

### **Active Problem Solving Guide Instructions**

Support Team Active Problem Solving Guide can help a team walk through some additional questions about what may be impacting someone's emotional and behavioral presentation. Simple changes that are obvious on the Active Problem Solving Guide such as clear differences across home and school and positive things in one setting can be used in the other CAN be implemented without waiting for a professional to weigh in. If there are many issues that come up using the tool and/or the issues are complex and simple solutions are not obvious, then this may indicate a need for a more formal referral to a professional to assess the presenting issues.

The Active Problem Solving Guide can be used in the following situations:

- Known recent life changes have occurred and might be impacting the person
- Emotional/Behavioral presentation is different across situations
- Emotional/Behavioral presentation has very low level of danger
- In preparation to provide information to a professional for an assessment