Performance Indicator Rates were incrementally successful, as evidenced by the request to add 6 stretch goals out of the 8 metrics defined. Each of the 6 goals showed improvement from Baseline, Interim, and Final year performance. The focus of the PIP was to get more members to Initiate or Engage in SUD treatment and the first 6 metrics track those specifically. For instance, Goal #1 baseline was 48.63% and as of Q3 2020 its over 52%. Although the performance rates were not to the level ABH-LA expected, the years events were not able to curb the overall increase in those initiatives. In reviewing the Initiate and Engagement Indicators the numerator has either doubled or almost tripled in the members participating in treatment from 2019 through 2020. The only 2 initiatives we were stagnate on were the follow-up on ED visits. ED visits for all of Medicaid continues to be a challenge for improvement but there are state programs being run through Providers that is offering hope for an overall decline.

In support of the increased treatment rate noted earlier, ABH-LA was also reviewing the Suboxone prescriptions from 2019 to 2020 and noted a 38% increase in unique prescription recipients. So reviewing that information and not just the total # of prescriptions, we are able to see more members getting medically managed support for their addiction.

The Pandemics interruption to normal healthcare systems took time to overcome and revise, but due to that crisis ABH-LA was able to see areas in the original ITM barrier plan that did not work. So, things that may have lingered as poor performers were identified during the year and alternate solutions were researched and are being defined for 2021.

For instance, in the ITM section #1 for Level of Care Referral proved to be difficult to measure given no central base for Provider credentials as it relates to ASAM/SBIRT. Therefore, after a meeting with the state in October, we changed the metric definition and deliverables to a resource guide for Providers for member referrals in their areas. The referral list has been compiled, vetted for accuracy, and as of January 2021 will be rolled out electronically. This new metric also allows our Provider Relations team to make contact within our network for both confirmation of contact information and care provided but allows another touch point to make sure providers have the resources needed for this initiative.

ABH-LA and the other MCO's formed a committee in Q3 to help reduce provider abrasion through duplicate actions. One area identified was training and the MCO's quickly determined that ASAM/SBIRT training was difficult to track since there is no central record of providers who have completed training. This means each MCO is only able to see the providers they sponsored through training and no others. This negatively impacts our ability to keep a statewide count required in the PIP metrics or target those providers who need training per location/city/region for supportive member care.

# Project Topic

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**To be completed upon Proposal submission. Do not exceed 2 pages.**

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## **Describe Project Topic and Rationale for Topic Selection - Describe how PIP Topic addresses your member needs and why it is important to your members:**

Our population assessment showed a membership of 120,037 individuals within all Medicaid product categories. There were 84,5631 (70%) adult members and 35,474 (30%) members under the age of 19. In addition, there are 1548 (1.29%) Justice Involved member, SMI 24216 (20.17%) of membership, 2828 (2.36%) pregnancies, 1429 (1.19%) members with HIV, 2419 (2.02) HCV, and 18455 (15.37%) members with a diagnosis of SUD. When looking at the SUD population only, of the 18455 SUD members, 9730 have a co-occurring SMI (52.72%), 590 pregnancies (3.20%), 603 HIV (3.27%), 128 incarnated (0.70%) and 1551 HCV (8.40%).)

In a recent analysis of ABH-LA data, it was identified that members with a SUD diagnosis, have a higher rate of incident in White, Non-Hispanic members verses African American members. There are significantly higher rates of SUD within White, Non-Hispanic (51.86%) females than African American females (38.91%). The population of African American males (44.75%) and White, Non-Hispanic male (55.25%) is more evenly distributed among those identified with SUD. About 22% of members with a diagnosis of SUD are located in Region 1 – Greater New Orleans Area (n=4,088 which equals 22.15%) followed by Region 7 – Northwest Louisiana (n=2,469 which equals 13.38%), and Region 4 – Acadiana (n=2,348 which equals 12.72%).

According to the Louisiana Department of Health's IET performance improvement project background,

"Louisiana's drug-poisoning death rate showed a statistically significant increase of 14.7% from 2015 to 2016 (DCD, 2017). Prescription and illicit opioids are the prime drivers of drug overdose deaths in the U.S. (CDD, 2017). The opioid-related overdose death rate in Louisiana has more than doubled over the past five years, from 3.7 per 100,000 persons in 2012 to 7.7 in 2016 (NIH, 2018). Prior to 2012, the prime driver of opioid-related overdose deaths was prescription opioids. Since 2012, the number of heroin-related deaths trended sharply upward to exceed that of prescription opioid-related deaths in 2016 (149 vs. 124, respectively; NIH, 2018). The overdose crisis has been interpreted as "an epidemic of poor access care" (Wakeman and Barnett, 2018), with close to 80% of Americans with opioid use disorder lacking treatment (Saloner and Karthikeyan, 2015)."

"Family, friends, and local communities are the first line of defense in preventing substance abuse, and positive adult involvement in children's lives reduces the likelihood of drug use." (ONDCP, 2019) ABH-LA is committed to its community and members. Based on the prevalence of alcohol, opioid, or other drug abuse or dependence in our current member population, ABH-LA has identified opportunities for improvement in member outcomes. The data shows a growing epidemic that is caused by substance misuse, resulting in higher inpatient admission and emergency room visit rates, which can have a direct correlation to the escalating cost of care and mortality. When Louisiana's Opioid Response Plan 2019 was announced, it was identified that "between 2014 and 2018, Louisiana experienced a 49% increase in drug-involved deaths. The number of opioid-involved deaths in Louisiana was 184% times higher in 2018 than in 2012. Additionally, in Louisiana the opioid prescription rate reached a high of 123 per 100 people in 2013." (LDH, 2019).

By improving in our detection, monitoring, treatment, and follow-up care of our members with alcohol, opioid, or other drug abuse or dependence, we will be able to improve our members' health outcomes and lessen their barriers to receiving the treatment and services they need. In addition, ABH-LA is driven to bring awareness to its members and providers by providing information through community events, provider workshops, and other methodologies of communication.

- **Describe high-volume or high-risk conditions addressed: Intensive Care Management Admission Considerations**

Members may be identified as candidates for Intensive CM during one of the following events:

- Appear on [health plan]'s CORE analysis that indicates high risk or complexity.
- Score at or above [health plan]'s high risk HRQ threshold.
- Members who are Pregnant will automatically be identified as candidates for Intensive CM
- High risk pregnancy as indicated by member having at least one of the ICM Program- identified high risk prenatal conditions

Note: High risk pregnancy refers to condition factors that evidence suggests can lead to pre-term labor and/or NICU admissions). Refer to the [Perinatal Condition List with High Risk Factors](#) job aid for more information.

In addition to the identification for Intensive candidacy, a member must also meet a few of the following criteria:

- IP > three in six months
- ER > three in six months
- Multiple specialists such as > three types of specialists who services require coordination
- Five plus medications from different therapeutic classes
- PCP predicts life expectancy < six months
- Inadequate medical home such as lack of coordination, member does not have PCP or OB (if pregnant)
- Complex social factors such as lack of support, inadequate housing, financial concerns
- Co-morbidity such as PH and BH diagnosis

State mandates that specific populations or diagnoses be outreached, or case managed  
Less intensive services have proven ineffective to improve the member's health outcomes (must be staffed with supervisor and rationale documented)

### **Supportive Care Management Admission Considerations**

To meet the standards for Supportive CM, members must not meet Intensive CM guidelines and should also align with at least one of the following:

- Admissions to inpatient/ED that are not related to preventable disease states (for example, ambulatory care sensitive conditions).
- If the Plan-specific CORE analysis indicates the need for Supportive CM (per a review by a case manager and clinical judgment)
- Members identified as having an Ambulatory Care Sensitive Condition (ACSC) or a disease management condition, e.g. Asthma, CHF, COPD, Diabetes, Depression
- State mandates that specific populations or diagnoses be outreached, or case managed
- Referrals from within the Plan or a provider that indicates care coordination or service needs and/or readmission risks.

### **Population Health Services Admission Considerations**

All members are eligible to receive Population Health services. Characteristics of members that align with admission to Population Health include members who:

- Can self-manage but may benefit from mailed materials.
- Do not meet criteria for any higher level of CM services.
- Are pregnant but have do not high-risk prenatal factors and thus require trimester screenings to see if new risks have developed.
- All Duals members who are unable to be contacted or have been contacted and either have no CM needs or refuse CM services.

Population Health services may include:

- DM Newsletter - Low risk, condition specific mailings for member's with chronic conditions (Asthma, Diabetes, COPD, CAD, HF and Depression)
- Prevention and wellness mailings (HEDIS)
- Well baby and perinatal mailings

• **Describe current research support for topic (e.g., clinical guidelines/standards):**

Over 700,000 people died in the United States from drug overdoses between 1999 and 2017, with 70,237 deaths in 2017 alone. Of these 70,237 deaths, 67.8% involved an opioid. The age-adjusted drug overdose death rate has significantly increased from 6.0 (1999) to 21.7 (2017) deaths per 100,000 population. However, as of September 2019, provisional mortality estimates through February 2019 suggest slight decreases in drug overdose deaths since 2017 in the United States.(CDC, 2019) States with statistically significant increases in drug overdose death rates from 2016 to 2017 included Alabama, Arizona, California, Connecticut, Delaware, Florida, Georgia, Illinois, Indiana, Kentucky, Louisiana, Maine, Maryland, Michigan, New Jersey, New York, North Carolina, Ohio, Pennsylvania, South Carolina, Tennessee, West Virginia, and Wisconsin.(CDC, 2019)

The age-adjusted rate of drug overdose deaths increased significantly in Louisiana by 12.4 percent from 2016 (21.8 per 100,000) to 2017 (24.5 per 100,000). (NIH, 2019) Extensive research has been undertaken over the last several years on the significant increase in opioid related overdose deaths, and opioid use disorders among pregnant women in Louisiana. The number of Neonatal Abstinence Syndrome (NAS/NOWS) cases in Louisiana rose by 50% from 243 cases 2012 to 360 in 2017. St. Tammany, Jefferson and East Baton Rouge Parishes reported the highest number of NAS/NOWS cases, with 45, 32 and 30 cases, respectively NIH, 2019) The Centers for Disease Control and Prevention (CDC, 2019) report identified Louisiana as one of the states that has shown a statistically significant increases in drug overdose death rates from 2016 to 2017, which assisted ABH-LA in understanding the importance of this PIP and the significance of our role in helping increase initiation, engagement and follow-up in treatment options. Upon further research, with assistance from research completed by National Institutes of Health (NIH) and Saloner & Karthikeyan (2015), ABH-LA determined that prescription opioid dependency had increased into epidemic levels casting it on a national stage in our country; while the CDC (2017) provided findings that prescription and illicit opioids are the prime drivers of drug overdose deaths in the U.S. Wakeman and Barnett (2018) extended their research by offering cause to the overdose crisis as "an epidemic of poor access to care".

All utilized data sources were consulted to gain a better understanding of the current climate for members living with alcohol and other drug use or dependence and/or substance abuse disorders. The various sources consistently discussed the stigma associate with diagnosed with having an alcohol and/or drug abuse disorder, and how that stigma can lead to decreased initiation or engagement in treatment and an increased movement in the follow-up process. Many of the articles discussed the lack of patient knowledge of the available treatment options, while also bring attention to the fact that PCPs also lack the knowledge in this same area due to material oversight inefficiencies on the part of the insurance plans. These extensive research resources assisted ABH-LA in determining the barriers that are not only faced by our members and our providers, but also ABH-LA. In addition, to the lack of knowledge related to treatment it was crucial that ABH-LA address the issues identified with follow-up care and the appropriate transitions of care. In reviewing information from AHA it helped to shed some light on the resources available to safeguard against diversion; collaborate with community; becoming an advocate for your member; and more. All the information compiled all pointed to lack of knowledge, training, educational materials, treatment options, and resources. The information gained allowed ABH-LA to create appropriate and effective inventions to meet the needs of our members, providers, and our plan to successfully assist members in the initiation, engagement and follow-up care in the treatment options for alcohol, substance, and/or drug dependency disorders.

- **Explain why there is opportunity for MCO improvement in this area (must include baseline and if available, statewide average/benchmarks):**

Measure Initiation and Engagement Abuse or Dependence Treatment	2018 ABH-LA Better Health	2018 Statewide Average	2018 Quality Compass South Central - All LOBs (Excluding PPOs): 50th	2018 Quality Compass National - All LOBs (Excluding PPOs): 50th	% Difference State Average	% Difference 2018 QC South Central	% Difference 2018 QC National
Alcohol abuse or dependence: Initiation	48.63%	45.33%	43.38%	40.69%	3.30%	5.25%	7.94%
Alcohol abuse or dependence: Engagement	13.26%	11.57%	10.00%	10.79%	1.69%	3.26%	2.47%
Opioid abuse or dependence: Initiation	62.07%	60.56%	49.17%	50.73%	1.51%	12.90%	11.34%
Opioid abuse or dependence: Engagement	27.27%	25.92%	19.54%	21.12%	1.35%	7.73%	6.15%
Other drug abuse or dependence: Initiation	51.96%	50.25%	43.37%	41.93%	1.71%	8.59%	10.03%
Other drug abuse or dependence: Engagement	15.13%	15.36%	11.29%	11.28%	-0.23%	3.84%	3.85%
Total: Initiation	50.66%	48.51%	42.60%	42.12%	2.15%	8.06%	8.54%
Total: Engagement	16.14%	15.30%	13.50%	13.66%	0.84%	2.64%	2.48%
Follow-up After ED Visit – 7 Days Total	9.25%						
Follow-up After ED Visit – 30 Days Total	13.78%						

#### Quantitative Analysis:

- Alcohol abuse or dependence: Initiation rating score 48.63%, ABH-LA met State average, 2018 Quality Compass South Central and Quality Compass National 50<sup>th</sup> percentile goal.
- Alcohol abuse or dependence: Engagement rating score of 13.26%, ABH-LA met State average, 2018 Quality Compass South Central and Quality Compass National 50<sup>th</sup> percentile goal.
- Opioid abuse or dependence: Initiation rating score of 62.07%, ABH-LA met State average, 2018 Quality Compass South Central and Quality Compass National 50<sup>th</sup> percentile goal.
- Opioid abuse or dependence: Engagement rating score of 27.27% ABH-LA met State average. ABH-LA met 2018 Quality Compass South Central and Quality Compass National 50<sup>th</sup> percentile goal.
- Other drug abuse or dependence: Initiation rating score 51.96% ABH-LA met State average, 2018 Quality Compass South Central and Quality Compass National 50<sup>th</sup> percentile goal.
- Other drug abuse or dependence: Engagement rating score 15.13%, ABH-LA did not meet State average with a difference of -0.23 percentage points. ABH-LA met 2018 Quality Compass South Central and Quality Compass National 50<sup>th</sup> percentile goal.
- Total: Initiation: rating score 50.66%, ABH-LA met State average, 2018 Quality Compass South Central and Quality Compass National 50<sup>th</sup> percentile goal.
- Total: Engagement: rating score 16.14% ABH-LA met State average. ABH-LA met 2018 Quality Compass South Central and Quality Compass National 50<sup>th</sup> percentile goal.

