

# Clinical Policy: Gender-Affirming Procedures

Reference Number: LA.CP.MP.95

Date of Last Revision: 129/222/22

Coding Implications

Revision Log

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

## Description

Services for gender affirmation most often include hormone treatment, counseling, psychotherapy, complete hysterectomy, bilateral mastectomy, chest reconstruction or augmentation as appropriate, genital reconstruction, facial hair removal, and certain facial plastic reconstruction. Not every individual will require each intervention so necessity needs to be considered on an individualized basis. This criteria outlines medical necessity criteria for gender-affirming surgery *when such services are included under the member/enrollee's benefit plan contract provisions*.

## Policy/Criteria

It is the policy of Louisiana Healthcare Connections that the gender-affirming surgeries listed in section III are considered medically necessary for member/enrollee when diagnosed with gender dysphoria per criteria in section I and when meeting the eligibility criteria in section II.

### I. Gender Dysphoria Criteria, meets A and B

A. Marked incongruence between the member/enrollee's experienced/expressed gender and assigned gender, of at least 6 month's duration, as *indicated by two or more* of the following:

1. Marked incongruence between the member/enrollee's experienced/expressed gender and primary and/or secondary sex characteristics;
2. A strong desire to be rid of one's primary and/or secondary sex characteristics because of a marked incongruence with one's experienced/expressed gender;
3. A strong desire for the primary and/or secondary sex characteristics of the other gender;
4. A strong desire to be of the other gender (or some alternative gender different from one's assigned gender);
5. A strong desire to be treated as the other gender (or some alternative gender different from one's assigned gender);
6. A strong conviction that one has the typical feelings and reactions of the other gender (or some alternative gender different from one's assigned gender); AND

B. The condition is associated with clinically significant distress or impairment in social, occupational, or other important areas of functioning.

B.C.

Note: Individuals with a disorder of sexual development (i.e. intersex) and gender dysphoria are not required to meet the following criteria:

A. Duration of gender dysphoria;

B. Age requirements;

C. Duration of prior treatment such as hormone therapy.

### II. Eligibility Criteria, meets all

A. Age  $\geq$  18 years,

1. Exception: in adolescents with a female reproductive system adolescent female to male patients < 18 years, chest surgery may be considered after one year of testosterone treatment; **WITH GUARDIAN CONSENT**

- B. Capacity to make a fully informed decision and to consent for treatment; (including, but not limited to, awareness of the potential effects of treatment on fertility) and to consent for treatment;
- C. If significant medical or mental health concerns present, they must be reasonably well controlled;
- D. Evidence the member/enrollee has lived at least 12 continuous months in a gender role that is congruent with their gender identity;
- E. Documentation that member/enrollee has completed 12 continuous months of cross-sex hormone therapy of the desired gender, unless medically contraindicated (not required for mastectomy in those with a female reproductive system; to be considered on a case-by-case basis for those < 18 years); mastectomy in female to male except for those < 18 years);
- F. A written referral letter from a qualified mental health practitioner (minimum of a master's degree or equivalent in a clinical behavioral science field granted by an accredited institution, with documented credentials from a relevant licensing board or equivalent) (independent from the surgery group) containing all of the following:
  - 1. Member/enrollee general identifying characteristics;
  - 2. Results of psychosocial assessment, including any diagnoses;
  - 3. Duration of referring health professional's relationship with the member/enrollee, including type of evaluation and therapy or counseling to date;
  - 4. An explanation that criteria for surgery have been met, and a brief description of clinical rationale for supporting the member/enrollee's request for surgery;
  - 5. A statement that informed consent has been obtained from the member/enrollee;
  - 6. A statement that the mental health professional is willing and available for coordination of care.
  - 7. The degree to which the member/enrollee has followed the standards of care to date and the likelihood of future compliance
- G. If the request is for genital-affirming surgery, a second referral letter from another qualified mental health professional (independent from the surgery group) (minimum of a master's degree or equivalent in a clinical behavioral science field granted by an accredited institution, with documented credentials from a relevant licensing board or equivalent), who has independently assessed the member/enrollee is required.

G. \*\* note: please refer to the requirements of the Qualified Mental Health Professional under the Background section below.

