

National Imaging Associates, Inc.	
Clinical guidelines PELVIS CTA (Angiography)	Original Date: July 2008
CPT Codes: 72191	Last Revised Date: March 2023 April 2022
Guideline Number: NIA_CG_038	Implementation Date: January 20 24 23

GENERAL INFORMATION

- It is an expectation that all patients receive care/services from a licensed clinician. All appropriate supporting documentation, including recent pertinent office visit notes, laboratory data, and results of any special testing must be provided. If applicable: All prior relevant imaging results and the reason that alternative imaging cannot be performed must be included in the documentation submitted.*
- Where a specific clinical indication is not directly addressed in this guideline, medical necessity determination will be made based on widely accepted standard of care criteria. These criteria are supported by evidence-based or peer-reviewed sources such as medical literature, societal guidelines and state/national recommendations.*

INDICATIONS FOR PELVIS CT Angiography / CT Venography (CTA/CTV)

IMPORTANT NOTE

When vascular imaging of the aorta and both legs, i.e., CTA aortogram and runoff is desired (sometimes incorrectly requested as Abd/Pelvis CTA & Lower Extremity CTA Runoff), **only one authorization request is required, using CPT Code 75635 Abdominal Arteries CTA.** This study provides for imaging of the abdomen, pelvis, and both legs. The CPT code description is CTA aorto-iliofemoral runoff; abdominal aorta and bilateral ilio-femoral lower extremity runoff.

When separate requests for CTA abdomen and CTA Pelvis are encountered for processes involving both the abdomen and pelvis (but do NOT need to include legs/runoff), they need to be resubmitted as a single Abdomen/Pelvis CTA, using CPT Code -74174 ~~{(to avoid unbundling)}~~. Otherwise, the exam should be limited to the appropriate area (i.e., Abdomen OR Pelvis) that includes the area of concern.

~~when both the abdomen and pelvis are involved (or suspected to be), should be ordered as requests need to be resubmitted as Abdomen/Pelvis CTA (CPT Code: 74174)~~

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Evaluation of known or suspected pelvic vascular disease

Abdominal Aortic Aneurysm (AAA) (needs to be resubmitted as CTA Abdomen and Pelvis unless there is a specific finding limited to the pelvis)

Other vascular abnormalities seen on prior imaging studies limited to the pelvis:

- Initial evaluation of inconclusive vascular findings on prior imaging
- Follow-up of known visceral vascular conditions in the pelvis (such as aneurysm, dissection, compression syndromes, arteriovenous malformations (AVMs), fistulas, intramural hematoma, and vasculitis)

~~For assessment in patients with spontaneous coronary artery dissection (SCAD), can be done at time of coronary angiography (also approve CTA abdomen)¹¹~~

Vascular invasion or displacement by tumor (conventional CT or MRI also appropriate)¹

- For known iliac vascular disease, e.g., aneurysm, dissection, arteriovenous malformations (AVMs), and fistulas, intramural hematoma, and vasculitis²⁻⁴ when ultrasound is inconclusive (See background for ultrasound screening intervals). CTA/MRA rather than CT/MRI is needed for non-aortic disease when ultrasound is inconclusive.⁵
- Suspected complications of known aneurysm as evidenced by clinical findings such as new onset of pelvic pain

Vascular ischemia or hemorrhage (also approve CTA Abdomen): ~~(needs to be resubmitted as CTA Abdomen and Pelvis unless there is a specific finding limited to the pelvis)~~

~~To determine the vascular source of retroperitoneal hematoma or hemorrhage when CT is insufficient to determine the source (CT rather than MRA/CTA is the modality of choice for diagnosing hemorrhage)⁷~~

~~For evaluation of known or suspected mesenteric ischemia/ischemic colitis⁸~~

~~Lower gastrointestinal hemorrhage: Active bleeding in a hemodynamically stable patient or non-localized intermittent bleeding as an alternative to Tc-99m RBC scan when colonoscopy did not localize the bleeding, is contraindicated, or unavailable^{15,16}~~

For patients at increased risk for vascular abnormalities (CTA or MRA): ~~(needs to be resubmitted as CTA Abdomen and Pelvis unless there is a specific finding limited to the pelvis)~~

~~For patients with fibromuscular dysplasia (FMD), a one-time vascular study of the abdomen and pelvis⁹~~

~~For patients with vascular Ehlers-Danlos syndrome or Marfan syndrome, a one-time vascular study of the abdomen and pelvis~~