#### Qualitative Analysis:

ABH-LA met the 50<sup>th</sup> percentile for 2018 Quality Compass South Central rates and 2018 Quality Compass National rates for all performance indicators. ABH-LA did meet the State of Louisiana State average for Initiation and Engagement Alcohol, Initiation Opioid, and Total Initiation. ABH-LA did not meet the state average for Opioid Engagement, Other drug abuse Engagement, and Total Engagement.

There may be many causative factors for not meeting the State average. The causative factors have been differentiated into three main categories: 1) Member 2) Provider 3) Health Plan.

ABH-LA is in the process of conducting analysis on the challenges faced and key drivers for improving healthcare outcomes as we continue to review our data ABH-LA will include documentation in this report for items such as:

- Member Challenges/ Opportunities for Improvement.
- Member Cause and Effect Diagram
- Member Key Drivers
- Provider Challenges/ Opportunities for Improvement
- Provider Cause and Effect Diagram
- Provider Key Drivers
- Health Plan Challenges/ Opportunities for Improvement
- Health Plan Key Drivers.

## **Aims, Objectives and Goals**

**Healthy Louisiana PIP Aim:** The overall aim is to improve the rate of Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET; HEDIS 2020) and to improve the rates for Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence (FUA; HEDIS 2020) by implementing enhanced interventions to test the change concepts indicated in the Driver Diagram (Appendix D) to achieve the following objectives:

### **Provider Intervention objectives:**

1. Conduct provider training to expand the workforce for treatment initiation and follow-up, and encourage provider enrollment in the following training programs:
  - Treatment of Opioid Use Disorder Course (includes training for the waiver to prescribe buprenorphine) - American Society of Addiction Medicine (ASAM); Targeted providers to include PCPs, pediatricians, obstetricians, ER physicians, FQHC and urgent care providers.
  - Fundamentals of Addiction Medicine (ASAM); Targeted providers to include psychiatrists, pediatricians, LMHPs, PCPs, obstetricians, ER physicians, FQHC and urgent care providers.
  - The ASAM Criteria Course for appropriate levels of care; Targeted providers to include LMHPs, PCPs, pediatricians, obstetricians, ER physicians, FQHC and urgent care providers
  - ASAM Motivational Interviewing Workshop; Targeted providers to include LMHPs, PCPs, pediatricians, obstetricians, ER physicians, FQHC and urgent care providers
2. Link primary care providers for youth and adults to resources from the Substance Abuse and Mental Health Services Administration (SAMHSA) Resources for Screening, Brief Intervention, and Referral to Treatment (SBIRT) (<https://www.samhsa.gov/sbirt/resources>), and encourage primary care conduct of SBIRT for youth and adults; Targeted providers to include pediatricians, LMHPs, PCPs, obstetricians, ER physicians, FQHC and urgent care providers.
3. Partner with hospitals/EDs to improve timely initiation and engagement in treatment (e.g., MCO liaisons, hospital initiatives, ED protocols); and
4. Education of ED providers regarding evidence-based follow-up care, with provision of a resource list and other interventions as informed by the MCOs' barrier analyses being conduct as part of the PIP process.

### **Member Intervention Objective:**

1. Outreach and educate eligible members ages 13 years and up, on the risks and side effects of opioid use.
2. Educate women who take opioid pain medications of the possible risks during pregnancy.
3. Provide enhanced member care coordination (e.g., behavioral health integration, case management, improved communication between MCO UM and CM for earlier notification of hospitalization, improved discharge planning practices and support, such as recovery coaches).

**Table 2: Goals**

Indicators	Baseline Rate Measurement Period: 1/1/18- 12/31/18	Interim Rate Measurement Period: 1/1/19- 12/31/19	Target Rate <sup>2</sup>	Rationale for Target Rate <sup>3</sup>
Indicator #1. Initiation of AOD Treatment: Total age groups, Alcohol abuse or dependence diagnosis cohort	N: 869 D: 1787 R: 48.63%	N: 990 D: 1912 R: 51.78%	R: 53.28%	Based on the 2019 National – HMO: Average NCQA Quality Compass 95 <sup>th</sup> Percentile
Indicator #2. Initiation of AOD Treatment: Total age groups, Opioid abuse or dependence diagnosis cohort	N: 540 D: 870 R: 62.07%	N: 633 D: 977 R: 67.86%	R: 68.33%	Based on the 2019 National – HMO: Average NCQA Quality Compass 90 <sup>th</sup> Percentile
Indicator #3. Initiation of AOD Treatment: Total age groups, Total diagnosis cohort	N: 2357 D: 4653 R: 50.66%	N: 2711 D: 5089 R: 53.27%	R: 53.89%	Based on the 2019 National – HMO: Average NCQA Quality Compass 95 <sup>th</sup> Percentile
Indicator #4. Engagement of AOD Treatment: Total age groups, Alcohol abuse or dependence diagnosis cohort	N: 237 D: 1787 R: 13.26%	N: 300 D: 1912 R: 15.69%	R: 16.39%	Based on the 2019 National – HMO: Average NCQA Quality Compass 90 <sup>th</sup> Percentile
Indicator #5. Engagement of AOD Treatment: Total age groups, Opioid abuse or dependence diagnosis cohort	N: 237 D: 870 R: 27.24%	N: 296 D: 977 R: 30.30%	R: 32.41%	Based on the 2019 National – HMO: Average NCQA Quality Compass 66 <sup>th</sup> Percentile
Indicator #6. Engagement of AOD Treatment: Total age groups, Total diagnosis cohort	N: 751 D: 4653 R: 16.14%	N: 899 D: 5089 R: 17.67%	R: 18.12%	Based on the 2019 National – HMO: Average NCQA Quality Compass 75 <sup>th</sup> Percentile
Indicator #7. The percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD within 30 days of the ED visit	N: 143 D: 1038 R: 13.78%	N: 130 D: 988 R: 13.16%	R: 17.75%	Based on the 2019 National – HMO: Average NCQA Quality Compass 50 <sup>th</sup> Percentile

Indicators	Baseline Rate Measurement Period: 1/1/18- 12/31/18	Interim Rate Measurement Period: 1/1/19- 12/31/19	Target Rate <sup>2</sup>	Rationale for Target Rate <sup>3</sup>
Indicator #8. The percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD within 7 days of the ED visit	N: 96 D: 1038 R: 9.25%	N: 90 D: 988 R: 9.11%	R: 11.41%	Based on the 2019 National – HMO: Average NCQA Quality Compass 50 <sup>th</sup> Percentile

<sup>1</sup> Baseline rate: the MCO-specific rate that reflects the year prior to when PIP interventions are initiated.

<sup>2</sup> Upon subsequent evaluation of performance indicator rates, consideration should be given to improving the target rate, if it has been met or exceeded at that time.

<sup>3</sup> Indicate the source of the final goal (e.g., NCQA Quality Compass) and/or the method used to establish the target rate (e.g., 95% confidence interval).

# Methodology

## To be completed upon Proposal submission.

### Performance Indicators

**Table 3: Performance Indicators<sup>1</sup>**

The performance indicators will follow the Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET) and Follow-up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence (FUA) HEDIS Specifications 2020, Volume 2

**Indicator #1 Data Source(s):** Administrative Claims Data

Initiation Treatment (HEDIS IET), stratified by age (a. 13-17; b. 18+ years; c. Total) and, for each age stratification, the rates for the following diagnosis cohorts: i. Alcohol abuse or dependence; ii. Opioid abuse or dependence; iii. Other drug abuse or dependence; iv. Total, the annual time from represented by the data from the start date of the measurement year 2020 of 01/01/2020 to the end of the measurement year 11/13/2020, which is considered the intake period. Exclude members who had a claim/ encounter with a diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set), AOD medication treatment (AOD Medication Treatment Value Set) or an alcohol or opioid dependency treatment medication dispensing event (Alcohol Use Disorder Treatment Medications List; Opioid Use Disorder Treatment Medications List) during the 60 days (2 months) before the IESD.

- *For an inpatient IESD*, use the admission date to determine the 60-day Negative Diagnosis History period
- *For an ED or observation visit that results in an inpatient stay*, use the ED/ observation date of service to determine the 60-day Negative Diagnosis History period

Members must be continuously enrolled for 60 days (2 months) before the IESD through 48 days after the IESD (109 total days), with no gaps.

**Indicator #2 Data Source(s):** Administrative Claims Data

Engagement Treatment (HEDIS IET), stratified by age (a. 13-17; b. 18+ years; c. Total) and, for each age stratification, the rates for the following diagnosis cohorts: i. Alcohol abuse or dependence; ii. Opioid abuse or dependence; iii. Other drug abuse or dependence; iv. Total, the annual time from represented by the data from the start date of the measurement year 2020 of 01/01/2020 to the end of the measurement year 11/13/2020. *For members who initiated treatment via an inpatient admission*, the 34-day period for the two engagement visits begins the day after discharge. Once those members are identified whose initiation of AOD treatment was a medication treatment event (Alcohol Use Disorder Treatment Medications List; Opioid Use Disorder Treatment Medications List; AOD Medication Treatment Value Set). The se members are numerator compliant if they have two or more engagement events, where only one can be an engagement medication treatment event, beginning on the day after the initiation encounter through 34 days after the initiation event (total of 34 days). Identify the remaining members whose initiation of AOD treatment was *not* a medication treatment event (members not identified in step 2).

These members are numerator compliant if they meet *either* of the following:

- At least one engagement medication treatment event
- At least two engagement visits

Two engagement visits can be on the same date of service, but they must be with different providers in order to count as two events. An engagement visit on the same date of service as an engagement medication treatment event meets criteria (there is no requirement that they be with different providers). Refer to the descriptions below to identify engagement visits and engagement medication treatment events. Exclude the member from the denominator for both indicators (*Initiation of AOD Treatment* and *Engagement of AOD*

*Treatment*) if the initiation of treatment event is an inpatient stay with a discharge date after November 27 of the measurement year.

**Indicator #3 Data Source(s):** Administrative Claims Data

Follow-Up After Emergency Department Visit (HEDIS IET), stratified by age (a. 13-17; b. 18+ years; c. Total) and, for each age stratification, the rates for the following diagnosis cohorts: i. Alcohol abuse or dependence; ii. Opioid abuse or dependence; iii. Other drug abuse or dependence; iv. Total, the annual time from represented by the data from the start date of the measurement year 2020 of 01/01/2020 to the end of the measurement year 11/13/2020. The denominator for this measure is based on ED visits, not on members. There should only be one ED visit included per 31-day period and if there are multiple visits in a 31-day period only count the first eligible ED visit. Exclusion should include ED visits that result in an inpatient stay and ED visits followed by an admission to an acute or nonacute inpatient care setting on the date of the ED visit or within the 30 days after the ED visit, regardless of principal diagnosis for the admission.

Indicator	Description	Data Source	Eligible Population Specification	Exclusion Criteria	Numerator Specification	Denominator Specification
Indicator #1 (HEDIS IET)	<b>Initiation of AOD Treatment: Total age groups, Alcohol abuse or dependence diagnosis cohort</b>	QSI - HEDIS 2020, Volume 2	<p><b>The total is the sum of the age stratification</b></p> <p>13-17 years 18+ years</p> <p>Continuous Enrollment 60 Days (2 months) prior to the IESD through 48 days after the IESD (109 total days.)</p> <p>No allowable Gaps</p> <p>No Anchor Date</p>	<p>Exclude the member from the denominator for both indicators (Initiation of AOD Treatment and Engagement of AOD treatment) if the initiation of treatment event is an inpatient stay with a discharge date after November 27 of the measurement year.</p> <p>Member with detoxification-only chemical dependency benefits do not meet these criteria</p>	Initiation of AOD treatment: Alcohol abuse or dependence diagnosis with 14 days of the IESD (See HEDIS Specs)	<p>New episode of AOD abuse or dependence during the Intake Period:</p> <p>Step 1 – Identify the Index Episode. Identify all member in the specified age range who during the intake period had one of the following (see specs)</p> <p>Step 2 – Select the Index Episode and stratify based on age and AOD diagnosis cohort (see specs)</p> <p>Step 3 – Test the Negative Diagnosis History. Exclude members who had a claim/encounter with a diagnosis of AOD abuse or dependence, AOD medication treatment or an alcohol or opioid dependency treatment medication during the 60 days before the IESD (see specs)</p> <p>Step 4 – Calculate continuous enrollment. Members must be continuously enrolled for 60 days before IESD through 48 days after the IESD, with no gaps</p>