### III. Gender-affirming surgeries considered medically necessary when meeting above criteria

- A. Procedures those with a male reproductive system for ~~transwomen (male to female)~~ include:
  - Orchiectomy
  - Penectomy
  - Vaginoplasty
  - Urethroplasty
  - Mammoplasty
  - Clitoroplasty
  - Vulvoplasty
  - Labiaplasty

B. Procedures those with a female reproductive system for ~~transmen (female to male)~~ include:

- Mastectomy
- Salpingo-oophorectomy
- Vaginectomy
- Vulvectomy
- Metoidioplasty
- Phalloplasty
- Hysterectomy
- Urethroplasty
- Scrotoplasty
- Testicular prosthesis

**IV.** It is the policy of Louisiana Healthcare Connections that revision procedures for affirming gender are medically necessary when the revision is required to address complications of a prior gender affirming procedure (wound dehiscence, fistula, chronic pain directly related to the surgery, etc.).

**V.** It is the policy of Health Plans affiliated with Centene Corporation that gender affirming facial procedures will be considered for medical necessity on a case-by-case basis when meeting the following:

A. Criteria in sections I and II;

B. Requested procedure intends to correct existing facial appearance that demonstrates significant variation from normal appearance for the experienced gender. Possible procedures include, but are not limited to, the following:

1. Blepharoplasty;
2. Face lift/brow lift;
3. Facial implants and bone reconstruction;
4. Hair removal/electrolysis;
5. Drugs for hair loss or growth;
6. Hair transplantation;
7. Prosthetic or filler substances to alter contour;
8. Rhinoplasty;
9. Thyroid chondroplasty;
10. Removal of redundant skin

**IV.**

**V.VI.** It is the policy of Louisiana Healthcare Connections that the following procedures, when used to improve the gender specific appearance of a member/enrollee undergoing gender affirmation are not medically necessary as they are considered cosmetic in nature (not an all-inclusive list):

- Abdominoplasty
- Blepharoplasty
- Drugs for hair loss or growth
- Face lift/brow lift
- Facial implants and bone reconstruction
- Hair removal/electrolysis (except for removal of hair on skin graft donor site prior to use in genital reassignment surgery)
- Hair transplantation
- Liposuction
- Prosthetic or filler substances to alter contour
- Rhinoplasty
- Skin resurfacing
- Removal of redundant skin
- Mastopexy
- Thyroid chondroplasty

- Voice modification surgery, therapy or lessons;
- Revision procedures for purposes other than correction of complications

### **Background**

Gender identity is a person's deepest inner sense of being female or male, which for many is established by the age of 2 – 3 years. *Gender nonconformity* refers to the extent to which a person's gender identity, role, or expression differs from the cultural norms prescribed for people of a particular sex.<sup>5</sup> *Gender dysphoria* refers to the discomfort or distress that is caused by a discrepancy between a person's gender identity and that person's sex assigned at birth (and the associated gender role and/or primary and secondary sex characteristics)<sup>3,6</sup>.

Treatment to assist people with gender dysphoria is available and can help to find the gender identity and role that is comfortable for them. Treatment is very individualized and may or may not involve gender-affirming surgery or body modification. Treatment options include changes in gender expression and role; hormone therapy to feminize or masculinize the body; surgery to change primary and/or secondary sex characteristics; and psychotherapy. Many people who receive treatment for gender dysphoria will find a gender role and expression that is comfortable for them, regardless if they differ from the sex assigned them at birth.

Guidelines from the World Professional Association for Transgender Health, Inc (WPATH) recommend that genital surgery not be carried out until patients reach the legal age of majority in a given country, and have lived continuously for at least 12 months in the gender role that is congruent with their gender identity. The age threshold should be seen as a minimum criterion and not an indication in and of itself for active intervention.<sup>11</sup> The guidelines note, however, that chest surgery in female to male patients could be carried out earlier, preferably after ample time of living in the desired gender role and after one year of testosterone treatment. The intent of this suggested sequence is to give adolescents sufficient opportunity to experience and socially adjust in a more masculine gender role, before undergoing irreversible surgery. However, different approaches may be more suitable, depending on an adolescent's specific clinical situation and goals for gender identity expression.<sup>11</sup>

For referral letters, characteristics of a Qualified Mental Health Professional include all of the following:

1. Master's degree or equivalent in a clinical behavioral science field granted by an institution accredited by the appropriate national or regional accrediting board. The professional should have documented credentials from a relevant licensing board or equivalent;
2. Competence in using the Diagnostic Statistical Manual of Mental Disorders and/or the International Classification of Diseases for diagnostic purposes.
3. Ability to recognize and diagnose co-existing mental health concerns and to distinguish these from gender dysphoria.
4. Documented supervised training and competence in psychotherapy or counseling.
5. Knowledgeable about gender nonconforming identities and expressions, and the assessment and treatment of gender dysphoria.
6. Continuing education in the assessment and treatment of gender dysphoria. This may include attending relevant professional meetings, workshops, or seminars; obtaining supervision

from a mental health professional with relevant experience; or participating in research related to gender nonconformity and gender dysphoria.

