AmeriHealth Caritas Louisiana

National Imaging Associates, Inc.	
Clinical guidelines: ~~ABDOMINAL ARTERIES CTA (Angiography)~~CTA Aortogram with Runoff	**Original Date: July 2008**
CPT Codes: 75635	**Last Revised Date: ~~April 2022~~May 2023**
Guideline Number: NIA_CG_035	**Implementation Date: January 202~~3~~4**

GENERAL INFORMATION

- *It is an expectation that all patients receive care/services from a licensed clinician. All appropriate supporting documentation, including recent pertinent office visit notes, laboratory data, and results of any special testing must be provided. If applicable: All prior relevant imaging results and the reason that alternative imaging cannot be performed must be included in the documentation submitted.*
- ***Where a specific clinical indication is not directly addressed in this guideline, medical necessity determination will be made based on widely accepted standard of care criteria. These criteria are supported by evidence-based or peer-reviewed sources such as medical literature, societal guidelines and state/national recommendations.***

IMPORTANT NOTE

When vascular imaging of the aorta and both legs, i.e., CTA aortogram and runoff is desired (sometimes incorrectly requested as Abd/Pelvis CTA & Lower Extremity CTA Runoff), only one authorization request is required, using CPT Code 75635 Abdominal Arteries CTA ~~with run-off.~~. This study provides for imaging of the abdomen, pelvis, and both legs ~~and is the noninvasive equivalent~~. The CPT code description is CTA aorto-iliofemoral runoff; abdominal aorta and bilateral ilio-femoral lower extremity runoff.

When separate requests for CTA abdomen and CTA Pelvis are encountered for processes involving both the abdomen and pelvis (but do NOT need to ~~an "aortogram and run-off".~~ include legs/runoff), they need to be resubmitted as a single Abdomen/Pelvis CTA (to avoid unbundling). Otherwise, the exam should be limited to the appropriate area (i.e., Abdomen OR Pelvis) that includes the area of concern.

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INDICATIONS FOR ABDOMINAL ARTERIES CTA ~~with run-off~~

(For evaluation of a vascular abnormality in the abdominal aorta and lower extremities)

For evaluation of known or suspected abdominal, pelvic, or peripheral vascular disease[1-4]

- For known or suspected peripheral arterial disease (such as claudication, or clinical concern for vascular causes of ulcers) when non-invasive studies (pulse volume recording, ankle-brachial index, toe brachial index, segmental pressures, or doppler ultrasound) are abnormal or equivocal
- For critical limb ischemia with **ANY** of the below clinical signs of peripheral artery disease. Ultrasound imaging is **not** needed. If done and negative, it should still be approved due to a high false negative rate[5, 6]
    - Ischemic rest pain
    - Tissue loss
    - Gangrene

Pre-operative evaluation

- Evaluation of interventional vascular procedures for luminal patency versus restenosis due to conditions such as atherosclerosis, thromboembolism, and intimal hyperplasia

Post-operative or post-procedural evaluation

- Evaluation of post-operative complications, e.g., pseudoaneurysms related to surgical bypass grafts, vascular stents, and stent-grafts
- Follow-up study may be needed to help evaluate a patient's progress after treatment, procedure, intervention, or surgery. Documentation requires a medical reason that clearly indicates why additional imaging is needed for the type and area(s) requested.
- After stenting or surgery with signs of recurrent symptoms **OR** abnormal ankle/brachial index; abnormal or indeterminate arterial doppler; **OR** pulse volume recording[7]

Other Indications

Further evaluation of indeterminate findings on prior imaging (unless follow up is otherwise specified within the guideline):

- **For initial evaluation of an inconclusive finding on a prior imaging report that requires further clarification**
- **One follow-up exam of a prior indeterminate MR/CT finding to ensure no suspicious interval change has occurred. (No further surveillance unless specified as highly suspicious or change was found on last follow-up exam)**

Chest CTA and Abdominal Arteries CTA Combos

To evaluate for an embolic source of lower extremity vascular disease. Echocardiography is also often needed, since the heart is the most commonly reported source of lower extremity emboli, accounting for 55 to 87 percent of events.

BACKGROUND

High resolution computed tomography angiography (CTA) provides a cost-effective and accurate imaging assessment in the diagnosis and follow-up of patients with aortic dissections or peripheral arterial disease (PAD).

OVERVIEW

Suspected Peripheral Arterial Disease – CTA (or MRA) is an excellent tool to diagnose lower extremity peripheral arterial disease (PAD). Benefits include the fast-scanning time and accurate detection of occlusions and stenosis. According to the Society for Vascular Surgery guidelines, "Measurement of the ankle-brachial index (ABI) is the primary method for establishing the diagnosis of PAD. An ABI of ≤0.90 has been demonstrated to have high sensitivity and specificity for the identification of PAD compared with the gold standard of invasive arteriography."[2] The presence of a normal ABI at rest and following exercise almost excludes atherosclerotic disease as a cause for leg claudication.[1, 8]

When an ABI is >1.40 (suggesting noncompressible calcified vessels) and clinical suspicion is high, other tests such as toe-brachial index <8, a resting toe pressure <40 mm Hg, a systolic peak posterior tibial artery flow velocity < 10cm/s may be used. "In symptomatic patients in whom revascularization treatment is being considered, we recommend anatomic imaging studies, such as arterial duplex ultrasound, CTA, MRA, and contrast arteriography."[2] This later statement is accompanied by a "B" (moderate) rating for the accompanying evidence ("A" = high, "C" = low) "In patients with limited renal function or planned surgical intervention, noninvasive imaging tests (particularly MRA and CTA) may obviate the need for diagnostic catheter angiography to visualize the location and severity of peripheral vascular disease."[1]

Follow-up imaging post vascular surgery procedures have not been well researched without clear surveillance protocols in place. Clinical exam, ABI and EUS within the first month of endovascular therapy are generally recommended to assess for residual stenosis, and again at 6 and 12 months, then annually. More sophisticated imaging with CTA, MRA, or invasive catheter angiography is reserved for complex cases.[9]

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POLICY HISTORY

Date	Summary
May 2023	• General Information moved to beginning of guideline with added statement on clinical indications not addressed in this guideline • Added statement regarding further evaluation of indeterminate findings on prior imaging • Guideline name change
April 2022	No substantive changes
~~April 2021~~	~~No substantive changes~~
~~May 2020~~	~~• Improved by making more similar to LE CTA guidelines~~ ~~• Added info regarding critical limb ischemia and clinical concern for vascular cause of ulcers after prior abnormal testing~~
~~May 2019~~	~~• Added indication for evaluation of an organ or abnormality seen on previous imaging~~ ~~• Removed indication for ischemia related to presence of ulcer, gangrene, or claudication~~ ~~• Added/modified Background information and updated references~~

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ADDITIONAL RESOURCES

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Reviewed / Approved by NIA Clinical Guideline Committee

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