Indicator	Description	Data Source	Eligible Population Specification	Exclusion Criteria	Numerator Specification	Denominator Specification
Indicator #2 (HEDIS IET)	<b>Initiation of AOD Treatment: Total age groups, Opioid abuse or dependence diagnosis cohort</b>	QSI - HEDIS 2020, Volume 2	<p><b>The total is the sum of the age stratification</b></p> <p>13-17 years 18+ years</p> <p>Continuous Enrollment 60 Days (2 months) prior to the IESD through 48 days after the IESD (109 total days.)</p> <p>No allowable Gaps</p> <p>No Anchor Date</p>	<p>Exclude the member from the denominator for both indicators (Initiation of AOD Treatment and Engagement of AOD treatment) if the initiation of treatment event is an inpatient stay with a discharge date after November 27 of the measurement year.</p> <p>Member with detoxification-only chemical dependency benefits do not meet these criteria</p>	Initiation of AOD treatment: Opioid Abuse or dependence diagnosis with 14 days of the IESD (See HEDIS Specs)	<p>New episode of AOD abuse or dependence during the Intake Period:</p> <p>Step 1 – Identify the Index Episode. Identify all member in the specified age range who during the intake period had one of the following (see specs)</p> <p>Step 2 – Select the Index Episode and stratify based on age and AOD diagnosis cohort (see specs)</p> <p>Step 3 – Test the Negative Diagnosis History. Exclude members who had a claim/encounter with a diagnosis of AOD abuse or dependence, AOD medication treatment or an alcohol or opioid dependency treatment medication during the 60 days before the IESD (see specs)</p> <p>Step 4 – Calculate continuous enrollment. Members must be continuously enrolled for 60 days before IESD through 48 days after the IESD, with no gaps</p>

Indicator	Description	Data Source	Eligible Population Specification	Exclusion Criteria	Numerator Specification	Denominator Specification
Indicator #3 (HEDIS IET)	<b>Initiation of AOD Treatment: Total age groups, Total diagnosis cohort</b>	QSI - HEDIS 2020, Volume 2	<p><b>The total is the sum of the age stratification</b></p> <p>13-17 years 18+ years</p> <p>Continuous Enrollment 60 Days (2 months) prior to the IESD through 48 days after the IESD (109 total days.)</p> <p>No allowable Gaps</p> <p>No Anchor Date</p>	<p>Exclude the member from the denominator for both indicators (Initiation of AOD Treatment and Engagement of AOD treatment) if the initiation of treatment event is an inpatient stay with a discharge date after November 27 of the measurement year.</p> <p>Member with detoxification-only chemical dependency benefits do not meet these criteria</p>	Initiation of AOD treatment: Total diagnosis cohort with 14 days of the IESD (See HEDIS Specs)	<p>New episode of AOD abuse or dependence during the Intake Period:</p> <p>Step 1 – Identify the Index Episode. Identify all member in the specified age range who during the intake period had one of the following (see specs)</p> <p>Step 2 – Select the Index Episode and stratify based on age and AOD diagnosis cohort (see specs)</p> <p>Step 3 – Test the Negative Diagnosis History. Exclude members who had a claim/encounter with a diagnosis of AOD abuse or dependence, AOD medication treatment or an alcohol or opioid dependency treatment medication during the 60 days before the IESD (see specs)</p> <p>Step 4 – Calculate continuous enrollment. Members must be continuously enrolled for 60 days before IESD through 48 days after the IESD, with no gaps</p>

Indicator	Description	Data Source	Eligible Population Specification	Exclusion Criteria	Numerator Specification	Denominator Specification
Indicator #4 (HEDIS IET)	<b>Engagement of AOD Treatment: Total age groups, Alcohol abuse or dependence diagnosis cohort</b>	QSI - HEDIS 2020, Volume 2	<p><b>The total is the sum of the age stratification</b></p> <p>13-17 years 18+ years</p> <p>Continuous Enrollment 60 Days (2 months) prior to the IESD through 48 days after the IESD (109 total days.)</p> <p>No allowable Gaps</p> <p>No Anchor Date</p>	<p>Exclude the member from the denominator for both indicators (Initiation of AOD Treatment and Engagement of AOD treatment) if the initiation of treatment event is an inpatient stay with a discharge date after November 27 of the measurement year.</p> <p>Members in hospice</p>	<p>Step 1 - Identify all members compliant for the initiation of AOD treatment numerator</p> <p>Step 2 – Identify members whose initiation of AOD treatment was a medication treatment (Alcohol Use Disorder Treatment Medication List)</p> <p>Step 3 – Identify the remaining members whose initiation of AOD treatment was not a medication treatment event (members not identified in step 2)</p> <p>Members are numerator compliant if they meet either of the following:</p> <ul style="list-style-type: none"> <li>• At least on engagement medication treatment event</li> <li>• At least two engagement visits</li> </ul> <p>(See HEDIS Specs)</p>	<p>New episode of AOD abuse or dependence during the Intake Period:</p> <p>Step 1 – Identify the Index Episode. Identify all member in the specified age range who during the intake period had one of the following (see specs)</p> <p>Step 2 – Select the Index Episode and stratify based on age and AOD diagnosis cohort (see specs)</p> <p>Step 3 – Test the Negative Diagnosis History. Exclude members who had a claim/encounter with a diagnosis of AOD abuse or dependence, AOD medication treatment or an alcohol or opioid dependency treatment medication during the 60 days before the IESD (see specs)</p> <p>Step 4 – Calculate continuous enrollment. Members must be continuously enrolled for 60 days before IESD through 48 days after the IESD, with no gaps</p>

Indicator	Description	Data Source	Eligible Population Specification	Exclusion Criteria	Numerator Specification	Denominator Specification
Indicator #5 (HEDIS IET)	<b>Engagement of AOD Treatment: Total age groups, Opioid abuse or dependence diagnosis cohort</b>	QSI - HEDIS 2020, Volume 2	<p><b>The total is the sum of the age stratification</b></p> <p>13-17 years 18+ years</p> <p>Continuous Enrollment 60 Days (2 months) prior to the IESD through 48 days after the IESD (109 total days.)</p> <p>No allowable Gaps</p> <p>No Anchor Date</p>	<p>Exclude the member from the denominator for both indicators (Initiation of AOD Treatment and Engagement of AOD treatment) if the initiation of treatment event is an inpatient stay with a discharge date after November 27 of the measurement year.</p> <p>Members in hospice</p>	<p>Step 1 - Identify all members compliant for the initiation of AOD treatment numerator</p> <p>Step 2 – Identify members whose initiation of AOD treatment was a medication treatment (Opioid Use Disorder Treatment Medication List)</p> <p>Step 3 – Identify the remaining members whose initiation of AOD treatment was not a medication treatment event (members not identified in step 2)</p> <p>Members are numerator compliant if they meet either of the following:</p> <ul style="list-style-type: none"> <li>• At least on engagement medication treatment event</li> <li>• At least two engagement visits</li> </ul> <p>(See HEDIS Specs)</p>	<p>New episode of AOD abuse or dependence during the Intake Period:</p> <p>Step 1 – Identify the Index Episode. Identify all member in the specified age range who during the intake period had one of the following (see specs)</p> <p>Step 2 – Select the Index Episode and stratify based on age and AOD diagnosis cohort (see specs)</p> <p>Step 3 – Test the Negative Diagnosis History. Exclude members who had a claim/encounter with a diagnosis of AOD abuse or dependence, AOD medication treatment or an alcohol or opioid dependency treatment medication during the 60 days before the IESD (see specs)</p> <p>Step 4 – Calculate continuous enrollment. Members must be continuously enrolled for 60 days before IESD through 48 days after the IESD, with no gaps</p>

Indicator	Description	Data Source	Eligible Population Specification	Exclusion Criteria	Numerator Specification	Denominator Specification
Indicator #6 (HEDIS IET)	<b>Engagement of AOD Treatment: Total age groups, Total diagnosis cohort</b>	QSI - HEDIS 2020, Volume 2	<p><b>The total is the sum of the age stratification</b></p> <p>13-17 years 18+ years</p> <p>Continuous Enrollment 60 Days (2 months) prior to the IESD through 48 days after the IESD (109 total days.)</p> <p>No allowable Gaps</p> <p>No Anchor Date</p>	<p>Exclude the member from the denominator for both indicators (Initiation of AOD Treatment and Engagement of AOD treatment) if the initiation of treatment event is an inpatient stay with a discharge date after November 27 of the measurement year.</p> <p>Members in hospice</p>	<p>Step 1 - Identify all members compliant for the initiation of AOD treatment numerator</p> <p>Step 2 – Identify members whose initiation of AOD treatment was a medication treatment (AOD Medication Treatment Value Set)</p> <p>Step 3 – Identify the remaining members whose initiation of AOD treatment was not a medication treatment event (members not identified in step 2)</p> <p>Members are numerator compliant if they meet either of the following:</p> <ul style="list-style-type: none"> <li>• At least on engagement medication treatment event</li> <li>• At least two engagement visits</li> </ul> <p>(See HEDIS Specs)</p>	<p>New episode of AOD abuse or dependence during the Intake Period:</p> <p>Step 1 – Identify the Index Episode. Identify all member in the specified age range who during the intake period had one of the following (see specs)</p> <p>Step 2 – Select the Index Episode and stratify based on age and AOD diagnosis cohort (see specs)</p> <p>Step 3 – Test the Negative Diagnosis History. Exclude members who had a claim/encounter with a diagnosis of AOD abuse or dependence, AOD medication treatment or an alcohol or opioid dependency treatment medication during the 60 days before the IESD (see specs)</p> <p>Step 4 – Calculate continuous enrollment. Members must be continuously enrolled for 60 days before IESD through 48 days after the IESD, with no gaps</p>

Indicator	Description	Data Source	Eligible Population Specification	Exclusion Criteria	Numerator Specification	Denominator Specification
Indicator #7 (HEDIS FUA)	<b>The percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD within 30 days of the ED visit</b>	QSI – HEDIS 2020, Volume 2	<p>13 years and older as of the ED visit.</p> <p>Continuous enrollment from date of the ED visit through 30 days after the ED visit (31 days)</p> <p>No Gaps in enrollment</p> <p>No anchor date</p>	<p>ED visits that result in an inpatient stay and ED visits followed by an admission to an acute or nonacute inpatient care setting on the date of the ED visit or within the 30 days after the ED visit, regardless of principal diagnosis for the admission.</p> <p>Members with detoxification-only chemical dependency benefits do not meet these criteria</p>	<p>The follow-up visits with any practitioner, with a principal diagnosis of AOD within 30 days after the ED visit (31 total days). Include visits that occur on the date of the ED visit</p> <p>(See HEDIS Specs)</p>	<p>ED visit (ED Value Set) with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set) on or between January 1 and December 1 of the measurement year where the member was 13 years or older on the date of visit.</p> <p><b>Note:</b> Do not include more than one ED visit per 31- day period as described in the Multiple visit documentation of spec.</p>

Indicator	Description	Data Source	Eligible Population Specification	Exclusion Criteria	Numerator Specification	Denominator Specification
Indicator #8 (HEDIS FUA)	<b>The percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD within 7 days of the ED visit</b>	QSI – HEDIS 2020, Volume 2	<p>13 years and older as of the ED visit.</p> <p>Continuous enrollment from date of the ED visit through 30 days after the ED visit (31 days)</p> <p>No Gaps in enrollment</p> <p>No anchor date</p>	<p>ED visits that result in an inpatient stay and ED visits followed by an admission to an acute or nonacute inpatient care setting on the date of the ED visit or within the 30 days after the ED visit, regardless of principal diagnosis for the admission.</p> <p>Members with detoxification-only chemical dependency benefits do not meet these criteria</p>	<p>The follow-up visits with any practitioner, with a principal diagnosis of AOD within 7 days after the ED visit (8 total days). Include visits that occur on the date of the ED visit</p> <p>(See HEDIS Specs)</p>	<p>ED visit (ED Value Set) with a principal diagnosis of AOD abuse or dependence (AOD Abuse and Dependence Value Set) on or between January 1 and December 1 of the measurement year where the member was 13 years or older on the date of visit.</p> <p><b>Note:</b> Do not include more than one ED visit per 31- day period as described in the Multiple visit documentation of spec.</p>

1. HEDIS Indicators: If using a HEDIS measure, specify the HEDIS reporting year used and reference the HEDIS Volume 2 Technical Specifications (e.g., measure name(s)). It is not necessary to provide the entire specification. A summary of the indicator statement, and criteria for the eligible population, denominator, numerator, and any exclusions are sufficient. Describe any modifications being made to the HEDIS specification, e.g., change in age range.

## Data Collection and Analysis Procedures

### Is the entire eligible population being targeted by PIP interventions? If not, why?

The total population of members 13 years and older are being targeted for this initiative. However, a barrier analysis was completed on the following sub-populations. The justice involved makes up less than 1% of ABH-LA substance and alcohol use disorder population, however early identification of these members can prove difficult to identify through claims data, due to reluctance to seek treatment. In addition, many of these members may not see themselves as having a substance use disorder or may fear seeking treatment due to concerns surrounding probation. The justice involved may have additional barriers including stigma related to have a legal history or criminal justice agencies' preferent to provider "drug-free treatment" that exclude pharmacotherapies for SUD.

ABH-LA pregnancy population makes up approximately 3.20% of the SUD population and these members face barriers to care due to motherhood concerns that are public health and criminal justice related. Negative health consequences associated with substance use impact both the mother and the developing fetus, and there are ongoing attempts to criminalize substance use during pregnancy that put pregnant substance-using women at risk of detection, arrest, and punishment. With this said pregnant moms may be reluctant to getting prenatal care, which result in low birth rates, prematurity, fetal demise and more.

The HIV population makes up approximation 3.27% of the SUD population, some strategies to increase addressing barriers would be to look at location and cost of treatments. Evidence-based SUD treatment is effective for primary and secondary HIV prevention, directly reducing injection- and non-injection-related risk-taking behaviors associated with HIV transmission. Moreover, effective drug treatment improves downstream HIV treatment outcomes, including enhanced access to and retention in HIV care, and increased access and adherence to antiretroviral therapy. Most importantly for achieving lifelong retention in care, drug treatment is stabilizing, improving health-related quality of life, socioeconomic status, employment, and social functioning.