### Coding Implications

This clinical policy references Current Procedural Terminology (CPT®). CPT® is a registered trademark of the American Medical Association. All CPT codes and descriptions are copyrighted 2019, American Medical Association. All rights reserved. CPT codes and CPT descriptions are from the current manuals and those included herein are not intended to be all-inclusive and are included for informational purposes only. Codes referenced in this clinical policy are for informational purposes only and may not support medical necessity. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

*CPT codes that may be considered part of gender-affirming surgery.*

This code list does not indicate if a procedure is or is not considered medically necessary.

| CPT® Codes             | Description  |
|------------------------|--|
| <del>11950-11954</del> | <del>Subcutaneous injection of filling material (eg, collagen)</del>   |
| 11960                  | Insertion of tissue expander(s) for other than breast, including subsequent expansion  |
| 11970                  | Replacement of tissue expander with permanent implant  |
| 14000                  | Adjacent tissue transfer or rearrangement, trunk; defect 10 sq cm or less  |
| 14001                  | Adjacent tissue transfer or rearrangement, trunk; defect 10.1 sq cm to 30.0 sq cm  |
| 14040                  | Adjacent tissue transfer or rearrangement, forehead, cheeks, chin, mouth, neck, axillae, genitalia, hands and/or feet; defect 10 sq cm or less   |
| 14041                  | Adjacent tissue transfer or rearrangement, forehead, cheeks, chin, mouth, neck, axillae, genitalia, hands and/or feet; defect 10.1 sq cm to 30.0 sq cm   |
| 15100                  | Split-thickness autograft, trunk, arms, legs; first 100 sq cm or less, or 1% of body area of infants and children (except 15050)   |
| 15101                  | Split-thickness autograft, trunk, arms, legs; each additional 100 sq cm, or each additional 1% of body area of infants and children, or part thereof (List separately in addition to code for primary procedure)   |
| 15120                  | Split-thickness autograft, face, scalp, eyelids, mouth, neck, ears, orbits, genitalia, hands, feet, and/or multiple digits; first 100 sq cm or less, or 1% of body area of infants and children (except 15050)   |
| 15121                  | Split-thickness autograft, face, scalp, eyelids, mouth, neck, ears, orbits, genitalia, hands, feet, and/or multiple digits; each additional 100 sq cm, or each additional 1% of body area of infants and children, or part thereof (List separately in addition to code for primary procedure) |
| 15200                  | Full thickness graft, free, including direct closure of donor site, trunk; 20 sq cm or less  |
| 15570                  | Formation of direct or tubed pedicle, with or without transfer; trunk  |

