

# Clinical Policy: Orthognathic Surgery

Reference Number: LA.CP.MP.202 Date of Last Revision: 11/2309/24 Coding Implications
Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

#### **Description**

This policy describes the medical necessity requirements for orthognathic surgery to improve form and function through correction of an underlying skeletal deformity.<sup>1</sup>

#### Policy/Criteria

- I. It is the policy of Louisiana Healthcare Connections that orthogonathic surgery is **medically necessary** when all of the following are met:
  - A. When any of the following skeletal deformities (associated with masticatory malocclusion) are present:
    - 1. Anteroposterior discrepancy, one of the following:
      - a. Maxillary/mandibular incisor relationship: overjet of greater than 5 mm, or a zero to negative value (norm = 2 mm);
      - b. Maxillary/mandibular anteroposterior molar relationship discrepancy of <u>4 mm or</u> greater than 4 mm (norm = 0 to 1 mm);
    - 2. Vertical discrepancy, one of the following:
      - a. Presence of a vertical facial skeletal deformity which is two or more standard deviations from published norms for accepted skeletal landmarks;
      - b. Open bite with no vertical overlap of anterior teeth or unilateral or bilateral posterior open bite greater than 2 mm;
      - c. Deep overbite with impingement of palatal soft tissue or irritation of buccal or lingual soft tissues of the opposing arch;
      - d. Supraeruption of a dentoalveolar segment resulting from lack of occlusion when dentition in segment is intact;
    - 3. Transverse discrepancy, one of the following:
      - a. Presence of a transverse skeletal discrepancy which is two or more standard deviations from published norms;
      - b. Total bilateral <u>maxillary</u> palatal cusp to mandibular fossa discrepancy of 4 mm or greater, or a unilateral discrepancy of 3 mm or greater, given normal axial inclination of the posterior teeth;
    - 4. Anteroposterior, transverse or lateral asymmetries greater than 3 mm, with concomitant occlusal asymmetry.
  - B. Presence of any of the following functional impairments:
    - 1. Persistent difficulties with mastication and swallowing after causes such as neurological or metabolic diseases have been excluded;
    - 2. Malnutrition, significant weight loss, or failure-to-thrive secondary to facial skeletal deformity;
    - 3. Speech dysfunction directly related to a jaw deformity as determined by a speech and language pathologist;
    - 4. Myofascial pain secondary to facial skeletal deformity that has persisted for at least six months, despite conservative treatment such as physical therapy and splints;



- 5. Airway obstruction, such as obstructive sleep apnea, documented by polysomnogram, when both of the following criteria are met:
  - a. Criteria for positive airway pressure (PAP) met and individual has proved intolerant to or failed a trial of PAP;
  - b. Individual has failed prior less invasive surgical procedures OR has craniofacial skeletal abnormalities that are associated with a narrowed posterior airway space and tongue-base obstruction.
- II. It is the policy of Louisiana Healthcare Connections that orthogoathic surgery is **not** medically necessary when any of the following are present:
  - A. When the sole purpose is to improve appearance, regardless of whether it is associated with psychological disorders, because it is considered cosmetic in nature;
  - B. When the member/enrollee is still developing and the deformity could be corrected with less intrusive treatment (e.g., expander or head gear).

#### **Background**

Orthognathic surgery is the surgical correction of abnormalities of the mandible, maxilla, or both. The underlying abnormality may be present at birth or may become evident as the patient grows and develops or may be the result of traumatic injuries or systemic diseases. Often, the severity of these deformities precludes adequate treatment through dental treatment alone. Such skeletal abnormalities may cause difficulties with eating or chewing, abnormal speech patterns, or dysfunction of the temporomandibular joint (TMJ). The overall goal of treatment is to improve function through correction of the underlying skeletal deformity. <sup>1</sup>

Abnormalities generally occur as a result of a differential in growth between the upper facial skeleton and the lower facial skeleton, resulting in a discrepancy of the normal relationship that exists between the upper jaw (maxilla) and lower jaw (mandible). Genetic predisposition and environmental factors can influence the normal growth of the facial skeleton. Genetic causes can include cleft palate and other syndromes, such as Apert and Crouzon. Traumatic events can displace the normal structural elements or may disturb future normal growth. Other etiologies that can result in significant dentofacial anomalies include neoplasms, surgical resection and iatrogenic radiation. Developmental anomalies, however, are the most common condition. All of these deformities may result in diminished bite forces, restricted mandibular excursions, abnormal chewing patterns, speech deficits, malocclusions and/or abnormal facial appearance. There is a relationship between facial skeletal abnormalities and malocclusions, including Class II (disto-occlusion), Class III (mesio-occlusion) and open-bite (teeth do not meet) deformities.