For Loeys-Dietz, imaging at diagnosis and then every two years, more frequently if abnormalities are found (Imaging may include head, neck, chest, abdomen and pelvis)¹⁰

For evaluation of known or suspected vascular disease¹

~~For pelvic extent of known large vessel diseases (abdominal aorta, inferior vena cava, superior/inferior mesenteric, celiac, splenic, renal or iliac arteries/veins), e.g., aneurysm, dissection, arteriovenous malformations (AVMs), fistulas, intramural hematoma, and vasculitis~~
~~Evidence of vascular abnormality seen on prior imaging studies~~

~~For suspected pelvic extent of aortic dissection~~

~~Evaluation of known or suspected aneurysms limited to the pelvis or in evaluating pelvic extent of aortic aneurysm²⁻⁴~~

~~Known or suspected iliac artery aneurysm AND equivocal or indeterminate Doppler ultrasound results~~

~~If repeat Doppler ultrasound is indeterminate~~

~~Suspected complications of known aneurysm as evidenced by clinical findings such as new onset of pelvic pain~~

~~Follow-up of iliac artery aneurysm:~~

~~Every three years for diameter 2.0–2.9 cm~~

~~Annually for 3.0–3.4 cm if Doppler ultrasound is inconclusive~~

~~If > 3.5 cm, < six-month follow-up (and consider intervention)⁴~~

~~Suspected retroperitoneal hematoma or hemorrhage: to determine vascular source of hemorrhage, in setting of trauma, tumor invasion, fistula or vasculitis, otherwise CT/MR abdomen and pelvis (rather than CTA/MRA) may be sufficient and the modality of choice for diagnosing hemorrhage⁵~~

Venous

- For evaluation of suspected pelvic vascular disease or pelvic congestive syndrome when findings on ultrasound are indeterminate (MR or CT venography (CTV) may be used as the initial study for pelvic thrombosis or thrombophlebitis)^{6, 7}
- For unexplained lower extremity edema (typically ~~unilateral~~ unilateral or asymmetric) with negative or inconclusive ultrasound⁸
- For evaluation of venous thrombosis in the inferior vena cava⁹
- Venous thrombosis if previous studies have not resulted in a clear diagnosis¹⁰
- Vascular invasion or displacement by tumor (Conventional CT or MRI also appropriate)¹¹

—For suspected May-Thurner Syndrome (iliac vein compression syndrome) (can include abdomen CTA)^{12, 13}

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~~For evaluation of suspected mesenteric ischemia/ischemic colitis (can approve CTA/MRA abdomen and pelvis)¹²~~

Other vascular indications

- ~~For suspected May-Thurner Syndrome (iliac vein compression syndrome) (can include abdomen CTA)^{13,14}~~
- ~~Lower gastrointestinal hemorrhage: Active bleeding in a hemodynamically stable patient or non-localized intermittent bleeding as an alternative to Tc-99m RBC scan when colonoscopy did not localize the bleeding, is contraindicated, or unavailable^{15,16}~~
- ~~For evaluation of erectile dysfunction when a vascular cause is suspected and~~
 - Doppler ultrasound is inconclusive¹⁴

~~For patients with fibromuscular dysplasia (FMD), a one-time vascular study of the abdomen and pelvis¹⁸ so should be Abdomen/Pelvis CTA (CPT 74174)~~

Other Indications

Further evaluation of indeterminate findings on prior imaging (unless follow up is otherwise specified within the guideline):

- For initial evaluation of an inconclusive finding on a prior imaging report that requires further clarification
- One follow-up exam of a prior indeterminate MR/CT finding to ensure no suspicious interval change has occurred. (No further surveillance unless specified as highly suspicious or change was found on last follow-up exam)

~~For patients with vascular Ehlers-Danlos syndrome or Marfan syndrome recommend a one-time vascular study of the abdomen and pelvis so should be Abdomen/Pelvis CTA (CPT 74174)~~

~~For Loeys-Dietz vascular imaging every two years (include abdomen CTA)¹⁹~~

~~For spontaneous coronary artery dissection (SCAT) at time of coronary arteriography (includes CTA abdomen)²⁰ so should be Abdomen/Pelvis CTA (CPT 74174)~~