| CPT® Codes                                 | Description  |
|--|--|
| 15574                                      | Formation of direct or tubed pedicle, with or without transfer; forehead, cheeks, chin, mouth, neck, axillae, genitalia, hands or feet |
| 15600                                      | Delay of flap or sectioning of flap (division and inset); at trunk   |
| 15620                                      | Delay of flap or sectioning of flap (division and inset); at forehead, cheeks, chin, neck, axillae, genitalia, hands, or feet          |
| 15757                                      | Free skin flap with microvascular anastomosis  |
| 15758                                      | Free fascial flap with microvascular anastomosis   |
| <del>15775</del>                           | <del>Punch graft for hair transplant; 1 to 15 punch grafts</del>   |
| <del>15776</del>                           | <del>Punch graft for hair transplant; more than 15 punch grafts</del>  |
| <del>15780-15783</del>                     | <del>Dermabrasion</del>  |
| <del>15786</del>                           | <del>Abrasion; single lesion (eg, keratosis, scar)</del>   |
| <del>15787</del>                           | <del>Abrasion; each additional 4 lesions or less (List separately in addition to code for primary procedure)</del>                     |
| <del>15788</del>                           | <del>Chemical peel, facial; epidermal</del>  |
| <del>15789</del>                           | <del>Chemical peel, facial; dermal</del>   |
| <del>15792</del>                           | <del>Chemical peel, nonfacial; epidermal</del>   |
| <del>15793</del>                           | <del>Chemical peel, nonfacial; dermal</del>  |
| 15820-15823                                | Blepharoplasty   |
| <del>15824</del>                           | <del>Rhytidectomy; forehead</del>  |
| <del>15825</del>                           | <del>Rhytidectomy; neck with platysmal tightening (platysmal flap, P-flap)</del>   |
| <del>15826</del>                           | <del>Rhytidectomy; glabellar frown lines</del>   |
| <del>15828</del>                           | <del>Rhytidectomy; cheek, chin, and neck</del>   |
| <del>15829</del>                           | <del>Rhytidectomy; superficial musculoaponeurotic system (SMAS) flap</del>   |
| <del>15830</del>                           | <del>Excision, excessive skin and subcutaneous tissue (includes lipectomy); abdomen, infraumbilical panniculectomy</del>               |
| <del>15832-15835</del><br><del>15830</del> | <del>Excision, excessive skin and subcutaneous tissue (includes lipectomy); abdomen, infraumbilical panniculectomy</del>               |
| <del>15836-15839</del>                     | <del>Excision, excessive skin and subcutaneous tissue (includes lipectomy)</del>   |
| 15876-15879                                | Suction assisted lipectomy   |
| <del>17380</del>                           | <del>Electrolysis epilation, each 30 minutes</del>   |
| 19303                                      | Mastectomy, simple, complete   |
| 19316                                      | Mastopexy  |
| 19318                                      | Breast reduction   |
| 19325                                      | Breast augmentation with implant   |
| 19350                                      | Nipple/areola reconstruction   |
| 21120                                      | Genioplasty; augmentation (autograft, allograft, prosthetic material)  |
| 21121                                      | Genioplasty; sliding osteotomy, single piece   |

| CPT® Codes       | Description   |
|------------------|---|
| 21122            | Genioplasty; sliding osteotomies, 2 or more osteotomies (eg, wedge excision or bone wedge reversal for asymmetrical chin)         |
| 21123            | Genioplasty; sliding, augmentation with interpositional bone grafts (includes obtaining autografts)                               |
| 21125            | Augmentation, mandibular body or angle; prosthetic material   |
| 21127            | Augmentation, mandibular body or angle; with bone graft, onlay or interpositional (includes obtaining autograft)                  |
| 21208            | Osteoplasty, facial bones; augmentation (autograft, allograft, or prosthetic implant)   |
| 21209            | Osteoplasty, facial bones; reduction  |
| 21210            | Graft, bone; nasal, maxillary or malar areas (includes obtaining graft)   |
| 21270            | Malar augmentation, prosthetic material   |
| 30400            | Rhinoplasty, primary; lateral and alar cartilages and/or elevation of nasal tip   |
| 30410            | Rhinoplasty, primary; complete, external parts including bony pyramid, lateral and alar cartilages, and/or elevation of nasal tip |
| 30420            | Rhinoplasty, primary; including major septal repair   |
| 30430            | Rhinoplasty, secondary; minor revision (small amount of nasal tip work)   |
| 30435            | Rhinoplasty, secondary; intermediate revision (bony work with osteotomies)  |
| 30450            | Rhinoplasty, secondary; major revision (nasal tip work and osteotomies)   |
| 31599            | Unlisted procedure, larynx  |
| 31899            | Unlisted procedure, trachea, bronchi  |
| 53410            | Urethroplasty, 1-stage reconstruction of male anterior urethra  |
| 53415            | Urethroplasty, transpubic or perineal, 1-stage, for reconstruction or repair of prostatic or membranous urethra                   |
| 53420            | Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous urethra; first stage                                   |
| 53425            | Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous urethra; second stage                                  |
| 53430            | Urethroplasty reconstruction female urethra   |
| 53460            | Urethromeatoplasty, with partial excision of distal urethral segment (Richardson type procedure)                                  |
| 54125            | Amputation of penis; complete   |
| <del>54400</del> | <del>Insertion of penile prosthesis; non-inflatable (semi-rigid)</del>  |
| <del>54401</del> | <del>Insertion of penile prosthesis; inflatable (self-contained)</del>  |
| <del>54405</del> | <del>Insertion of multi-component, inflatable penile prosthesis, including placement of pump, cylinders, and reservoir</del>      |
| 54406            | Removal of all components of a multi-component, inflatable penile prosthesis without replacement of prosthesis                    |
| 54408            | Repair of component(s) of a multi-component, inflatable penile prosthesis   |
| 54410            | Removal and replacement of all component(s) of a multi-component, inflatable penile prosthesis at the same operative session      |