### Eligible Population:

- Annual population assessment: Total members enrolled in ABH-LA, ages birth and older.
- HEDIS rates: IET eligible members, 13-17 years of age, 18 years and older, and total.
- CM utilization rates: ABH-LA members 13-17 years of age, 18 years and older.
- Utilization patterns: ABH-LA members 13-17 years of age, 18 years and older.

### Sampling Procedures

*If sampling was employed (for targeting interventions, medical record review, or survey distribution, for instance), the sampling methodology should consider the required sample size, specify the true (or estimated) frequency of the event, the confidence level to be used, and the margin of error that will be acceptable.*

- **Describe sampling methodology:**

### Data Collection

*Describe who will collect the performance indicator and intervention tracking measure data (using staff titles and qualifications), when they will perform collection, and data collection tools used (abstraction tools, software, surveys, etc.). If a survey is used, indicate survey method (phone, mail, face-to-face), the number of surveys distributed and completed, and the follow-up attempts to increase response rate.*

Data collection will be performed by the Quality department's Analyst as well as members of the IT department. Data collection will be setup weekly utilizing the below software and methods.

- **TOAD Data Point:** Software will be utilized to generate automated custom reporting specifically around this PIP by combining multiple data sources listed below.
- **Annual population assessment:** Annual report generated integrating member enrollment demographic data, Elli data software linked to State claims received with diagnoses codes, ABH-LA QNXT claims data base.

- **HEDIS rates:** Monthly rolling trend report, quarterly progress report, and final annual rates. QNXT 5.4, Cotiviti and McKesson Claims check, Change Health care, Inovalon, NCQA accredited software for IET HEDIS data collection.
- **CM Utilization rates:** Report generated utilizing CM Dynamo data platform monthly, quarterly, and final annual rate of enrollment patterns, use of ASAM 6 screening tools, and outreach patterns. Member successful transitions to appropriate level of care by file review.
- **Utilization Management Rates:** QNXT data base system generated quarterly and annual report of member utilization patterns for telemedicine, tele-therapy, outpatient services, and treatment centers.
- **Pharmacy Rates:** Use of Elli software program of prescribing patterns by member/prescribing physician. CVS pharmacy reports of claims received for opioid and controlled substances with member enrollment patterns into the medication restriction program.
- **Member Surveys:** Use of data received from Interactive Telephone Calls to the members' ages 18 years of age and older, who have been identified as non-compliant for initiation of treatment, continuing engagement of treatment and follow-up after hospitalization.
- **Vendor Reports:** Received monthly, quarterly, and final annual rates of text messages and IVR calls to members.

### Validity and Reliability

*Describe efforts used to ensure performance indicator and intervention tracking measure data validity and reliability. For medical record abstraction, describe abstractor training, inter-rater reliability (IRR) testing, quality monitoring, and edits in the data entry tool. For surveys, indicate if the survey instrument has been validated. For administrative data, describe validation that has occurred, methods to address missing data and audits that have been conducted.*

Describe validity and reliability:

- **Annual Population Assessment:** member demographic and claims information validated by ABH-LA IT informatics and Health Care Equities Director. We utilize Elli data software program, which is linked to State claims received, ABH-LA QNXT claims received, and member enrollment data to produce reliable data over time.
- **HEDIS:** In accordance with NCQA's protocols, validity audits are conducted by Advent Advisory Group, an NCQA-licensed organization, and led by a Certified HEDIS Compliance Auditor (CHCA). The IT team assists with data collection and rate calculations, and the quality management team reviews the data for validity and reliability.

Product Line	Product	NCQA Org ID	NCQA Sub ID
Medicaid	HMO	234984	12408

Audits are conducted in accordance with NCQA *HEDIS Compliance Audit: Standards, Policies and Procedures*. NCQA's Information Systems (IS) and HEDIS Measure Determination (HD) standards were the foundation on which auditors assessed the organization's ability to report HEDIS data accurately and

- **Member Survey:** Vendor data file validated by QI Director, IET Project Manager and/or designee. Discrepancies discussed with vendor during monthly meetings. Utilizing interactive phone surveys with State approved scripts. Same method utilized for each survey conducted
- **Pharmacy Rates:** Data file validation by CVS pharmacy and ABH-LA Pharmacy Director
- **Vendor Reports:** Vendor data file reports of text messages, mailers, and IVR calls generated validated by QI Director, IET Project Manager and/or designee. ABH-LA IT generation of member lists utilizing same logic. Discrepancies discussed with vendor during monthly meetings.

### Data Analysis

*Explain the data analysis procedures and, if statistical testing is conducted, specify the procedures used (note that hypothesis testing should only be used to test significant differences between **independent** samples; for instance, differences between health outcomes among sub-populations within the baseline period is appropriate ). Describe the methods that will be used to analyze data, whether measurements will be compared to prior results or similar studies, and if results will be compared among regions, provider sites, or other subsets or benchmarks. Indicate when data analysis will be performed (monthly, quarterly, etc.).*

*Describe how plan will interpret improvement relative to goal.*

*Describe how the plan will monitor intervention tracking measures (ITMs) for ongoing quality improvement (e.g., stagnating or worsening quarterly ITM trends will trigger barrier/root cause analysis, with findings used to inform modifications to interventions).*

**Describe data analysis procedures:**

- Our data collection for identifying, measuring, and reporting gaps in service delivery includes information from our member survey, HEDIS IET performance metrics, Care Management dynamo platform of enrollment patterns, participation, and interventions conducted, utilization management of services used, medical record and CM file audits to ensure provider and health plan adherence to evidence based guidelines. Data is further stratified by some of the following categories: age, gender, ethnicity, city, zip code, parish, region, urban/rural. Stratification of the data supports the analysis and identification of variables for consideration in intervention design and implementation. We analyze results in workgroups with key leaders and PIP IET committee members, comparing prior years and target goals by conducting five whys, barrier analysis, root-cause analysis, and PDSAs to find opportunities for improvement and/or barriers that impact intervention success. In addition, ABH-LA may use QI process data generated from the following tools: fishbone diagram, priority matrix, and the SWOT diagram. ABH-LA of LA regularly conducts evaluation using both quantitative and qualitative (when applicable) methods. Both key performance indicators and intervention tracking measures are continuously monitored to evaluate the plan's path to attaining the target rates of the IET PIP and its corresponding goals.

**Describe how plan will interpret improvement relative to goal:**

- In identifying reasons for variations in provision of care and evaluating practice variation, we assess the effectiveness of care rendered, adherence to evidence-based guidelines, treatment options chosen, and frequency of use of clinical activities as it relates to the capacity of our healthcare system, such as services rendered, emergency and hospital admissions. Inappropriate variation occurs when non-evidence-based care is provided, or the care lacks wide acceptance, and the high level of variation cannot be supported on a quality or outcomes basis which can lead to disparate outcomes for enrollees, higher utilization, costs, and waste. We analyze data reports, provider patterns of over-and-under utilization of services, regional and provider demographic variations, to identify variation in care. We also examine any social determinants or disparity prevalence and cost-ratios, incorporating outreach activities and care management strategies to further engage enrollees to initiative and/or continue to engage in active treatment

**Describe how plan will monitor ITMs for ongoing QI:**

- The plan will create custom reoccurring reports around this PIP and will host reoccurring meetings to monitor the progress. If positive progress is being observed through these reports, we will continue to scale the efforts to increase improvements. If little to no impact is being observed, then our efforts will be revisited and optimized further to create a greater impact.

**PIP Timeline**

*Report the measurement data collections periods below.*

Baseline Measurement Period:

Start date: 1/1/2018

End date: 12/31/2018

Submission of Proposal/Baseline Report Due: 2/3/2020

Submission of 1st Quarterly Status Report for Intervention Period from 1/1/20-3/31/20 Due: 4/30/2020

Submission of 2nd Quarterly Status Report for Intervention Period from 4/1/20-6/30/20 Due: 7/31/2020

Submission of 3rd Quarterly Status Report for Intervention Period from 7/1/20-9/30/20 Due: 10/31/2020

Interim Measurement Period:

Start date: 1/1/2019

End date: 12/31/2019

First Year PIP Interventions (New or Enhanced) Initiated: 12/1/2018  
Second Year PIP Interventions (New or Enhanced) Initiated: 1/1/2020

Final Measurement Period:  
Start date: 1/1/2020  
End date: 12/31/2020

Submission of Draft Final Report Due: 12/10/2020  
Submission of Final Report Due: 12/31/2020

# Barrier Analysis, Interventions, and Monitoring

Table 4: Alignment of Barriers, Interventions and Tracking Measures

<b>Barrier 1: <u>Provider</u>: First line medical providers lack of knowledge/training in engaging SUD patients, screening, triage and referral procedures, and SUD treatment continuum of care.</b>  <b>Method of barrier identification: IPRO IET PIP Guidance Document, Internal PIP IET Committee barriers brainstorm, 2019 ABH-LA IET PIP Documentation, LDH/IPRO Suggestions for ongoing analysis of barriers</b>		2020			
		Q1	Q2	Q3	Q4 -TD
<b>Intervention #1 to address barrier:</b> <b>Prompt ASAM level of care evaluation/referral to treatment for those members presenting at the ED/inpatient with SUD overdoses.</b>  <b>Planned Start Date: 01/01/2020</b> <b>Actual Start Date:</b>	<b>Intervention #1 tracking measure:</b>  <b>N:</b> Number of providers educated on ASAM level of care  <b>D:</b> ED Providers that are not billing for SBIRT (look back 3 months)	N: N/A D: 894 R: N/A	N: N/A D: 902 R: N/A	N: N/A D: 873 R: N/A	N: N/A D: 863 R: N/A
<b>Intervention #2a to address barrier:</b> <b>First-line medical provider education supporting screening, brief intervention and referral (Stage of Change, Motivational interviewing knowledge of available treatment/services/providers)</b>  <ul style="list-style-type: none"> <li>• OB/GYN</li> <li>• EDs</li> <li>• Pain Management</li> <li>• PCP (Family Practice, Internal Medicine)</li> <li>• Pediatricians</li> <li>• Urgent Care</li> </ul>	<b>Intervention #2a tracking measure:</b>  <b>N:</b> # of first line medical providers receiving education  <b>D:</b> # of PAR first line providers:	N: 12 D: 4260 R: 0.28%	N: 0 D: 4319 R: N/A	N: 332 D: 4293 R: 7.73%	N: 0 D: 4417 R: N/A

Planned Start Date: 01/01/2020 Actual Start Date:					
<b>Intervention #2b to address barrier: Educate providers about evidence based SBIRT screening best practices (Stages of Change, motivational interviewing, knowledge of available treatment/services/providers) and billing procedures</b>  <b>ITM Rate: percentage of providers billing SBIRT by provider type:</b> <ul style="list-style-type: none"> <li>• OB/GYN</li> <li>• EDs</li> <li>• Pain Management</li> <li>• PCP (Family Practice, Internal Medicine)</li> <li>• Pediatricians</li> <li>• Urgent Care</li> </ul> Planned Start Date: 01/01/2020 Actual Start Date:	<b>Intervention #2b</b>  <b>N:</b> Number of Claims received with an SBIRT related billing of H0049 and/or H0050 for members 13 years of age or older by provider type  <b>D:</b> # of providers billing SBIRT by provider type:	N: 168 D: 4224 R: 3.98%	N: 104 D: 4281 R: 2.43%	N: 447 D: 4232 R: 10.56%	N: 363 D: 4346 R: 8.35%
<b>Barrier 2: <u>Provider</u>: Statewide lack of MAT prescribers and prescriber knowledge of local psychosocial treatment resources.</b>  <b>Method of barrier identification: IPRO IET PIP Guidance Document, Internal PIP IET Committee barriers brainstorm, 2019 ABH-LA IET PIP Documentation, LDH/IPRO Suggestions for ongoing analysis of barriers</b>		<b>2020</b>			
		<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4-TD</b>
<b>Intervention #3 to address barrier:</b> <b>Increasing number of MAT prescriber's in rural areas of regions 5, 6, and 7 outside of Lake Charles, Alexandria and Shreveport.</b>  Planned Start Date: 01/01/2020 Actual Start Date:	<b>Intervention #3 tracking measure:</b>  <b>N:</b> # of prescribers that became MAT certified in regions 5, 6, and 7  <b>D:</b> # of prescribers in regions 5, 6, and 7	N: 13 D: 2277 R: 0.57%	N: 17 D: 2277 R: 0.74%	N: 15 D: 2376 R: 0.63%	N: 19 D: 2406 R: 0.79%

<b>Intervention #4 to address barrier:</b> <b>Increasing outreach to educate providers of local SUD treatment and concurrent psychosocial treatment and referral procedures for higher levels of care with a focus in rural areas of regions 5, 6, and 7 outside of Lake Charles, Alexandria and Shreveport</b>  <b>Planned Start Date: 01/01/2020</b> <b>Actual Start Date:</b>	<b>Intervention #4 tracking measure:</b>  <b>N:</b> # of prescribers receiving education of psychosocial treatment resources  <b>D:</b> # of prescribers in regions 5, 6, and 7	N: N/A D: 2277 R: N/A	N: N/A D: 2277 R: N/A	N: N/A D: 2376 R: N/A	N: N/A D: 2406 R: N/A
<b>Barrier 3: <u>Provider</u>: Address the knowledge deficit for providers regarding the 7- and 30-days Follow-up after hospitalization (FUA) for members hospitalized for a SUD.</b>  <b>Method of barrier identification: IPRO IET PIP Guidance Document, Internal PIP IET Committee barriers brainstorm, 2019 ABH-LA IET PIP Documentation, LDH/IPRO Suggestions for ongoing analysis of barriers</b>		<b>2020</b>			
		<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4-TD</b>
<b>Intervention #5a to address barrier: Educate ED providers and follow-up practitioners on the appropriate care and provision of a resource list</b>  <b>Planned Start Date: 01/01/2020</b> <b>Actual Start Date:</b>	<b>Intervention #5a tracking measure:</b>  <b>N:</b> # of ED providers and follow-up practitioners who receive education on 7- and 30-day follow-ups  <b>D:</b> ED and Follow-up Practitioners	N: N/A D: 5168 R: N/A	N: N/A D: 5278 R: N/A	N: N/A D: 5419 R: N/A	N: N/A D: 5458 R: N/A
<b>Intervention #5b to address barrier: Monitor education of outpatient providers who would follow-up for AOD after ED about evidence-based follow-up care</b>  <b>Planned Start Date: 01/01/2020</b> <b>Actual Start Date:</b>	<b>Intervention #5b tracking measure:</b>  <b>N:</b> # of ED providers who were given a list of qualified AOD providers  <b>D:</b> ED Providers	N: N/A D: 904 R: N/A	N: N/A D: 912 R: N/A	N: N/A D: 935 R: N/A	N: N/A D: 939 R: N/A

