

## **Doula Services**

Doula services offer continuous, non-clinical support to individuals and families throughout pregnancy, labor and delivery, and the postpartum period. This support includes emotional, physical, and informational assistance to help individuals navigate the childbirth experience and promote positive maternal and infant health outcomes.

At a minimum, the Managed Care Organization (MCO) shall cover the following core doula services:

- ❖ Up to five (5) prenatal visits, each lasting up to ninety (90) minutes;
- ❖ Up to three (3) postpartum visits, each lasting up to ninety (90) minutes; and
- ❖ Attendance and support during labor and delivery, including cesarean births.

In addition, the MCO shall provide coverage for the following supportive doula services:

- ❖ Continuous support during labor and immediately following childbirth;
- ❖ Prenatal and postpartum education and support;
- ❖ Breastfeeding and lactation assistance;
- ❖ Parenting education and guidance; and
- ❖ Support services following pregnancy loss.

For comprehensive information regarding doula service coverage, refer to the **Professional Services Provider Manual**.