| CPT® Codes | Description  |
|------------|--|
| 54411      | Removal and replacement of all components of a multi-component inflatable penile prosthesis through an infected field at the same operative session, including irrigation and debridement of infected tissue             |
| 54415      | Removal of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis, without replacement of prosthesis   |
| 54416      | Removal and replacement of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis at the same operative session  |
| 54417      | Removal and replacement of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis through an infected field at the same operative session, including irrigation and debridement of infected tissue |
| 54520      | Orchiectomy simple with or without testicular prosthesis, scrotal or inguinal approach   |
| 54660      | Insertion testicular prosthesis (separate procedure)   |
| 54690      | Laparoscopy, surgical; orchiectomy   |
| 55175      | Scrotoplasty; simple   |
| 55180      | Scrotoplasty; complicated  |
| 55970      | Intersex surgery; male to female   |
| 55980      | Intersex surgery; female to male   |
| 56625      | Vulvectomy simple; complete  |
| 56800      | Plastic repair of introitus  |
| 56805      | Clitoroplasty intersex state   |
| 56810      | Perineoplasty, repair of perineum, nonobstetrical (separate procedure)   |
| 57106      | Vaginectomy, partial removal of vaginal wall;  |
| 57107      | Vaginectomy, partial removal of vaginal wall; with removal of paravaginal tissue (radical vaginectomy)   |
| 57110      | Vaginectomy complete removal vaginal wall  |
| 57111      | Vaginectomy, complete removal of vaginal wall; with removal of paravaginal tissue (radical vaginectomy)  |
| 57291      | Construction artificial vagina; without graft  |
| 57292      | Construction artificial vagina; with graft   |
| 57295      | Revision (including removal) of prosthetic vaginal graft; vaginal approach   |
| 57296      | Revision (including removal) of prosthetic vaginal graft; open abdominal approach  |
| 57335      | Vaginoplasty intersex state  |
| 57426      | Revision (including removal) of prosthetic vaginal graft, laparoscopic approach  |
| 58150      | Total abdominal hysterectomy (corpus and cervix) with or without removal of tube(s), with or without removal of ovary(s)   |
| 58260      | Vaginal hysterectomy, for uterus 250 g or less   |
| 58262      | Vaginal hysterectomy uterus 250 g or less; with removal of tube(s) and/or ovary(s)   |
| 58263      | Vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s), and/or ovary(s), with repair of enterocele  |

| <b>CPT® Codes</b> | <b>Description</b>  |
|-------------------|---|
| 58267             | Vaginal hysterectomy, for uterus 250 g or less; with colpo-urethrocystopexy (Marshall-Marchetti-Krantz type, Pereyra type) with or without endoscopic control |
| 58270             | Vaginal hysterectomy, for uterus 250 g or less; with repair of enterocele   |
| 58275             | Vaginal hysterectomy, with total or partial vaginectomy   |
| 58285             | Vaginal hysterectomy, radical (Schauta type operation)  |
| 58290             | Vaginal hysterectomy, for uterus greater than 250 g   |
| 58291             | Vaginal hysterectomy uterus greater than 250 g; with removal of tube(s) and/or ovary(s)   |
| 58292             | Vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s), with repair of enterocele                                       |
| 58294             | Vaginal hysterectomy, for uterus greater than 250 g; with repair of enterocele  |
| 58541             | Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less;  |
| 58542             | Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)  |
| 58543             | Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g;   |
| 58544             | Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)                                     |
| 58550             | Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less  |
| 58552             | Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary (s)  |
| 58553             | Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g   |
| 58554             | Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)                                      |
| 58570             | Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less  |
| 58571             | Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)   |
| 58572             | Laparoscopy, surgical, with total hysterectomy for uterus greater than 250 g  |
| 58573             | Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)  |
| 58661             | Laparoscopy surgical; with removal of adnexal structures (partial or total oophorectomy and/or salpingectomy)   |
| 58720             | Salpingo-oophorectomy, complete or partial, unilateral or bilateral (separate procedure)  |
| 58940             | Oophorectomy, partial or total, unilateral or bilateral   |
| 58999             | Unlisted procedure, female genital system (nonobstetrical)  |
| 64856             | Suture of major peripheral nerve, arm or leg, except sciatic; including transposition   |
| 64892             | Nerve graft (includes obtaining graft), single strand, arm or leg; up to 4 cm length  |
| 64896             | Nerve graft (includes obtaining graft), multiple strands (cable), hand or foot; more than 4 cm length   |
| 67900             | Repair of brow ptosis (supraciliary, mid-forehead or coronal approach)  |