<b>Intervention #5c to address barrier: Monitor MCO CM referral and appointment scheduling of transitions in care from ED to community (Recovery Coach)</b>  <b>Planned Start Date: 01/01/2020</b> <b>Actual Start Date:</b>	<b>Intervention #5c tracking measure:</b>  <b>N:</b> Members outreached who opt into CM and are actively engaged in ongoing care coordination to address SUD diagnosis and comorbidity  <b>D:</b> Utilizing the ADT data to identify members with 3 plus ED visit within a rolling 6-month time frame that also have a SUD Diagnosis in their claims history.	N: 141 D: 926 R: 15.23%	N: 121 D: 729 R: 16.60%	N: 111 D: 745 R: 14.90%	N: 131 D: 823 R: 15.92%
<b>Barrier 4: Member: Special Health Care Needs (SHCN) eligible subpopulations pose unique communication/mode of outreach challenges to engagement in case management</b>  <b>Method of barrier identification: IPRO IET PIP Guidance Document, Internal PIP IET Committee barriers brainstorm, 2019 ABH-LA IET PIP Documentation, LDH/IPRO Suggestions for ongoing analysis of barriers</b>		<b>2020</b>			
		<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4-TD</b>
<b>Intervention #6 to address barrier: Enhance case management for the SUD involved SHCN populations, including increased face to face contact, and care coordination for members to ensure appropriate continuity of care.</b>  <b>Planned Start Date: 01/01/2020</b> <b>Actual Start Date:</b>	<b>Intervention #6 tracking measure:</b>  <b>N:</b> # of SHCN members enrolled in CM  <b>D:</b> # of SHCN members with a SUD diagnosis	N: 269 D: 1945 R: 13.83%	N: 268 D: 1941 R: 13.81%	N: 258 D: 1926 R: 13.40%	N: 289 D: 1827 R: 15.82%
<b>Barrier 5: Member: Justice involved – Lack of ability to identify justice-involved members appropriate for SUD services prior to release and connect them with services at release</b>  <b>Method of barrier identification: IPRO IET PIP Guidance Document, Internal PIP IET Committee barriers brainstorm, 2019 ABH-LA IET PIP Documentation, LDH/IPRO Suggestions for ongoing analysis of barriers</b>		<b>2020</b>			
		<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4-TD</b>
<b>Intervention #7 to address barrier: Enhanced case management for the SUD involved Justice Involved populations, including increased face to face contact, and care coordination for members to ensure appropriate continuity of care</b>	<b>Intervention #7 tracking measure:</b>  <b>N:</b> # of Justice Involved Members enrolled in CM  <b>D:</b> # of Justice Involved Members identified with a SUD	N: 1 D: 22 R: 4.55%	N: 1 D: 24 R: 4.17%	N: 1 D: 28 R: 3.57%	N: 2 D: 36 R: 5.56%

Planned Start Date: 01/01/2020 Actual Start Date:					
<b>Barrier 6: <u>Member</u>: Lack of use and referral to programs that instruct on the use of motivational interviewing techniques and parental/family involvement when clinically indicated</b>  <b>Method of barrier identification: IPRO IET PIP Guidance Document, Internal PIP IET Committee barriers brainstorm, 2019 ABH-LA IET PIP Documentation, LDH/IPRO Suggestions for ongoing analysis of barriers</b>		<b>2020</b>			
		<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4-TD</b>
<b>Intervention #8 to address barrier: Enhance case management for the involved Adolescent population, including referrals to Breakthrough and care coordination for members to ensure appropriate continuity of care</b>  Planned Start Date: 01/01/2020 Actual Start Date:	<b>Intervention #8 tracking measure:</b>  <b>N:</b> # of members enrolled in case management  <b>D:</b> # of members ages 13-17 with a SUD diagnosis	N: 1 D: 34 R: 2.94%	N: 2 D: 50 R: 4.00%	N: 3 D: 62 R: 4.84%	N: 4 D: 69 R: 5.80%
<b>Barrier 7: <u>Member</u>: – Lack of follow-up with members 7 days after hospitalization.</b>  <b>Method of barrier identification: IPRO IET PIP Guidance Document, Internal PIP IET Committee barriers brainstorm, 2019 ABH-LA IET PIP Documentation, LDH/IPRO Suggestions for ongoing analysis of barriers</b>		<b>2020</b>			
		<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4-TD</b>
<b>Intervention #9 to address barrier: Utilization of a Recovery Coach staff member to assist in the management for the involved members within this population who have had a hospitalization 7 Days prior to ensure appropriate follow-up visit occur after hospitalization</b>  Planned Start Date: 01/01/2020 Actual Start Date:	<b>Intervention #9 tracking measure:</b>  <b>N:</b> Number of members engaged w/Recovery Coaches 1-7 days after discharge  <b>D:</b> Members previously admitted at any level of care within the 30 days for opioid overdose.	N: N/A D: 162 R: N/A	N: N/A D: 145 R: N/A	N: N/A D: 136 R: N/A	N: N/A D: 130 R: N/A
		<b>2020</b>			

Barrier 8: <u>Member</u> : Lack of follow-up with members 30 days after hospitalization. Method of barrier identification: IPRO IET PIP Guidance Document, Internal PIP IET Committee barriers brainstorm, 2019 ABH-LA IET PIP Documentation, LDH/IPRO Suggestions for ongoing analysis of barriers		Q1	Q2	Q3	Q4-TD
<b>Intervention #10 to address barrier:</b> <b>Utilization of Recovery Coach to assist in the management for the involved members within this population who have had a hospitalization 30 days prior to ensure appropriate follow-up visit occur after hospitalization</b>  <b>Planned Start Date: 01/01/2020</b> <b>Actual Start Date:</b>	<b>Intervention #10 tracking measure:</b>  <b>N:</b> Number of members engaged w/Recovery Coaches 1-30 days after discharge  <b>D:</b> Members previously admitted at any level of care within the 90 days for opioid overdose	N: N/A D: 175 R: N/A	N: N/A D: 204 R: N/A	N: N/A D: 170 R: N/A	N: N/A D: 183 R: N/A
<b>Intervention #11 to address barrier:</b> <b>Reduce 30-day readmission rates for members that have been in a residential or inpatient setting receiving services specifically for detox (medical) and/or residential services. Through increased continuity of care to treatment (ASAM 3.7, 3.5, 3.3 or perhaps 2.1 as indicated) following discharge from 4-WM (medically managed detox in the hospital</b>  <b>Planned Start Date: 01/01/20204</b> <b>Actual Start Date:</b>	<b>Intervention #11 tracking measure:</b>  <b>N:</b> Readmission rate prior to CM intervention for members who have received an ASAM level of care  <b>D:</b> Readmission rate after CM intervention for members who have received an ASAM level of care	N: 45 D: 131 R: 34.55%	N: 24 D: 105 R: 22.86%	N: 33 D: 122 R: 27.05%	N: 37 D: 110 R: 33.64%

# Results

**To be completed upon Proposal/Baseline and Final Report submissions.** The results section should present project findings related to performance indicators. **Do not** interpret the results in this section.

**Table 5: Results**

Indicator	Baseline Measure period: 1/1/18-12/31/18	Interim Measure period: 1/1/19-12/31/19	Final – to Date Measure period: 1/1/20-11/1/20	Target Rate <sup>1</sup> /Stretch Rate
Indicator #1. Initiation of AOD Treatment: Total age groups, Alcohol abuse or dependence diagnosis cohort	N: 869 D: 1787 R: 48.63%	N: 990 D: 1912 R: 51.78%	N: 827 D: 1579 R: 52.37%	Rate: 53.28% / 57%
Indicator #2. Initiation of AOD Treatment: Total age groups, Opioid abuse or dependence diagnosis cohort	N: 540 D: 870 R: 62.07%	N: 663 D: 977 R: 67.86%	N: 593 D: 885 R: 67.01%	Rate: 68.33% / 72%
Indicator #3. Initiation of AOD Treatment: Total age groups, Total diagnosis cohort	N: 2357 D: 4653 R: 50.66%	N: 2711 D: 5089 R: 53.27%	N: 2430 D: 4570 R: 53.17%	Rate: 53.89% / 57%
Indicator #4. Engagement of AOD Treatment: Total age groups, Alcohol abuse or dependence diagnosis cohort	N: 237 D: 1787 R: 13.26%	N: 300 D: 1912 R: 15.69%	N: 230 D: 1579 R: 14.57%	Rate: 16.39% / 20%
Indicator #5. Engagement of AOD Treatment: Total age groups, Opioid abuse or dependence diagnosis cohort	N: 237 D: 870 R: 27.24%	N: 296 D: 977 R: 30.30%	N: 286 D: 885 R: 32.32%	Rate: 32.41% / 36%
Indicator #6. Engagement of AOD Treatment: Total age groups, Total diagnosis cohort	N: 751 D: 4653 R: 16.14%	N: 899 D: 5089 R: 17.67%	N: 770 D: 4570 R: 16.85%	Rate: 18.12% / 22%

Indicator	Baseline Measure period: 1/1/18-12/31/18	Interim Measure period: 1/1/19-12/31/19	Final – to Date Measure period: 1/1/20-11/1/20	Target Rate <sup>1</sup> /Stretch Rate
Indicator #7. The percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD within 30 days of the ED visit	N: 143 D: 1038 R: 13.78%	N: 130 D: 988 R: 13.16%	N: 127 D: 854 R: 14.87%	Rate: 17.75%
Indicator #8. The percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of alcohol or other drug (AOD) abuse or dependence, who had a follow up visit for AOD within 7 days of the ED visit	N: 96 D: 1038 R: 9.25%	N: 90 D: 988 R: 9.11%	N: 69 D: 854 R: 8.08%	Rate: 11.41%

<sup>1</sup> Upon subsequent evaluation of quarterly rates, consideration should be given to improving the target rate, if it has been met or exceeded at that time.

**OPTIONAL:** Additional tables, graphs, and bar charts can be an effective means of displaying data that are unique to your PIP in a concise way for the reader. If you choose to present additional data, include only data that you used to inform barrier analysis, development and refinement of interventions, and/or analysis of PIP performance.

In the results section, the narrative to accompany each table and/or chart should be descriptive in nature. Describe the most important results, simplify the results, and highlight patterns or relationships that are meaningful from a population health perspective. **Do not** interpret the results in terms of performance improvement in this section.

# Discussion

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**To be completed upon Interim/Final Report submission.** The discussion section is for explanation and interpretation of the results.

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## Discussion of Results

- **Interpret the performance indicator rates for each measurement period**, i.e., describe whether rates improved or declined between baseline and interim, between interim and final and between baseline and final measurement periods.

The increase from Baseline through the second year does show improvement, as noted in the request to add stretch goals, albeit not to the extent desired. From Baseline Year thru 2020 to date there has been a 7.4% increase in #1 of the Performance Indicators which measures overall Initiation of AOD treatment. Clearly the metric was heading in the right direction in 2020 as Q1 rates indicated when COVID hit. The lack of face/face interaction coupled with treatment facilities not taking in new patients for a period of time did take a toll on this fragile population finding the help they needed. The second half of the year was impacted by Hurricanes hitting the state. Due to the Pandemic, normal evacuation facilities were not available, so members had to be dispersed much further. Although many of our Performance Metrics did show improvement, some like the two for ED follow-up, did not and those items will be addressed by both the new contract requirements and plan programs for ED improvement through our Population Health team.

- **Explain and interpret the results by reviewing the degree to which objectives and goals were achieved.** Use your ITM data to support your interpretations.

The physical struggles of 2020's Pandemic definitely impacted our provider related activities as well as requiring a whole new way of doing the same functions. For instance, ITM's 1-4 that discussed Provider Education presented a challenge March through June, but LDH lifted the outreach restrictions ABH-LA's internal policy would not allow for face/face contact as a measure for employment safety. This required a full use of all virtual methods for contact even while Louisiana consistently remained in the top 10 COVID/capita lists. Our Provider Relations team and portal made some huge additions like secure provider portal for ease of communication on claims etc, monthly webinars to highlight specific topics, and regular contact through virtual visits and meetings.

Even with the additions to our virtual tools, the Barrier to overcome Provider education and knowledge of SUD assessments using ASAM proved to be difficult. Obviously with the unique year we had Provider education became virtual after March and for many providers just keeping up with the changing requirements of the Pandemic shifted focus for ASAM training to more immediate needs. Although we did offer different training that was free to providers throughout the year, attendance was zero.

Although many of our ITM's were viewed as stagnate, in light of the 2020 events to maintain enough focus and effort to remain dedicated to commitments and keep an even performance has not been easy. During these struggles, we have found ways to do things better and more efficiently but ultimately relationships with our providers is a personal relationship that will need to be nourished in 2021 with onsite visits.

- **What factors were associated with success or failure?** For example, in response to stagnating or declining ITM rates, describe any findings from the barrier analysis triggered by lack of intervention progress, and how those findings were used to inform modifications to interventions.

During this initiative ABH-LA has found deficiencies within our processes and within the Medicaid system. The DOC alignment to Medicaid for enrollment upon release required a SWOT analysis and changes within DOC and LDH to better accommodate appropriate care, ie enrollment in CM, for all inmates being discharged with a SUD diagnosis. The Quality Analytics team has obtained access to two databases that will help us measure and identify interventions, if needed, for both the ED population and DOC medical history. Both data sources will help us identify barriers and subsequent ITM's in 2021.