Pre-operative evaluation^{15, 16}

- Evaluation of interventional vascular procedures prior to endovascular aneurysm repair (EVAR), or for luminal patency versus restenosis due to conditions such as atherosclerosis, thromboembolism, and intimal hyperplasia
- Imaging of the deep inferior epigastric arteries for surgical planning (breast reconstruction surgery), if include abdomen CTA is also needed, resubmit as abdomen and pelvis CTA/MRA¹⁶ ~~Imaging of the deep inferior epigastric arteries for surgical planning (breast reconstruction surgery) include abdomen CTA/MRA¹⁶~~
- Prior to uterine artery embolization for fibroids (MRA preferred)¹⁷
- Prior to solid organ transplantation when vascular anatomy is needed

Post-operative or post-procedural evaluation

- Evaluation of post-operative complications of renal transplant allograft¹⁸

- Evaluation of endovascular/interventional vascular procedures for luminal patency versus restenosis due to conditions such as atherosclerosis, thromboembolism, and intimal hyperplasia
- Evaluation of post-operative complications, e.g., pseudoaneurysms related to surgical bypass grafts, vascular stents, and stent-grafts in the pelvis
- Follow-up for post-endovascular repair (EVAR) or open repair of abdominal aortic aneurysm (AAA)⁵ or abdominal extent of iliac artery aneurysms (CTaneurysms. CT preferred unless MRA/CTA is needed for procedural planning or to evaluate complex anatomy. (Needs to be resubmitted as CTA Abdomen and Pelvis unless there is a specific finding limited to the pelvis)

Abdomen CTA may also be approved)

Routine, baseline study (post op/intervention) is warranted within the first month after EVAR: Repeat in 6 months if type II endoleak is seen (continue every 6 months x 24 months, then annually)

Repeat in 12 months if no endoleak or sac enlargement is seen

If neither endoleak nor AAA enlargement is seen on imaging one year after EVAR, CT is needed only if US is not feasible for annual surveillance (until year 5 as below)

Non-contrast CT of entire aorta (Abdomen and Pelvis) is needed every 5 years after open repair of AAA or EVAR

If symptomatic or imaging shows increasing or new findings related to stent graft — more frequent imaging may be needed

For suspected complication such as: new-onset lower extremity claudication, ischemia, or reduction in ABI after aneurysm repair,

Follow up for post endovascular repair (EVAR) or open repair of abdominal aortic aneurysm (AAA) and iliac artery aneurysms typically needs to include abdominal imaging, therefore Abdomen Pelvis CTA would usually be the appropriate study

When Pelvis CTA is requested in combination with Chest CTA, the Pelvis CTA needs to be resubmitted as an Abdomen/Pelvis CTA (see Abdomen/Pelvis CTA Guidelines for approvable combo indications)and Abdomen CTA or Abdomen/Pelvis CTA combo

For evaluation of extensive vascular disease involving the chest and abdominal cavities

For preoperative or preprocedural evaluation, such as TAVR (transcatheter aortic valve replacement) or transcatheter venous ablation^{24,25}

Acute aortic dissection²⁶

Takayasu's arteritis²⁷

Marfan syndrome

Loeys-Dietz syndrome

Spontaneous coronary artery dissection (SCAD)

Vascular Ehlers-Danlos syndrome

Post-operative complications^{28,29}

Significant post-traumatic or post-procedural vascular complications

IMPORTANT NOTE: ~~When encountering requests for Abd/Pelvis CTA & Lower Extremity CTA (Runoff) requests, these should be Abdominal Arteries CTA. Only one authorization request is required, using CPT Code 75635. This study provides for imaging of the abdomen, pelvis, and both legs and is the noninvasive equivalent to an “aortogram and run-off”.~~

BACKGROUND

Computed tomographic angiography (CTA) is used in the evaluation of many conditions affecting the veins and arteries of the pelvis or lower extremities. It is not appropriate as a screening tool for asymptomatic patients without a previous diagnosis.

OVERVIEW

CT/MRI and acute hemorrhage: MRI is not indicated. ~~and MRA/MRV (MR Angiography/Venography)~~ is rarely indicated for evaluation of intraperitoneal or retroperitoneal hemorrhage, particularly in the acute setting.