ICD-10-CM Diagnosis Codes that Support Coverage Criteria

| ICD-10-CM Code | Description                          |
|----------------|--------------------------------------|
| F64.0 - F64.9  | Gender identity disorders            |
| Z87.890        | Personal history of sex reassignment |

| Reviews, Revisions, and Approvals   | Revision Date         | Approval Date |
|---|-----------------------|---------------|
| Converted corporate to local policy.  | 08/15/2020            |               |
| Added characteristics of a mental health provider to II.F and II.G. Revised criteria in II.G to allow second referral letter from a qualified mental health provider, rather than limiting to psychologist or psychiatrist. References reviewed and updated. Description of CPT 11970, 19325 revised in 2021. CPT 19324, 58293 deleted in 2021. Replaced “member” with “member/enrollee.” Added “and may not support medical necessity” to coding implications. Added 19318 to the list of CPT codes that may be considered part of gender affirming procedures.  | 2/22                  | 4/10/22       |
| <a href="#">Annual Review. Changed “Last Review Date” to “Date of Last Revision” in the header. Added note before the criteria section stating that individuals with a disorder of sexual development (i.e. intersex) don’t need to meet all the same criteria for duration of gender dysphoria, age requirements and duration of prior treatment such as hormone therapy. Incorporated gender-neutral language to the eligibility and criteria section II. A. 1, E. and III. A and B. In II.B., noted that informed consent includes awareness of treatment effects on fertility. Added the word “minimum” to degree requirement in criteria II.F. and G. In II.E, noted that the requirement of 12 months of hormone therapy before mastectomy in adolescents should be considered on a case-by-case basis. Added new criteria in section V regarding facial procedures, and modified the not medically necessary procedures list in VI accordingly. Grammatical changes made to the background with no impact to the policy. “Date” changed to “Revision Date” in the revision log header. References reviewed and updated. Specialist reviewed.</a> | <a href="#">12/22</a> |               |
|   |                       |               |
|   |                       |               |

**References**

1. American Psychiatric Association. [Diagnostic and Statistical Manual of Mental Disorders. 5th ed. Arlington, VA: American Psychiatric Publishing; 2013.](#)
2. Fisk NM. Editorial: Gender dysphoria syndrome – the conceptualization that liberalizes indications for total gender reorientation and implies a broadly based multi-dimensional rehabilitative regimen. [West J Med 120:386 to391, May 1974.](#)