For ITM's 1, 5 a & b we did not have a clear path to how the numerator could be identified. The 3 ITM's have to do with educating providers and after the October 3<sup>rd</sup> meeting with LDH and IPRO to discuss measuring this barrier it was decided that:

ITM 1 would be measured as: Number of ED Providers who receive the referral resource list / total number of ED providers. We have the Referral Resource ready for distribution after the first of the year where we will have the best luck in reaching providers.

ITM's 5 a&b are also about education to Providers but with slightly different focuses. Again, this barrier ITM did not get implemented for the first part of the year due to the LDH requirement of no contact with Providers due to the Pandemic. In July we were released by LDH but could not do the face to face as expected when this PIP was defined due to internal employee restrictions on face/face meetings. We have been using our virtual tools, but this is harder to get the desired results since the Providers have to 'join' the virtual process. Going into 2021 we have a robust Referral List via the ITM 1 metric being redefined and will be defining specific processes for getting education information (including the referral list) to providers through the Provider Relations team. A formal process with specific deliverables is the objective for 2021 and will help us track what was distributed and to whom.

## Limitations

As in any population health study, there are study design limitations for a PIP. Address the limitations of your project design, i.e., challenges identified when conducting the PIP (e.g., accuracy of administrative measures that are specified using diagnosis or procedure codes are limited to the extent that providers and coders enter the correct codes; accuracy of hybrid measures specified using chart review findings are limited to the extent that documentation addresses all services provided).

- **Were there any factors that may pose a threat to the internal validity the findings?**

*Definition and examples: internal validity means that the data are measuring what they were intended to measure. For instance, if the PIP data source was meant to capture all children 5-11 years of age with an asthma diagnosis, but instead the PIP data source omitted some children due to inaccurate ICD-10 coding, there is an internal validity problem.*

There were no internal validity issues for this PIP.

- **Were there any threats to the external validity the findings?**

*Definition and examples: external validity describes the extent that findings can be applied or generalized to the larger/entire member population, e.g., a sample that was not randomly selected from the eligible population or that includes too many/too few members from a certain subpopulation (e.g., under-representation from a certain region).*

There were no threats to validity for this PIP.

- **Describe any data collection challenges.**

*Definition and examples: data collection challenges include low survey response rates, low medical record retrieval rates, difficulty in retrieving claims data, or difficulty tracking case management interventions.*

ITM #1 – The numerator for this metric was difficult due to the lack of centralized ASAM training so we can identify the provider and whether they were trained. The ASAM level of care is not a required field in claims and therefore is primarily left blank. We chose the denominator of ED Providers that are not billing for SBIRT to highlight ED Providers that are diagnosing SUD but not the 2 SBIRT codes. This metric was originally formulated to identify the ED Providers who are diagnosing members firsthand as SUD which may or may not include pregnant women (SBIRT Codes 0049 and 0050) but not using any SBIRT code. The idea was to identify the base of ASAM trained ED Providers out of the entire ED Provider base for a coverage base within the whole state.

There weren't any data collection challenges other than no central repository to identify Providers who had/have ASAM training and where they are affiliated. The overall numbers where this information is pertinent will continue struggling unless we can get an overall Medicaid Program view. This issue is not unique to ABH-LA but all MCO's.

# Next Steps

**This section is completed for the Final Report.** For each intervention, summarize lessons learned, system-level changes made and/or planned, and outline next steps for ongoing improvement beyond the PIP time frame.

**Table 6: Next Steps**

Description of Intervention	Lessons Learned	System-Level Changes Made and/or Planned	Next Steps
<b>#1) to address barrier: Prompt ASAM level of care evaluation/referral to treatment for those members presenting at the ED/inpatient with SUD overdoses.</b>	Measuring this was difficult since it's not a required field for claims and therefore rarely noted.	ABH-LA worked to find a metric we could measure, and in October met with LDH and outlined a new metric.	New rate metric defined with LDH in October is same as 5a, this metric will be omitted. See 5a for new metric definition.
<b>#2a) to address barrier: First-line medical provider education supporting screening, brief intervention and referral (Stage of Change, Motivational interviewing knowledge of available treatment/services/providers)</b>	Providers are being inundated with multiple requests for training by the state, MCO's etc. Provider specialties were outlined but are not going to be stratified as the records are not readily available.	We will continue to find innovative ways to get the information out there such as the BH seminar in September. Our Provider facing information will continue to promote training as ABH-LA is notified	The MCO's are working to find a common platform to offer training and therefore capture those who have completed requirements.
<b>#2b) to address barrier: Educate providers about evidence based SBIRT screening best practices (Stages of Change, motivational interviewing, knowledge of available treatment/services/providers) and billing procedures</b>	Providers focus this year was primarily on COVID so we tried different methods to get the information to them. Provider specialties were outlined but are not going to be stratified as the records are not readily available.	Our Provider Relations team is holding monthly webinars, and BH/Addiction will continue to rotate as a subject item in 2021. Make sure training is posted on Provider Portal	Get a regular process with Provider Relations established on training beyond our regular ASAM link and code.
<b>#3) to address barrier: Increasing number of MAT prescriber's in rural areas of regions 5, 6, and 7 outside of Lake Charles, Alexandria and Shreveport.</b>	The Western half of the state shares MAT prescribers. We hope demand alone will help drive this to increase.	The new Referral Resource being finalized for distribution will include MAT prescribers.	Appeal to our provider network for additional MAT prescribers. We can't force them.
<b>#4) to address barrier: Increasing outreach to educate providers of local SUD treatment and concurrent psychosocial treatment and referral procedures for higher levels of care with a focus in rural areas of regions 5, 6, and 7 outside of Lake Charles, Alexandria and Shreveport</b>	The Western half of the state shares MAT prescribers. We held specific SBIRT training and communicated to all Providers, none attended. We have ASAM training for	2 Hurricanes ravaged these areas so physical barriers to this as well as Pandemic protocol will make this a challenge for Providers.	We will continue to deliver information to Providers in every method to enhance the MAT network.

	free on our website, but few have utilized it or completed all portions. We hope demand alone will help drive this to increase.	We are looking to drive a model to providers which will show the lack of resources in certain areas of the state.	
<b>#5a) to address barrier: Educate ED providers and follow-up practitioners on the appropriate care and provision of a resource list</b>	This metric was hard to measure since referral's are not a required field.	This metric and ITM #1 will be made into one metric. New metric established in October.	N: ED providers who have referral resource D: Total ED providers Metric to begin in Jan-2021.
<b>#5b) to address barrier: Monitor education of outpatient providers who would follow-up for AOD after ED about evidence-based follow-up care</b>	LDH only has 2 SBIRT codes, both are for pregnant women. This leaves a large Population out.	We hope more SBIRT codes will be approved by LDH so providers will do the right thing.	Work with Providers on which SBIRT codes will support IET initiative once LDH approves.
<b>#5c) to address barrier: Monitor MCO CM referral and appointment scheduling of transitions in care from ED to community</b>	CM cannot be the sole area to do this as hurricane season showed.	We are hoping the new Peer Support requirement will allow further support for outreach.	Align 2021 resources with requirements for improving this ratio.
<b>#6) to address barrier: Enhance case management for the SUD involved SHCN populations, including increased face to face contact, and care coordination for members to ensure appropriate continuity of care. * Due to COVID-19 virtual meetings and TeleHealth are being utilized more concerning direct contact.</b>	SUD population is hard to connect with and phone calls by CM will need to be subsidized by alternate methods.	Although the rate was stagnating the second half of the year, CM's constant redirect due to hurricanes still produced a consistent outcome.	Elicit other methods for reaching this population.
<b>#7) to address barrier: Enhanced case management for the SUD involved Justice Involved populations, including increased face to face contact, and care coordination for members to ensure appropriate continuity of care. * Due to COVID-19 virtual meetings and TeleHealth are being utilized more concerning direct contact.</b>	SWOT showed lack of DOC to LDH coordination around member history and release dates.  ABH-LA data shows this population 1-3 months out still has a 80-85% adherence rate	ABH-LA has obtained Elli access which will help identify more SUD members and get them into Care Management.	Review Elli data and develop process for DOC releases that need CM for SUD within first 30 days of release – if not already enrolled
<b>#8) to address barrier: Enhance case management for the involved Adolescent population, including referrals to Breakthrough and care coordination for members to ensure appropriate continuity of care</b>	This population is more difficult to reach and monitor throughout due to the minor status.	Identify referral resources for CM to use both in/out of network.	Need to review due to minor's and getting care needs met.

<b>#9) to address barrier: Utilization of a Recovery Coach staff member to assist in the management for the involved members within this population who have had a hospitalization 7 Days prior to ensure appropriate follow-up visit occur after hospitalization</b>	ABH-LA was not able to realize this headcount addition due to Pandemic induced Market uncertainty.	The 2021 Contract requires Peer Support and CHW workers. We are still working towards a specialized role for this effort.	ABH-LA is working to fulfill the 2021 contract as mandated and will look for additional coverage via that mandate.
<b>#10) to address barrier: Utilization of Recovery Coach to assist in the management for the involved members within this population who have had a hospitalization 30 days prior to ensure appropriate follow-up visit occur after hospitalization</b>	ABH-LA was not able to realize this headcount addition due to Pandemic induced Market uncertainty.	The 2021 Contract requires Peer Support and CHW workers. We are still working towards a specialized role for this effort.	ABH-LA is working to fulfill the 2021 contract as mandated and will look for additional coverage via that mandate.
<b>#11) to address barrier: Reduce 30-day readmission rates for members that have been in a residential or inpatient setting receiving services specifically for detox (medical) and/or residential services. Through increased continuity of care to treatment (ASAM 3.7, 3.5, 3.3 or perhaps 2.1 as indicated) following discharge from 4-WM (medically managed detox in the hospital</b>	Not all BH resources identify which ASAM level they can support.	We need to look for regional alignment for continuity of care. Our referral resource guide will help with the educational aspect for next steps.	Work with Providers on a solid plan for 'next' steps where long term support may be needed

# References

List any references that you cite.

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# Glossary of PIP Terms

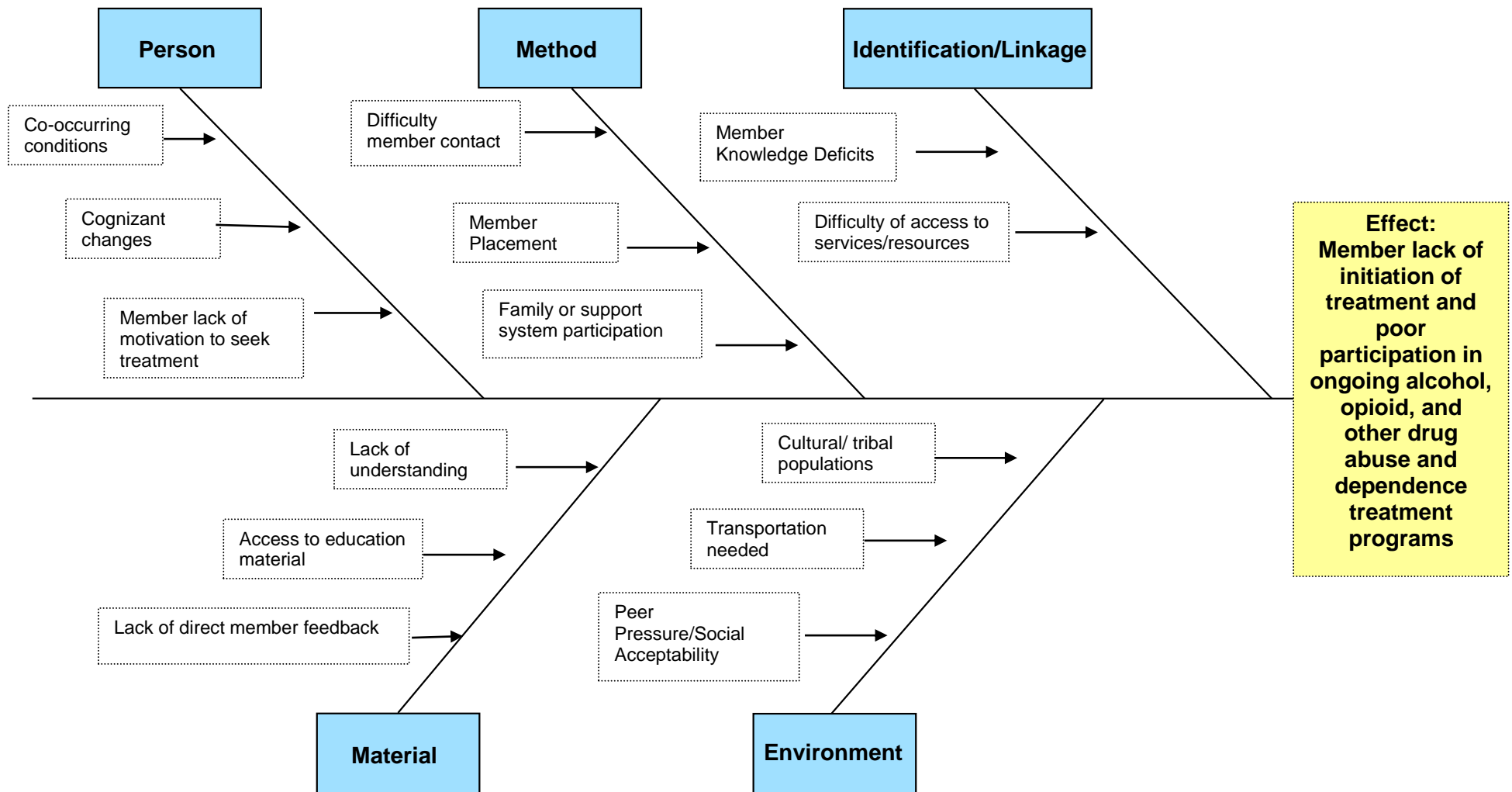
**Table 7: PIP Terms**

PIP Term	Also Known as...	Purpose	Definition
<b>Aim</b>	<ul style="list-style-type: none"> <li>• Purpose</li> </ul>	To state what the MCO is trying to accomplish by implementing their PIP.	An aim clearly articulates the goal or objective of the work being performed for the PIP. It describes the desired outcome. The Aim answers the questions “How much improvement, to what, for whom, and by when?”
<b>Barrier</b>	<ul style="list-style-type: none"> <li>• Obstacle</li> <li>• Hurdle</li> <li>• Roadblock</li> </ul>	To inform meaningful and specific intervention development addressing members, providers, and MCO staff.	Barriers are obstacles that need to be overcome in order for the MCO to be successful in reaching the PIP Aim or target goals. The root cause (s) of barriers should be identified so that interventions can be developed to overcome these barriers and produce improvement for members/providers/MCOs. A barrier analysis should include analyses of both quantitative (e.g., MCO claims data) and qualitative (such as surveys, access and availability data or focus groups and interviews) data as well as a review of published literature where appropriate to root out the issues preventing implementation of interventions.
<b>Baseline rate</b>	<ul style="list-style-type: none"> <li>• Starting point</li> </ul>	To evaluate the MCO’s performance in the year prior to implementation of the PIP.	The baseline rate refers to the rate of performance of a given indicator in the year prior to PIP implementation. The baseline rate must be measured for the period before PIP interventions begin.
<b>Benchmark rate</b>	<ul style="list-style-type: none"> <li>• Standard</li> <li>• Gauge</li> </ul>	To establish a comparison standard against which the MCO can evaluate its own performance.	The benchmark rate refers to a standard that the MCO aims to meet or exceed during the PIP period. For example, this rate can be obtained from the statewide average, or Quality Compass.
<b>Goal</b>	<ul style="list-style-type: none"> <li>• Target</li> <li>• Aspiration</li> </ul>	To establish a desired level of performance.	A goal is a measurable target that is realistic relative to baseline performance, yet ambitious, and that is directly tied to the PIP aim and objectives.

