

cystNational Imaging Associates, Inc.	
Clinical guidelines CHEST (THORAX) MRI	Original Date: September 1997
CPT Codes: 71550, 71551, 71552	Last Revised Date: April 2023March 2022
Guideline Number: NIA_CG_021	Implementation Date: January 202423

GENERAL INFORMATION

- *It is an expectation that all patients receive care/services from a licensed clinician. All appropriate supporting documentation, including recent pertinent office visit notes, laboratory data, and results of any special testing must be provided. If applicable: All prior relevant imaging results and the reason that alternative imaging cannot be performed must be included in the documentation submitted.*
- *Where a specific clinical indication is not directly addressed in this guideline, medical necessity determination will be made based on widely accepted standard of care criteria. These criteria are supported by evidence-based or peer-reviewed sources such as medical literature, societal guidelines and state/national recommendations.*

INDICATIONS FOR CHEST MRI

The combination of superior soft tissue contrast and lack of ionizing radiation may make Chest Magnetic Resonance Imaging (MRI) preferable for the pediatric population, during pregnancy and also when frequent serial imaging is needed. ~~or evaluation of the non-lung parenchyma.~~ This must be weighed against a longer acquisition time, and ~~greater likelihood of artifact from patient motion.~~ artifact as well as the lack of experience in obtaining and interpreting non-vascular chest MR. Recent technological advancements have made non-vascular thoracic MRI increasingly utilized, however **Chest Computed Tomography (CT) is generally better for lung parenchymal evaluation at this time.** Chest Magnetic Resonance Angiography (MRA) is ordered for evaluation of the intrathoracic blood vessels. Chest MRI and Chest MRA should not be approved at the same time.

Chest Mass (non-lung parenchymal)¹⁻⁷

- Mass or lesion, including lymphadenopathy, after non-diagnostic x-ray or ultrasound (Chest CT indicated for pulmonary nodule)
- Thymoma screening in Myasthenia Gravis patients⁸

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- Congenital thoracic malformation on other imaging (chest x-ray, echocardiogram, gastrointestinal study, or inconclusive CT)⁹⁻¹²

Chest Wall (MRI preferred over CT):

- Pain (after initial evaluation with chest x-ray and/or rib films)³²
- History of known or suspected cancer involving the chest wall
- Signs and symptoms of infection with concern for chest wall involvement, such as: fever, elevated inflammatory markers, known infection at other sites
- Suspected chest wall injuries (including musculotendinous, costochondral cartilage, sternoclavicular joint, and manubriosternal joint injuries) when imaging will potentially alter management
- Malformations (such as pectus excavatum, pectus carinatum, scoliosis) in patients with cardiorespiratory symptoms for whom treatment is being considered
- Mass or lesion after inconclusive initial imaging (MRI preferred over chest CT for chest wall mass)
- ~~Chest Wall Pain (after initial evaluation with chest x-ray and/or rib series radiographs)~~
- ~~History of known or suspected cancer~~
- ~~Signs and symptoms of infection (non-lung parenchymal), such as:~~
 - ~~Accompanying fever~~
 - ~~Elevated inflammatory markers~~
 - ~~Known infection at other sites~~
- ~~Suspected muscle or tendon tear where imaging would change treatment~~

Brachial Plexopathy^{13, 14}

- If mechanism of injury or Electromyography/Nerve Conduction Velocity (EMG/NCV) studies are suggestive
- Chest MRI is preferred study, but neck and/or shoulder (upper extremity) MRI can be ordered depending on the suspected location of injury

Cystic Fibrosis¹⁵

- Can be an alternative to Chest CT to evaluate perfusion abnormalities, bronchiectasis, and mucus plugging if needed for treatment planning

Vascular Diseases are better evaluated with Chest CTA or MRA¹⁶

- Superior vena cava (SVC) syndrome¹⁷
- Subclavian Steal Syndrome after positive or inconclusive ultrasound^{18, 19}
- Thoracic Outlet Syndrome^{16, 20, 21}

- Takayasu's arteritis²²
- Acute or chronic aortic dissection^{23, 24}
- Pulmonary hypertension - To evaluate for cause after echocardiogram or right heart catheterization^{25, 26}

Congenital Malformations

- Congenital heart disease with pulmonary hypertension²⁷
- Pulmonary sequestration²⁸

Atrial fibrillation with ablation planned²⁹

Preoperative/procedural evaluation

- Pre-operative evaluation for a planned surgery or procedure

Post-operative/procedural evaluation

- Post-surgical follow-up when records document medical reason requiring additional imaging

Other Indications

Further evaluation of indeterminate findings on prior imaging (unless follow up is otherwise specified within the guideline):

- For initial evaluation of an inconclusive finding on a prior imaging report that requires further clarification
- One follow-up exam of a prior indeterminate MR/CT finding to ensure no suspicious interval change has occurred. (No further surveillance unless specified as highly suspicious or change was found on last follow-up exam.)