3. [Hayes Medical Technology Directory. Sex reassignment surgery for the treatment of gender dysphoria. May 11, 2015. Annual Review July 27, 2021. Accessed July 18, 2022.](#)
4. [Institute of Medicine. The health of lesbian, gay, bisexual, and transgender people: Building a foundation for better understanding. 2011.](#)
5. [Knudson G, De Cuypere G, Bockting W. Recommendations for revision of the DSM diagnoses of gender identity disorders: Consensus statement of The World Professional Association for Transgender Health. \*Int J Transgend\*, 12\(2\);115to 118.](#)
6. [Levine DA, Committee on Adolescence. Office-based care for lesbian, gay, bisexual, transgender, and questioning youth. \*Pediatrics\* 2013;132:e297. <http://pediatrics.aappublications.org/content/132/1/e297>](#)
8. [Safer JD, Tangpricha, V. Transgender women: Evaluation and management. UpToDate website. \[www.uptodate.com\]\(http://www.uptodate.com\). Published December 01, 2021 Accessed July 18, 2022.](#)
9. [Safer JD, Tangpricha, V. Transgender men: Evaluation and management. UpToDate website. \[www.uptodate.com\]\(http://www.uptodate.com\). Published December 2, 2020. Accessed July 18, 2022](#)
10. [The World Professional Association for Transgender Health, Inc. \(WPATH\). Position statement on medical necessity of treatment, sex reassignment, and insurance coverage in the U.S.A. <https://www.wpath.org/newsroom/medical-necessity-statement> Published June 2008 \(updated December 2016\). Accessed July 18, 2022](#)
11. [The World Professional Association for Transgender Health, Inc. \(WPATH\). Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People, Version 7. <https://www.wpath.org/publications/soc>. Published 2012. Accessed July 18, 2022.](#)
12. [American College of Obstetricians and Gynecologists. Health Care for Transgender and Gender Diverse Individuals. Committee opinion number 823 \(replaces committee opinion 512 and 685. \[www.acog.org\]\(http://www.acog.org\). Published March 2021. Accessed April 6, 2021.](#)
13. [van de Grift TC, Elaut E, Cerwenka SC, et al. Surgical Satisfaction, Quality of Life, and Their Association After Gender-Affirming Surgery: A Follow-up Study. \*J Sex Marital Ther\*. 2017 May 4;1to 11.](#)
14. [Papadopoulos NA, Lellé JD, Zavlin D, et al. Quality of Life and Patient Satisfaction Following Male-to-Female Sex Reassignment Surgery. \*J Sex Med\*. 2017 May;14\(5\):721to 730](#)
15. [Hembree WC, Cohen-Kettenis PT, Gooren L, et al. Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline. \*J Clin Endocrinol Metab\*, November 2017, 102\(11\):3869 to 3903](#)
16. [Local Coverage Article Gender Reassignment Services for Gender Dysphoria \(A53793\). Centers for Medicare and Medicaid Services website <https://www.cms.gov/medicare-coverage-database/overview-and-quick-search.aspx>. Published Oct 1, 2015 \(revised January 1, 2021\). Accessed April 6, 2021.](#)
17. [Van Damme S, Cosyns M, Deman S, et al. The Effectiveness of Pitch-raising Surgery in Male-to-Female Transsexuals: A Systematic Review. \*J Voice\*. 2017 Mar;31\(2\):244.e1-244.e5. doi: 10.1016/j.jvoice.2016.04.002. Epub 2016 Jul 28.](#)
18. [Mahfouda S, Moore JK, Siafarikas A, et al. Gender-affirming Hormones and Surgery in Transgender Children and Adolescents. \*Lancet Diabetes Endo\*. 2019 Jun;7\(6\):484 to 498.](#)
19. [Butler RM., Horenstein A, Gitlin M, et al. \(2019\). Social anxiety among transgender and gender nonconforming individuals: The role of gender-affirming medical interventions. \*J Abnorm Psychol\*, 128\(1\), 25 to 31.](#)

20. Ferrando C, Thomas TN. Gender- Affirming surgery: male to female. UpToDate website. [www.uptodate.com](http://www.uptodate.com). Published May,16,2022. Accessed July 18,2022.
21. Ferrando C, Nikolavsky D, Zhao, LC. Gender Affirming surgery: female to male. UpToDate website. [www.uptodate.com](http://www.uptodate.com). Published July 8, 2022. Accessed July 18, 2022.

