

**Government Business Division  
Policies and Procedures**

<b>Section (Primary Department)</b> Whole Health and Health Equity – Population Health Management		<b>Remote Patient Monitoring In Lieu of Service (ILOS) - LA</b>	
<b>Effective Date</b> <u>08/27/2025</u>	<b>Date of Last Review</b>	<b>Date of Last Revision</b>	<b>Dept. Approval Date</b> <u>08/27/2025</u>
<b>Department Approval/Signature:</b>			

Policy applies to health plans operating in the following State(s). Applicable products noted below.

<b>Products</b>	<input type="checkbox"/> Arkansas	<input type="checkbox"/> Iowa	<input type="checkbox"/> Nebraska	<input type="checkbox"/> South Carolina
<input checked="" type="checkbox"/> Medicaid/CHIP	<input type="checkbox"/> California	<input type="checkbox"/> Kansas	<input type="checkbox"/> Nevada	<input type="checkbox"/> Tennessee
<input type="checkbox"/> Medicare/DSNP	<input type="checkbox"/> Colorado	<input type="checkbox"/> Kentucky	<input type="checkbox"/> New Jersey	<input type="checkbox"/> Texas
	<input type="checkbox"/> District of Columbia	<input checked="" type="checkbox"/> Louisiana	<input type="checkbox"/> New York	<input type="checkbox"/> Virginia
	<input type="checkbox"/> Florida	<input type="checkbox"/> Maryland	<input type="checkbox"/> New York (WNY)	<input type="checkbox"/> Washington
	<input type="checkbox"/> Georgia	<input type="checkbox"/> Minnesota	<input type="checkbox"/> North Carolina	<input type="checkbox"/> West Virginia
	<input type="checkbox"/> Indiana	<input type="checkbox"/> Missouri	<input type="checkbox"/> Ohio	<input type="checkbox"/> Wisconsin

**POLICY:**

**Healthy Blue Louisiana has developed In Lieu Of Services (ILOS) policies to assist with making coverage determinations for medically appropriate services outside required Managed Care Organization (MCO) Covered Services or settings (or beyond the service limits established by Louisiana Department of Health (LDH) for MCO Covered Services). Healthy Blue Louisiana’s In Lieu Of services are provided to Enrollees, at their option, as a cost-effective alternative to an MCO Covered Service or Setting.**

**LDH has determined that this In Lieu Of Service (REMOTE PATIENT MONITORING) is a medically appropriate and cost-effective substitute for the MCO Covered Service or setting under the Louisiana Medicaid State Plan. LDH has approved In Lieu of Service for MCOs to provide Remote Patient Monitoring (RPM) coverage for identified members with hypertension and/or diabetes mellitus.**

**Remote patient monitoring involves digital technologies to collect medical and other forms of health data from individuals in one location and electronically transmit that information securely to healthcare providers in a different location for assessment, recommendations, and interventions.**

- I. **RPM devices include non-invasive remote monitoring devices that measure or detect common physiological parameters, and non-invasive monitoring devices that wirelessly transmit the beneficiary’s medical information to their health care provider or other monitoring entity.**
  - a. **The device must be reliable and valid, and the beneficiary must be trained or sufficiently knowledgeable in the proper use/wearing of the device to ensure appropriate recording of medical information.**
    - i. **Medical information may include, but is not limited to, blood pressure and heart rate and rhythm monitoring for members with hypertension and blood glucose monitoring for members with diabetes.**

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- II. Members enrolled should have smart phone or tablet access and connectivity for data reporting.
  - a. Healthy Blue Louisiana and Ochsner Digital Medicine will evaluate and address barriers to participation, including access to smart devices or internet connectivity. Healthy Blue Louisiana may place a referral for members to obtain smart phones, where possible and when appropriate.
  - b. Specific members being targeted are those who have exhibited, or at risk for, potentially preventable admissions (PPA), potentially preventable readmission (PPR), potentially preventable ED visit (PPV), and poor outcomes.
    - i. This encompasses a population of adult members with less-than-optimal disease control in hypertensive disorders and/or diabetes.
- III. Anticipated length of service for RPM program is no greater than 6-12 months for adults with hypertension and/or diabetes.
- IV. Covered Medicaid State plan service or setting for which ILOS is a substitute:
  - a. Physician services (office visits)
  - b. Emergency services
  - c. Inpatient hospitals

**Clinically oriented definitions for the target populations for RPM ILOS:**

- I. Members with hypertensive disorders and/or diabetes, ages 18-75, with the following characteristics:
  - a. Members with hypertension and a potentially preventable admission (PPA), potentially preventable readmission (PPR), or potentially preventable ED visit (PPV) event within the last 18 months.
  - b. Members with diabetes and a PPA/PPR/PPV events within the last 18 months
  - c. Poorly controlled hypertension (>140/90), at risk for PPA/PPR/PPV
  - d. Poorly controlled diabetes (HbA1c >9.0%), at risk for PPA/PPR/PPV
  - e. Smart phone or tablet access
    - i. Healthy Blue Louisiana and Ochsner Digital Medicine will evaluate and address barriers to participation, including access to smart devices or internet connectivity. Healthy Blue Louisiana may place a referral for members to obtain smart phones, where possible and when appropriate.