BACKGROUND

Magnetic Resonance Imaging (MRI) is a noninvasive imaging technique for detection and evaluation of various disease and conditions in the chest, e.g., congenital anomalies and aneurysms. MRI may be used instead of computed tomography (CT) in patients with allergies to radiographic contrast or with impaired renal function. [Also, to decrease radiation exposure, Chest MRI may be used rather than CT when repeated imaging is expected \(i.e., surveillance\).](#)

OVERVIEW

MRI for Non-Parenchymal Masses³⁰

CT and MRI are similar in usefulness when imaging the chest wall and pleura. The main advantages of MRI are lack of radiation, superior contrast resolution for delineation of anatomy, evaluation of local invasion, greater ability to image in “unconventional planes” and real time imaging capabilities. CT is still the gold standard for evaluation parenchymal disease; however, MR is also now being considered in the assessment of endometriosis, lung nodules and lung cancer staging. The lack of standardized protocols and experience in interpretation still limits the usefulness of non-vascular chest MRI.

Due to the capability of MR to distinguish certain fat and fluid characteristics, MR can be superior to CT for evaluating mediastinal masses. The presence of microscopic fat allows MR to distinguish thymic hyperplasia from mass. Similarly, because of macroscopic fat, MR is useful in evaluating dermoid cysts teratomas, thymolipomas, lipomas and liposarcomas. MRI can also differentiate simple from complex cystic lesions better than CT, and is thus useful for evaluating cystic mediastinal masses, such as thymic, foregut duplication or pericardial cysts and lymphatic malformations.

Finally, MRI can help differentiate types of neurogenic tumors (schwannomas, neurofibromas and ganglioneuromas) that may have similar CT features, to evaluate of intraspinal and neural extension of the tumor, as well as to assess adherence or invasion of a mediastinal mass to adjacent structures.

MRI and Myasthenia Gravis – Myasthenia Gravis is a chronic autoimmune disease characterized by weakness of the skeletal muscles causing fatigue and exhaustion that is aggravated by activity and relieved by rest. It most often affects the ocular and other cranial muscles and is thought to be caused by the presence of circulating antibodies. Symptoms include ptosis, diplopia, chewing difficulties, and dysphagia. Thymoma has a known association with myasthenia. Contrast-enhanced MRI may be used to identify the presence of a mediastinal mass suggestive of myasthenia gravis in patients with renal failure or allergy to contrast material.

MRI and Thoracic Outlet Syndrome – Thoracic outlet syndrome is a group of disorders involving compression at the superior thoracic outlet that affects the brachial plexus, the subclavian artery, and veins. It refers to neurovascular complaints due to compression of the brachial plexus or the subclavian vessels. Magnetic resonance multi-plane imaging shows bilateral images of the thorax and brachial plexus and can demonstrate the compression of the brachial plexus and venous obstruction.

MRI and Brachial Plexus - MRI is the only diagnostic tool that accurately provides high resolution imaging of the brachial plexus. The brachial plexus is formed by the cervical ventral rami of the lower cervical and upper thoracic nerves which arise from the cervical spinal cord, exit the bony confines of the cervical spine, and traverse along the soft tissues of the neck, upper chest, and course into the arms.

POLICY HISTORY

Date	Summary
<u>2023</u>	— Updates on mass imaging and chest wall imaging
March 2022	• Updated references
April 2021	<ul style="list-style-type: none"> • Added details on brachial plexopathy imaging • Expanded introduction section • Added Cystic Fibrosis imaging (alternative to CT) • Clarified pre-operative evaluation for a planned surgery or procedure
May 2020	<ul style="list-style-type: none"> • Added Chest Wall Pain section: <ul style="list-style-type: none"> ○ Chest Wall Pain (after initial evaluation with chest x-ray and/or rib series radiographs) <ul style="list-style-type: none"> • History of known or suspected cancer • Signs and symptoms of infection (non-lung parenchymal), such as: <ul style="list-style-type: none"> ○ Accompanying fever ○ Elevated inflammatory markers ○ Known infection at other sites • Suspected muscle or tendon tear where imaging would change treatment • Thoracic Aortic Disease: removed section and added note: Chest CTA or MRA is preferred for vascular pathology • Thoracic Outlet Syndrome: removed section and added note: Chest CTA or MRA is preferred for vascular pathology • Brachial Plexopathy: added note: Chest MRI is preferred study vs. neck or shoulder MRI
May 2019	<ul style="list-style-type: none"> • Expanded indications including: vascular and congenital anomalies • Updated thoracic aortic section and reformatted to match other guidelines.

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ADDITIONAL RESOURCES

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Reviewed / Approved by NIA Clinical Guideline Committee

POLICY HISTORY

<u>Date</u>	<u>Summary</u>
<u>April 2023</u>	<ul style="list-style-type: none">• <u>Updates on mass imaging and chest wall imaging</u>• <u>General Information moved to beginning of guideline with added statement on clinical indications not addressed in this guideline</u>• <u>Added statement regarding further evaluation of indeterminate findings on prior imaging</u>
<u>March 2022</u>	<ul style="list-style-type: none">• <u>Updated references</u>

Reviewed / Approved by NIA Clinical Guideline Committee

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GENERAL INFORMATION-

It is an expectation that all patients receive care/services from a licensed clinician. All appropriate supporting documentation, including recent pertinent office visit notes, laboratory data, and results of any special testing must be provided. If applicable: All prior relevant imaging results and the reason that alternative imaging cannot be performed must be included in the documentation submitted.

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