## **References**

1. AAP Textbook of Pediatric Care. 2008.
2. American Psychiatric Association. Diagnostic and Statistical Manual of Mental Disorders. 5th ed. Arlington, VA: American Psychiatric Publishing; 2013.
3. Fisk NM. Editorial: Gender dysphoria syndrome—the conceptualization that liberalizes indications for total gender reorientation and implies a broadly based multi-dimensional rehabilitative regimen. *West J Med* 120:386-391, May 1974.
4. Hayes Medical Technology Directory. Sex reassignment surgery for the treatment of gender dysphoria. May 11, 2015. Annual Review September 1, 2020. Accessed April 6, 2021.
5. Institute of Medicine. The health of lesbian, gay, bisexual, and transgender people: Building a foundation for better understanding. 2011.
6. Knudson G, De Cuypere G, Bockting W. Recommendations for revision of the DSM diagnoses of gender identity disorders: Consensus statement of The World Professional Association for Transgender Health. *Int J Transgend*, 12(2);115-118.
7. Levine DA, Committee on Adolescence. Office-based care for lesbian, gay, bisexual, transgender, and questioning youth. *Pediatrics* 2013;132:e297. <http://pediatrics.aappublications.org/content/132/1/e297>
8. Safer JD, Tangpricha, V. Transgender women: Evaluation and management. UpToDate website. [www.uptodate.com](http://www.uptodate.com). Published November 15, 2019. Accessed April 6, 2021.
9. Safer JD, Tangpricha, V. Transgender men: Evaluation and management. UpToDate website. [www.uptodate.com](http://www.uptodate.com). Published December 2, 2020. April 6, 2021.
10. The World Professional Association for Transgender Health, Inc. (WPATH). Position statement on medical necessity of treatment, sex reassignment, and insurance coverage in the U.S.A. <https://www.wpath.org/newsroom/medical-necessity-statement> Published June 2008 (updated December 2016). Accessed April 5, 2021.
11. The World Professional Association for Transgender Health, Inc. (WPATH). Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People, Version 7. <https://www.wpath.org/publications/soc>. Published 2011. Accessed April 5, 2021.
12. American College of Obstetricians and Gynecologists. Care for Transgender Adolescents: Committee opinion number 685. [www.acog.org](http://www.acog.org). Published March 2021. Accessed April 6, 2021.
13. van de Grift TC, Elaut E, Cerwenka SC, et al. Surgical Satisfaction, Quality of Life, and Their Association After Gender Affirming Surgery: A Follow-up Study. *J Sex Marital Ther*. 2017 May 4;1-11.
14. Papadopoulos NA, Lellé JD, Zavlin D, et al. Quality of Life and Patient Satisfaction Following Male-to-Female Sex Reassignment Surgery. *J Sex Med*. 2017 May;14(5):721-730
15. Hembree WC, Cohen Kettenis PT, Gooren L, et al. Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab*, November 2017, 102(11):3869-3903
16. Local Coverage Article Gender Reassignment Services for Gender Dysphoria (A53793). Centers for Medicare and Medicaid Services website <https://www.cms.gov/medicare>

- ~~[coverage-database/overview-and-quick-search.aspx](#). Published Oct 1, 2015 (revised January 1, 2021). Accessed April 6, 2021.~~
17. Van Damme S, Cosyns M, Deman S, et al. The Effectiveness of Pitch-raising Surgery in Male-to-Female Transsexuals: A Systematic Review. *J Voice*. 2017 Mar;31(2):244.e1-244.e5. doi: 10.1016/j.jvoice.2016.04.002. Epub 2016 Jul 28.
18. Mahfouda S, Moore JK, Siafarikas A, et al. Gender-affirming Hormones and Surgery in Transgender Children and Adolescents. *Lancet Diabetes Endo*. 2019 Jun;7(6):484-498.
19. Butler RM, Horenstein A, Gitlin M, et al. (2019). Social anxiety among transgender and gender nonconforming individuals: The role of gender-affirming medical interventions. *J Abnorm Psychol*, 128(1), 25-31.
20. Ferrando C, Thomas TN. Transgender surgery: male to female. UpToDate website. [www.uptodate.com](#). Published Feb 3, 2021. Accessed April 6, 2021.
21. Ferrando C, Nikolavsky D, Zhao, LC. Transgender surgery: female to male. UpToDate website. [www.uptodate.com](#). Published March 29, 2021. Accessed April 6, 2021.

### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. LHCC makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable LHCC administrative policies and procedures.

This clinical policy is effective as of the date determined by LHCC. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. LHCC retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible

for the medical advice and treatment of member/enrollee. This clinical policy is not intended to recommend treatment for member/enrollee. Member/enrollee should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom LHCC has no control or right of control. Providers are not agents or employees of LHCC.

This clinical policy is the property of LHCC. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, member/enrollee and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, member/enrollee and their representatives agree to be bound by such terms and conditions by providing services to member/enrollee and/or submitting claims for payment for such services.

©2020 Louisiana Healthcare Connections. All rights reserved. All materials are exclusively owned by Louisiana Healthcare Connections and are protected by United States copyright law and international copyright law. No part of this publication may be reproduced, copied, modified, distributed, displayed, stored in a retrieval system, transmitted in any form or by any means, or otherwise published without the prior written permission of Louisiana Healthcare Connections. You may not alter or remove any trademark, copyright or other notice contained herein. Louisiana Healthcare Connections is a registered trademark exclusively owned by Louisiana Healthcare Connections.