PIP Term	Also Known as...	Purpose	Definition
<b>Intervention tracking measure</b>	<ul style="list-style-type: none"> <li>• Process Measure</li> </ul>	To gauge the effectiveness of interventions (on a quarterly or monthly basis).	Intervention tracking measures are monthly or quarterly measures of the success of, or barriers to, each intervention, and are used to show where changes in PIP interventions might be necessary to improve success rates on an ongoing basis.
<b>Limitation</b>	<ul style="list-style-type: none"> <li>• Challenges</li> <li>• Constraints</li> <li>• Problems</li> </ul>	To reveal challenges faced by the MCO, and the MCO's ability to conduct a valid PIP.	Limitations are challenges encountered by the MCO when conducting the PIP that might impact the validity of results. Examples include difficulty collecting/analyzing data, or lack of resources / insufficient nurses for chart abstraction.
<b>Performance indicator</b>	<ul style="list-style-type: none"> <li>• Indicator</li> <li>• Performance Measure (terminology used in HEDIS)</li> <li>• Outcome measure</li> </ul>	To measure or gauge health care performance improvement (on a yearly basis).	Performance indicators evaluate the success of a PIP annually. They are a valid and measurable gauge, for example, of improvement in health care status, delivery processes, or access.
<b>Objective</b>	<ul style="list-style-type: none"> <li>• Intention</li> </ul>	To state how the MCO intends to accomplish their aim.	Objectives describe the intervention approaches the MCO plans to implement in order to reach its goal(s).

# Appendix A: Fishbone (Cause and Effect) Diagram

Appendix A: Member Cause and Effect (“Fishbone”) Diagram



## **Appendix A:**

### **Member Challenges/Opportunities for Improvement**

For the member, there are significant causative factors for their reluctance to receive services necessary for sobriety. They are:

#### **Person:**

- Members lack of motivation to seek treatment
  - A members' negative experience with a prior treatment center, and/or with self-treatment.
  - Stigmas associated with alcohol or drug use may prevent an individual from seeking treatment.
  - Members' may have participated in treatment in the past and have a belief that the treatment was not beneficial or helpful to them.
  - Injection drug users or person's alcohol dependent may fear treatment due to withdrawal symptoms.
  - Cognitive changes, clear thinking may be a challenge for heavily drinking/using SUD members
- Co-occurring conditions, nicotine abuse
- Cultural, race, ethnic variances and social determinants to care
- Development of questionnaires/survey to allow direct member feedback on services received through the MAC events

#### **Method:**

- Member knowledge deficit of available treatment options, to include web-based telemedicine or tele-therapy alternatives for treatment
- Member placed at incorrect level of care
- Lack of family and/or other support system engagement in therapy

#### **Linkage/Support:**

- Members' knowledge deficit of services and treatment options available to them
- Members' knowledge deficit of available case management services available to assist them in obtaining referrals to treatment and coordination of their care with specialized providers

#### **Material:**

- Member knowledge deficit of disease processes, treatment types, and available resources
- Difficulty accessing educational material and/or understanding of available material

#### **Environment:**

- Lack of transportation to and from appointments
- Social acceptability of alcohol and prescription drug use and peer pressure to drink and attend social drinking functions, and member use of family and/or availability of support system
- Tribal populations, cultural variances

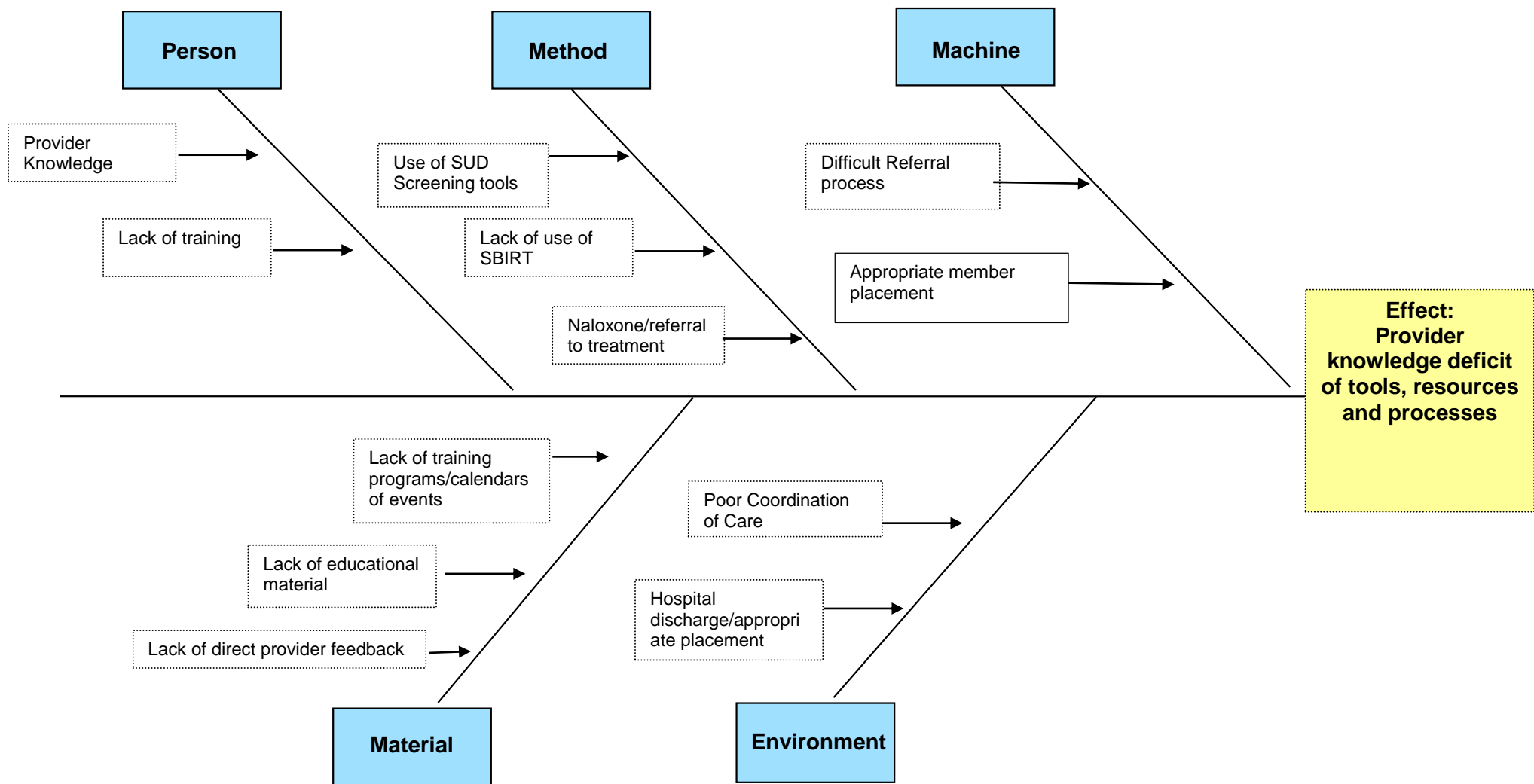
#### **Opportunities for Improvement:**

- By analyzing the causative factors, ABH-LA can implement actions to improve our members' participation and continuing treatment. This can be completed by:
- Increasing member participation in treatment by addressing the reasons for lack of participation in therapy and/or for not continuing treatment.

- Improved member utilization of health plan resources and services available to them, including member services, case management, and provision of resource materials in clear, easy to read language, including those for our tribal populations
- Improve member usage of telemedicine and tele-therapy options, especially for tribal populations in rural communities
- Ease of access to member educational material in an easy to understand language
- Member education regarding transportation services available
- Inclusion of the family and/or member support system by case management and the provider in the care planning process when appropriate and permitted by the member

# Appendix B: Fishbone (Cause and Effect) Diagram

Appendix B: Provider Cause and Effect ("Fishbone") Diagram



## Appendix B: Provider Challenges/Opportunities for Improvement

The provider faces other challenges in meeting the needs of their patient(s). The significant causative factors facing them include:

### Person:

- First line provider (primary care, urgent care, OB/GYN, pain management, and ED settings) knowledge deficit of treatment options available to the member
- Insufficient First Line providers trained to provide evidence-based Medication Assisted Treatment (MAT) of opioid use disorders, specifically buprenorphine
- Lack of providers trained to initiate ED-initiated buprenorphine treatment and assurance of member appropriate inpatient and outpatient services for engagement in treatment for drug abuse
- Lack of provider awareness of Tribal variances in the prevention of abuse or misuse of drugs or alcohol
- Lack of provider promotion and engagement of members with nicotine co-dependency in tobacco cessation programs
- Develop process to obtain direct provider feedback, through PAC events for services and information provided by plan.

### Method:

- Lack of use of Universal SUD screening tools by all first line providers (primary care, urgent care, OB/GYN, pain management, and ED settings),
- Lack of First Line provider use and endorsement of SBIRT (Screening, Brief Intervention, Referral to Treatment).
- First line providers lack of understanding of reasons for patient resistance and ambivalence and use of motivational interviewing techniques
- Lack of soft transfer of members to a substance abuse treatment center, MAT or 12 step-programs after a response to an overdose and Naloxone use.
- First line provider and/or treating provider engagement with member's family and/or support system
- Lack of promotion of available benefits and services available for all members, tribal action plans for their populations (TAP), and our members with nicotine dependency

### Machine:

- Completion of comprehensive evaluations to the appropriate type/level of care and connection to that determined type/level of care
- Difficult processes for ease of referral of members to treatment
- Prescribing practices of opioid and controlled substances

### Material:

- Lack of provider education of Universal SUD screening tools, MAT, SBIRT, TAP
- Lack of educational programs or material for ED departments, regarding protocols for ED-initiated buprenorphine treatment and lists of resources available post treatment.

### Environment:

- Lack of coordination of care between the primary care physician, hospital, and care management/discharge planner results and treatment providers.
- Inadequate discharge planning and care coordination by Emergency Room staff has a significant role in member not receiving treatment post discharge.

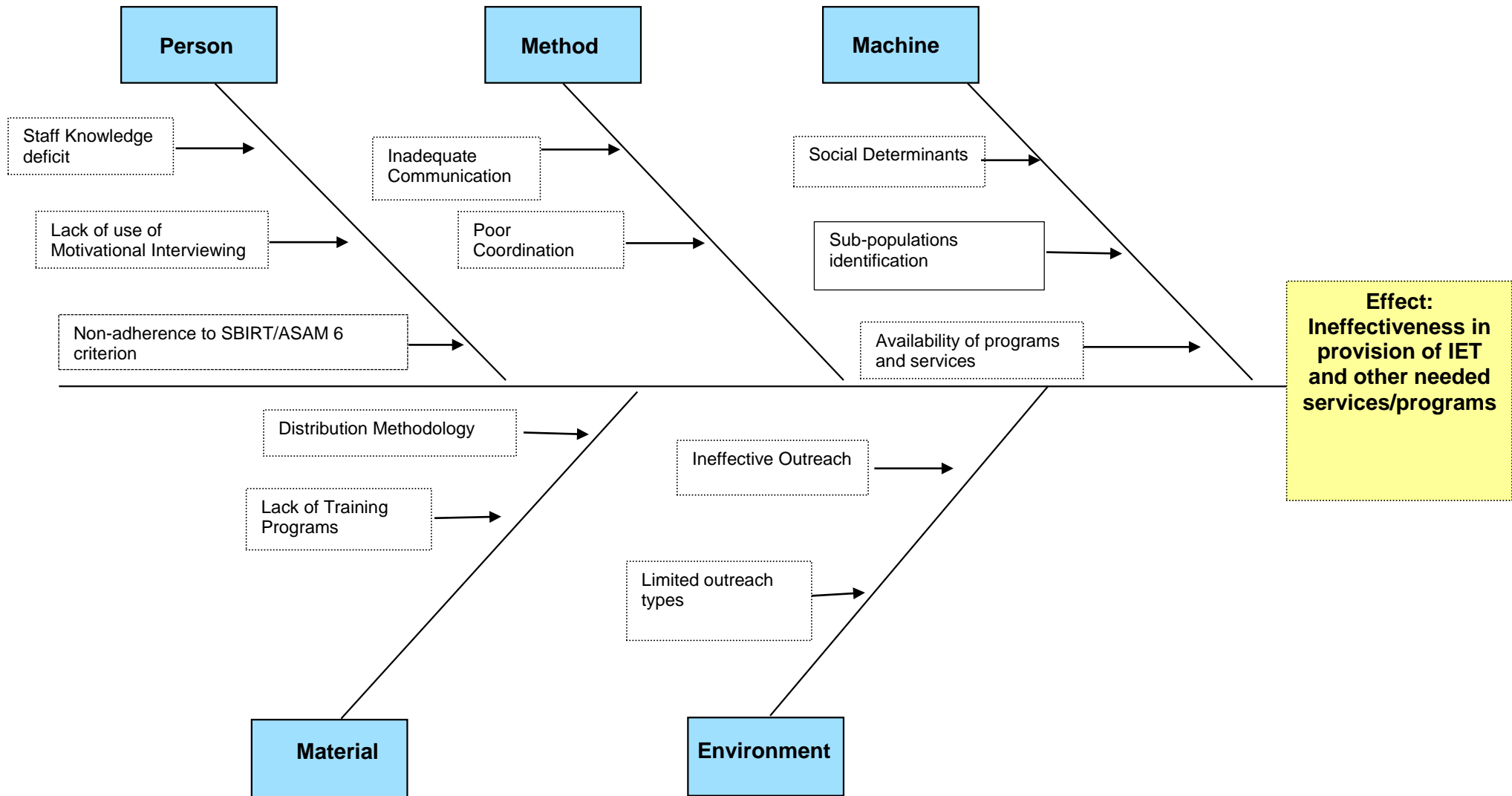
- Inadequate hospital discharge planning and care coordination has a significant role in the success of treatment and relapse.