The American Association of Oral and Maxillofacial Surgeons (AAOMS) classification of occlusion/malocclusion<sup>1</sup>

Class I: Exists with the teeth in a normal relationship when the mesial-buccal cusp of the maxillary first permanent molar coincides with the buccal groove of the mandibular first molar. Class II: Malocclusion occurring when the mandibular teeth are behind the normal relationship with the maxillary teeth. This can be due to a deficiency of the lower jaw (*Type 1*) or an excess of the upper jaw (*Type 2*).

Class III: Commonly referred to as an under bite, Class III malocclusion occurs when the lower dental arch is in front of (mesial to) the upper dental arch. People with this type of occlusion



usually have a strong or protrusive chin, which can be due to either horizontal mandibular excess or horizontal maxillary deficiency.

#### Surgical Procedures

In orthognathic surgery, an osteotomy is made in the affected jaw, and the bones are repositioned in a more normal alignment. The bones are held in position with plates, screws and/or wires. Intermaxillary fixation, a procedure in which arch bars are placed on both jaws, may also be needed to provide added stability. Simultaneous osteotomies may be performed when deformities must be corrected in both jaws. Grafts from the ribs, hip or skull may be performed for patients with deficient bone tissue; alloplastic bone replacement may also be required. Orthognathic surgery, which was initially introduced in the 19<sup>th</sup> century, is generally performed under general anesthesia on an inpatient basis. <sup>73</sup> The gold standard for treatment of malocclusion is orthodontic management followed by surgery; however, over the last few decades, support has been increasing for a surgery first approach. <sup>84</sup> Although sometimes performed for cosmetic purposes, orthognathic surgery is generally considered to be medically necessary when performed to treat a significant abnormality (e.g., mandible forward to cranial base, increase mandibular length, short ramal length or obtuse gonial angle) that is causing considerable functional impairment. <sup>7,92,3</sup>

### **Coding Implications**

This clinical policy references Current Procedural Terminology (CPT®). CPT® is a registered trademark of the American Medical Association. All CPT codes and descriptions are copyrighted 20222023, American Medical Association. All rights reserved. CPT codes and CPT descriptions are from the current manuals and those included herein are not intended to be all-inclusive and are included for informational purposes only. Codes referenced in this clinical policyThe following codes are for informational purposes only and may not support medical necessity. They are current at time of review of this policy. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

NOTE: Coverage is subject to each requested code's inclusion on the corresponding LDH fee schedule. Non-covered codes are denoted (\*) and are reviewed for Medical Necessity for members under 21 years of age on a per case basis.

CPT®*	Description
Codes	
21110	Application of interdental fixation device for conditions other than fracture or
	dislocation, includes removal
21120	Genioplasty; augmentation (autograft, allograft, prosthetic material)
21121	Genioplasty; sliding osteotomy, single piece
21122	Genioplasty; sliding osteotomies, 2 or more osteotomies (eg, wedge excision or bone
	wedge reversal for asymmetrical chin)
21123	Genioplasty; sliding, augmentation with interpositional bone grafts (includes
	obtaining autografts)
21125	Augmentation, mandibular body or angle; prosthetic material



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CPT®*	Description
Codes	
21209	Osteoplasty, facial bones; reduction
21210	Graft, bone; nasal, maxillary or malar areas (include obtaining graft)
21215	Graft, bone; mandible (includes obtaining graft)
21244	Reconstruction of mandible, extraoral, with transosteal bone plate (e.g., mandibular
	staple bone plate)
21245	Reconstruction of mandible or maxilla, superiosteal subperiosteal implant; partial
21246	Reconstruction of mandible or maxilla, superiosteal subperiosteal implant; complete
21247	Reconstruction of mandibular condyle with bone and cartilage autografts (includes
	obtaining grafts) ( <u>e.g.,eg.</u> for hemifacial microsomia)
21248	Reconstruction of mandible or maxilla, endosteal implant (eg, blade, cylinder);
	partial
21249	Reconstruction of mandible or maxilla, endosteal implant (eg, blade, cylinder);
	complete

Reviews, Revisions, and Approvals		Approval Date
Rebranded Corporate policy to LHCC	<b>Date</b> 2/22	4/10/22
Reformatted criteria II. and added II.B. as additional non-medically		2/28/23
necessary indication. Additional minor rewording with no clinical		2/20/23
significance. Background updated. CDT codes removed from policy.		
References revised and updated. Reviewed by external and internal		
specialists.		
Annual review. Added CPT codes 21248 and 21249. References reviewed		1/23/24
and updated.		
Annual review. Updated Criteria I.A.1.b. from greater than 4 mm to 4 mm		
or greater. Updated Criteria I.A.2.c. to include irritation of buccal or		
lingual soft tissues of the opposing arch. Added clarifying language to		
Criteria I.A.3.b. References reviewed and updated. Added note regarding		
non-covered codes. Reviewed by internal specialist and external		
specialist.		

#### References

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#### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. LHCC makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved.

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