**Specific coding for each ILOS to be used on claims and encounter data:**

<u>Code</u>	<u>Description</u>	<u>Limits</u>
<u>99453</u>	<u>Setting up remote patient monitoring. Remote monitoring of physiologic parameter(s) (e.g.,</u>	<u>1-time billing upon set-up of remote monitoring equipment.</u>

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	<u>weight, blood pressure, pulse oximetry, respiratory flow rate).</u>	<u>Used for initial set-up and patient education on use of equipment.</u>  <u>This code represents the initial setup and patient education on how to use connected devices, as well as best practices on when to take measurements.</u>  <u>CPT code 99453 is reimbursable once per episode of care.</u>
<u>99454</u>	<u>Remote monitoring of physiologic parameters (e.g., weight, blood pressure, pulse oximetry, respiratory flow rate).</u>  <u>Device(s) supply with daily recording(s) or programmed alert(s) transmission, each 30 days.</u>	<u>Billable every 30 days for ongoing monitoring and covers the cost a provider incurs if they lease or purchase the device for their patient.</u>  <u>Providers may use either CPT code 99454 or 99199, but not both codes for the same member.</u>
<u>99199 + modifier 95 and POS 02 or 10</u>	<u>Unlisted service to be used with appropriate modifiers, may be used as an alternative reimbursement CPT code for systems that have conflict with use of 99454.</u>  <u>99199 must use modifier 95 (telehealth encounter used for RPM data collection and review) with place of service code (POS) 02 (other than home) or 10 (home).</u>	<u>Billable every 30 days for ongoing monitoring and covers the cost a provider incurs if they lease or purchase the device for their patient.</u>  <u>Providers may use either CPT code 99454 or 99199, but not both codes for the same member.</u>  <u>99199 must use modifier 95 and POS 02 or 10.</u>

**DEFINITIONS:**

**In Lieu of Service (ILOS) - Medically appropriate services outside of MCO Covered Services or setting (or beyond service limits established by LDH for MCO Covered Services) that are provided to Enrollees, at their option, by the Contractor as a cost-effective alternative to an MCO covered service or setting.**

**Managed Care Organization (MCO) – A private entity that contracts with LDH to provide covered healthcare services to Enrollees in exchange for a monthly capitated amount per Enrollee. The entity is regulated by the Louisiana Department of Insurance with respect to**

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licensure and financial solvency, pursuant to La. R.S. 22:1016, but shall, solely with respect to its products and services offered pursuant to the Managed Care Program, be regulated by the LDH.

Remote Patient Monitoring (RPM) - the use of medical devices to measure and transmit health data from an enrollee to a provider, who can then analyze the data to make treatment recommendations.

**PROCEDURE:**

- I. Healthy Blue Louisiana will identify members for potential enrollment into the RPM program, such as members/enrollees with hypertension and diabetes who have exhibited or are at risk for potentially preventable admissions, potentially preventable readmission, potentially preventable ED utilization, and poor health outcomes.
  - a. The member's Primary Care Physician (PCP) may request member enrollment.
  - b. Healthy Blue Louisiana members may self-refer by contacting Healthy Blue Louisiana Case Management clinical team members.
  - c. Healthy Blue Louisiana clinical team members may recommend referral to the program, as needed and as appropriate.
  - d. Members will receive information about the program's purpose, technology requirements, expected duration, and their right to opt in or out at any time. No member will be enrolled without verbal or written consent.
- II. An RPM service provider, Ochsner Digital Medicine, contracted with Healthy Blue Louisiana will be provided with a roster of eligible members for outreach and potential enrollment into the RPM program. Ochsner Digital Medicine's performance will be monitored through regular and as needed reporting, quality audits, and member satisfaction metrics, as appropriate.
- III. Ochsner Digital Medicine will contact Healthy Blue Louisiana members to offer RPM services and coordinate member communication to enroll in RPM after receiving member eligibility roster from Healthy Blue Louisiana and will identify the program as Healthy Blue Louisiana's remote patient monitoring in lieu of service benefit. Outreach will be branded with Healthy Blue Louisiana and/or Ochsner logos, and conducted using secure, pre-approved channels (e.g., member phone numbers on file, official mailings, etc.), and "Do Not Call" procedure will be followed.
  - a. Ochsner Digital Medicine will deliver the necessary equipment to Healthy Blue Louisiana members, educate Healthy Blue Louisiana members on the use, and monitor aspects of the RPM program.
  - b. Ochsner Digital Medicine will monitor results per agreed parameters and contact Healthy Blue Louisiana members for results outside of the agreed parameters.

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- i. Ochsner Digital Medicine will engage Healthy Blue Louisiana members with education and maintain continued participation in RPM.
- c. Ochsner Digital Medicine will report to Healthy Blue Louisiana, in mutually agreed upon format and basis, both aggregate and members level data on outcomes of monitoring.
- d. Ochsner Digital Medicine will report to Healthy Blue Louisiana members’ PCP on monitoring activities on an ongoing basis.

**Anticipated outcomes for members participating in the ILOS include, but are not limited to:**

- I. Healthy Blue Louisiana will track and analyze outcomes (e.g., blood pressure control, blood glucose control, ED utilization). Aggregated results will inform program adjustments and may be shared with LDH and other stakeholders to demonstrate effectiveness.

**REFERENCES:**

- Louisiana Medicaid Managed Care Organization Model Contract: Attachment A: - Section 2.4.4: In Lieu of Services
- Louisiana Medicaid Managed Care Organization Model Contract: Attachment C - In Lieu of Services
- Louisiana Medicaid Managed Care Organization Manual: In Lieu of Services
- Louisiana Medicaid Fee Schedule
- Title 42 C.F.R. § 438.3(e)(2)

**RESPONSIBLE DEPARTMENTS:**

**Primary Department:**  
**Whole Health and Health Equity**  
**Secondary Department(s):**  
**Medical Management**  
**Operations**

**EXCEPTIONS:**

**None**

**REVISION HISTORY:**

<b><u>Review Date</u></b>	<b><u>Changes</u></b>
<b><u>08/27/2025</u></b>	<ul style="list-style-type: none"><li>• <b><u>New Policy</u></b></li></ul>
	<ul style="list-style-type: none"><li>•</li></ul>

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