#### Opportunities for Improvement:

By analyzing the causative factors, ABH-LA can implement actions to improve availability of services and quality of services provided to our members. This can be done by:

- First line provider SBIRT/TAPS training and/or certification (primary care, urgent care, OB/GYN, pain management, and ED settings) to ensure correct type/level of care placement.
- MAT Training of First Line and ED providers. MAT training allows the primary care team to be able to adequately identify those in need of services and dispense the appropriate information to members.
- ED Settings: ABH-LA collaboration with hospital for MAT education/certification of ED providers regarding protocols for ED-initiated buprenorphine treatment.
- Provider educational handouts of available tobacco cessation programs for members with nicotine dependency
- First line provider education including treatment options available and member referral process for members who screen positive
- Inpatient Settings: Development of communication flowchart to map existing and developed enhanced communication processes between the hospital, MCO Utilization Management (UM) staff and MCO Care Management (CM) staff.
- Track and trend proportion of members discharged who received evidence-based comprehensive discharge planning
- Track and trend prescribing practices for opioid and controlled substances, with Health Plan medical director intervention for identified variances in practice

Appendix C: Health Plan Cause and Effect (“Fishbone”) Diagram



## Appendix C: Health Plan Challenges/Opportunities for Improvement

The Health Plan faces other challenges in meeting the needs of provider and member. The significant causative factors facing them include:

### Person:

- Care Management staff knowledge deficit of evidence-based practice, treatment options, and available services
- Care Management utilization of motivational interviewing skills
- Care Management staff knowledge deficit of SBIRT/TAPS, and ASAM 6 Dimension and patient placement criterion
- Care Management knowledge deficit of available substance abuse providers within our network
- Lack of Peer Support resources within the plan to work with impacted members, given that peer support is an evidence-based intervention at present under-utilized by the plan.

### Method

- Inadequate communication between UM/CM/Discharge planners and outpatient providers
- Inadequate communication between CM with the primary care physician, member, the member's family or support system with member approval for communication

### Machine:

- Identification of population of risk and sub-populations
- Claims lag of three months for early identification of members with alcohol and/or substance abuse disorders
- Availability of services for treatment of alcohol and substance abuse disorders, and those for tribal members
- Availability of tobacco cessation programs for members with nicotine co-dependency

### Material:

- Lack of provider and member educational material
- Lack of training programs for PCPs, Hospitalists, ED department physicians, and OB/GYNs
- Distribution methodology

### Environment:

- Ineffective CM telephonic outreach, limited face-to-face interactions
- Limited member outreach i.e. IVR telephone post hospital discharge to the provider and/or to the member (adults only), text messages to the adult member

### Opportunities for Improvement:

- By analyzing the causative factors, ABH-LA can implement actions to improve availability of services and quality of services provided to our members. This can be done by:
- Annually assess the characteristics and needs, including social determinants of health, of its member population, and needs of our sub-population
- Improved Care Manager utilization of motivational interviewing when conducting their comprehensive assessment, including substance abuse and pain management
- Improving member participation in alcohol and substance abuse programs, including those with nicotine dependency
- Improved care planning for members with uncontrolled pain, including alternative treatment options/monitoring for misuse and abuse
- Ensuring improved communication/ service provision through annual training and ongoing education of Care Managers representatives of alcohol and substance abuse disorders, treatment options, and available resources
- Communication flowchart to map utilization patterns between UM/CM/hospital discharge planners and outpatient providers to improve coordination of care.

- Improving care coordination between ABH-LA Utilization Management and Care Management departments with hospitals and emergency rooms, and outpatient treatment

# Appendix B: Priority Matrix

Which of the Root Causes Are . . .	Very Important	Less Important
Very Feasible to Address	<p>Access to appropriate/inconsistent data</p> <p>Low provider engagement</p> <p>Limited number of providers</p> <p>Member awareness (educational opportunity)</p> <p>Staffing stretched thin, filling multiple hats – in process</p>	
Less Feasible to Address	<p>Narrow capacity and focus within the team</p> <p>Stigma from members/providers</p> <p>SBIRT training for providers</p>	<p>Limitations to number of members who can receive MAT per provider</p>

# Appendix C: Strengths, Weaknesses, Opportunities, and Threats (SWOT) Diagram

	Positives	Negatives
INTERNAL <i>under your control</i>	<p><b><i>build on</i></b> <b>STRENGTHS</b></p> <ul style="list-style-type: none"> <li>• Dedicated Analyst for Reporting</li> <li>• Multidisciplinary team to work on PIP</li> <li>• Good grasp of what's needed to be done to provide support for PIP</li> <li>• National Opioid Task Force within ABH-LA</li> <li>• National Opioid CM Project -Champion</li> <li>• BH MD who is double board-certified in Psychiatry &amp; Addiction Medicine</li> <li>• Consistent, timely &amp; scheduled workgroup activities</li> <li>• Increased &amp; complete documentation of activities</li> <li>• Active tracking of interventions</li> </ul>	<p><b><i>minimize</i></b> <b>WEAKNESSES</b></p> <ul style="list-style-type: none"> <li>• Access to appropriate/inconsistent data</li> <li>• Staffing: stretched thin; filling multiple hats</li> <li>• Narrow capacity and focus within the team</li> <li>• Member and provider feedback – need to create</li> </ul>
EXTERNAL <i>not under your control, but can impact your work</i>	<p><b><i>pursue</i></b> <b>OPPORTUNITIES</b></p> <ul style="list-style-type: none"> <li>• Community Outreach</li> <li>• Access to MAT in rural communities</li> <li>• Possible CEUs for education and training</li> <li>• Partnership with external entities such as providers &amp; affect community/population</li> <li>• Participation of providers to drive PIP</li> <li>• OTP Clinics now in Network - methadone</li> <li>• Suboxone now available without a PA</li> <li>• Member Awareness and Education – collaboration with providers</li> </ul>	<p><b><i>protect from</i></b> <b>THREATS</b></p> <ul style="list-style-type: none"> <li>• Low Provider/member engagement; survey responses</li> <li>• Stigma from members and providers of SUD and MAT</li> <li>• Limitations to number of members that can be treated by any practitioner's federal law which creates a barrier to access</li> <li>• Targeted &amp; focuses conversations with appropriate providers</li> <li>• Limited number of appropriate providers in the state</li> </ul>

4a. Barrier analysis/susceptible subpopulations: Not Met. Conduct a barrier analysis for the justice involved subpopulation.

**Justice Involved Subpopulation SWOT Analysis:**

<b>Strength</b> <ul style="list-style-type: none"><li>• CM completed two video conference w/member prior to release from correctional facilities<ul style="list-style-type: none"><li>○ Complete Health Risk questionnaire</li><li>○ Coordinate PH and BH appointment</li><li>○ Assist with Transportation Needs as required</li></ul></li><li>• Above average appointment adherence (Members Contacted)</li><li>• Coordinate with external facilities (Permanent Supportive Housing)</li><li>• Only MCO with agreement w/Urban League for member referral</li></ul>	<b>Weakness</b> <ul style="list-style-type: none"><li>• Limited Internal Resources</li><li>•</li></ul>
<b>Opportunities</b> <ul style="list-style-type: none"><li>• Better reporting on member release locations</li><li>• Limitation to Medical Record History</li><li>• Need to have the ability to assist in the prioritization of how members are being accessed as high risk to ensure appropriateness of scale.</li><li>• Additional visibility into DOC release process for member being released would allow the MCO to assist in the capturing of Member Demographic Information (when member completes Medicaid Application, they do not always have their physical address information, so DOC address is used.)</li></ul>	<b>Threat</b> <ul style="list-style-type: none"><li>• Staffing limitation at DOC facilities can impact the video conferencing.</li><li>• Overall program concern – members release date modification w/o notification to the MCO's (does not allow MCO's to make the initial contact or complete video conference)</li><li>• Would like to have all these members in a warm hand-off to ensure that MCO's can positively effect engagement rates</li></ul>

DOC LDH Liaison/Coordinator is aware of these issues

# Appendix D: Driver Diagram

Aim	Primary Drivers	Secondary Drivers	Change Concepts	MCO-identified Enhanced Interventions to test Change Concepts
1. Improve the rates for Initiation of and Engagement in Alcohol and Other Drug Abuse or Dependence Treatment to the next highest Quality Compass percentile (or by 10 percentage points)	First-line medical provider knowledge: PCPs: youth, adult, OB/Gyn ED providers	<ul style="list-style-type: none"> <li>- Understanding Stages of Change and motivational interviewing for SUD</li> <li>-SBIRT training: adult, youth</li> <li>-ASAM criteria for level of care/transitions in care training</li> <li>- MAT waiver-training and local SUD treatment resources</li> <li>- Staff and providers may not be aware of the IET timeline specifications</li> </ul>	Implement innovative approaches for training providers in (SBIRT) Adult and Adolescent specific screening, brief intervention, triage and referral to ASAM evaluations in first-line medical settings.	Partnered with ASAM to provide free training for both ASAM Level of Care and MAT for all Providers, throughout the year. We also had a BH webinar where we did a demonstration of the ASAM tool for reference. In addition, we contracted with a private resource to deliver SBIRT training, free of charge, to all providers and Aetna areas aligned to the PIP.
			Waiver training to increase MAT prescribers statewide	
			Implement innovative statewide intervention to increase MAT prescriber knowledge of local evidence-based psychosocial treatment resources and referral procedures to higher levels of care	In October of 2020, the MCO's began meeting to discuss some of the challenges in delivering this type of training to providers. Its not determined if the lack of training is due to the Pandemic demands on Providers or some other reason. 2021's approach will be to align MCO's efforts and partner with other public health resources like LSU.
2. Improve the rates for Follow-Up After Emergency Department Visit for				

Aim	Primary Drivers	Secondary Drivers	Change Concepts	MCO-identified Enhanced Interventions to test Change Concepts
<p>Alcohol and Other Drug Abuse or Dependence to the next highest Quality compass percentile (or by 10 percentage points)</p>	<p>Member Engagement: Youth, adult, all SUD involved SHCN subpopulations eligible for CM:</p>	<p>-Members in Pre-Contemplation Stage of Change Vulnerability of SHCN sub-populations -SDOH impeding service delivery</p>	<p>SHCN Case Management: Implement innovative approaches to conduct motivational interviewing techniques, with increased face-to-face engagement with members (Recovery coaches, Life coaches BH advocates, etc.) – Establishment and Utilization of Peer Support resources to function as recovery coach resources and provide needed interventions for the members. The structure for this already exists within the plan, as there is a Recovery and Resiliency Administrator within the System of Care team, whose function is intended to be to supervise and direct member-facing peer support staff, i.e., in this instance, recovery coach staff and related resources.</p>	<p>We designed a program around Recovery Coaches to help with those admitted, for all ages, to help with the follow-up and continuity of care given the diagnosis. Unfortunately, due to COVID and 5 named storms hitting the state of LA we were not able to successfully launch this effort. However, we did send our CM's through SBIRT training to assist with the motivational interviewing techniques to help assess the members for proper ongoing care. The face to face expectation for this assessment was restricted due to the Pandemic. The CM's still did the interviewing but through telephonic outreach.</p>
				<p>SDoH program was launched in September 2020 and was applied to our entire member base with the help of the CM's and MS. We also enlisted online tools like Unite US and Aunt Bertha to help provide resources as will for members as needed.</p> <p>The SDoH campaigns go to all new members as a part of our Welcome process.</p>

# Appendix E: Plan-Do-Study-Act Worksheet

	Pilot Testing	Measurement #1	Measurement #2
<b>Intervention #1:</b>			
<b>Plan:</b> Document the plan for conducting the intervention.	•	•	•
<b>Do:</b> Document implementation of the intervention.	•	•	•
<b>Study:</b> Document what you learned from the study of your work to this point, including impact on secondary drivers.	•	•	•
<b>Act:</b> Document how you will improve the plan for the subsequent phase of your work based on the study and analysis of the intervention.	•	•	•
<b>Intervention #2:</b>			
<b>Plan:</b> Document the plan for conducting the intervention.	•	•	•
<b>Do:</b> Document implementation of the intervention.	•	•	•
<b>Study:</b> Document what you learned from the study of your work to this point, including impact on secondary drivers.	•	•	•
<b>Act:</b> Document how you will improve the plan for the subsequent phase of your work based on the study and analysis of the intervention.	•	•	•