CT is the study of choice due to its availability, speed of the study and less susceptibility to artifact from patient motion. Advances in technology have allowed conventional CT to not just detect hematomas but to also identify the source of acute vascular extravasation. In special cases, finer vascular detail to assess the specific source vessel responsible for hemorrhage may require the use of CTA. CTA in diagnosis of lower gastrointestinal bleeding is such an example.¹⁹

MRA/MRV ~~is can be often~~ utilized in non-acute situations to assess vascular structure involved in atherosclerotic disease and its complications, such as vasculitis, venous thrombosis, vascular congestion, or tumor invasion. Although some of these conditions may be associated with hemorrhage, bleeding it is usually not the primary reason why MRI/MRA/MRV is selected for the evaluation. A special condition where MRI may be superior to CT for evaluating hemorrhage is to detect an underlying neoplasm as the cause of bleeding.²⁰

Follow-up of asymptomatic, incidentally detected iliac artery aneurysms: The definition of an iliac artery aneurysm (IAA) is dilatation to more than 1.5 times its normal diameter; in general, a common iliac artery ≥ 18 mm in men and ≥ 15 mm in women; an internal iliac artery (IIA) > 8 mm is considered aneurysmal. ~~Four types of isolated iliac aneurysms are classified by Reber. Suggested surveillance is extrapolated from AAA surveillance and can be done by Doppler ultrasound or CTA if hard to visualize by ultrasound.~~^{4,31}

Iliac aneurysm ultrasound screening intervals:

- Aneurysm size 2.0 —2.9 cm, every 3 years
- Aneurysm size 3.0-3.4 cm, annually
- Aneurysm size > 3.5 cm, every 6 months⁵

POLICY HISTORY

Date	Summary
<u>2023</u>	
<u>April 2022</u>	Removed follow up intervals for EVAR and AAA since Abdomen Pelvis CTA is usually appropriate study
<u>April 2021</u>	No substantial changes
<u>May 2020</u>	Added important note for runoff requests and authorizations Added note that abdominal CTA can be added when indicated Removed iliac artery aneurysm size restriction of >2.5cm in diameter and changed to 'if repeat Doppler US is indeterminate For retroperitoneal hematoma or hemorrhage, specified 'when an underlying neoplasm is suspected and prior imaging is inconclusive' Added pelvic congestive syndrome; suspected May Thurner Syndrome; erectile dysfunction when vascular cause is suspected and Doppler US inconclusive; post-operative complications of renal transplant allograft Modified combo study from 'Chest CTA/Pelvis CTA' to 'Chest CTA and Abdomen CTA or Abdomen/Pelvis CTA combo' Updated background information and references
<u>June 2019</u>	Added evaluation of FMD, Vascular Ehlers-Danlos syndrome, Loetz-Dietz and SCAD Added uterine artery embolization Added combo studies

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ADDITIONAL RESOURCES

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POLICY HISTORY

<u>Date</u>	<u>Summary</u>
<u>March 2023</u>	<ul style="list-style-type: none"> • <u>Redirected vascular requests for abdomen alone or pelvis imaging alone to resubmit as abdomen and pelvis CTA required unless condition limited to pelvis</u> • <u>Other vascular abnormalities: clarified indication for non-aortic vascular conditions</u> • <u>Transplant: added section</u> • <u>General Information moved to beginning of guideline with added statement on clinical indications not addressed in this guideline</u> • <u>Added statement regarding further evaluation of indeterminate findings on prior imaging</u> • <u>Aligned sections across body imaging guidelines</u>
<u>April 2022</u>	<ul style="list-style-type: none"> • <u>Removed follow-up intervals for EVAR and AAA since Abdomen Pelvis CTA is usually appropriate study</u>
<u>April 2021</u>	— No substantial changes
<u>May 2020</u>	— Added important note for runoff requests and authorizations — Added note that abdominal CTA can be added when indicated — Removed iliac artery aneurysm size restriction of >2.5cm in diameter and changed to ‘if repeat Doppler US is indeterminate — For retroperitoneal hematoma or hemorrhage, specified ‘when an underlying neoplasm is suspected and prior imaging is inconclusive’ — Added pelvic congestive syndrome; suspected May Thurner Syndrome; erectile dysfunction when vascular cause is suspected and Doppler US inconclusive; post-operative complications of renal transplant allograft — Modified combo study from ‘Chest CTA/Pelvis CTA’ to ‘Chest CTA and Abdomen CTA or Abdomen/Pelvis CTA combo’ — Updated background information and references
<u>June 2019</u>	— Added evaluation of FMD, Vascular Ehlers-Danlos syndrome, Loetz-Dietz and SCAD — Added uterine artery embolization — Added combo studies

~~Reviewed / Approved by NIA Clinical Guideline Committee~~

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