

Aetna Better Health of Louisiana Therapy Authorization Guidelines

Authorization Policy Update for Therapy Services

Effective xx/xx/xxxx, Aetna Better Health of Louisiana (ABH) will implement a new policy regarding prior authorization for Adult members over 21 years old receiving Physical Therapy, Occupational Therapy, or Speech Therapy. Under this update, prior authorization will no longer be required for the first 48 units (equivalent to 12 visits) for these therapy services. This exemption applies only to the initial 12 visits.

Therapy Services and Applicable CPT Codes

The following Current Procedural Terminology (CPT) codes are included within the scope of this policy:

- **Physical Therapy:**
- **97110 – Therapeutic Procedure, one or more areas, each 15 minutes**
- **97112 – Neuromuscular Re-education, each 15 minutes**
- **97116 – Gait Training, each 15 minutes**
- **97140 – Manual Therapy, each 15 minutes**

Occupational Therapy:

- **97530 – Therapeutic Activities, direct patient contact, each 15 minutes**
- **Speech Therapy:**
- **92507 – Speech, language, and hearing therapy**
- **92508 – Group speech, language, and hearing therapy**

Requirements After Initial 12 Visits

After the first 12 therapy visits, prior authorization will be required for continued services. Providers must submit the following documentation to request authorization for additional visits:

- **Updated orders for continuation of therapy or a signed plan of care from the ordering provider**

- Clinical documentation demonstrating member progress, achievement of goals, range of motion (ROM) measurements, and other relevant clinical information
- Claims for therapy services exceeding the initial 12 visits will not be paid unless an authorization is on file.

Additional CPT Codes for Therapy Services

The following is a list of additional CPT codes relevant to Physical, Occupational, and Speech Therapy services:

<u>Code</u>	<u>Description</u>
<u>97110</u>	<u>Therapeutic Procedure, one or more areas, each 15 min</u>
<u>97112</u>	<u>Neuromuscular Re-education, each 15 min</u>
<u>97116</u>	<u>Gait Training, each 15 min</u>
<u>97124</u>	<u>Massage, each 15 min</u>
<u>97139</u>	<u>PT-Unlisted Procedure-Specify</u>
<u>97140</u>	<u>Manual Therapy, each 15 min</u>
<u>97161</u>	<u>Physical Therapy Evaluation: Low Complexity</u>
<u>97162</u>	<u>Physical Therapy Evaluation: Moderate Complexity</u>
<u>97163</u>	<u>Physical Therapy Evaluation: High Complexity</u>
<u>97164</u>	<u>Re-evaluation of Physical Therapy</u>
<u>97165</u>	<u>Occupational Therapy Evaluation: Low Complexity</u>
<u>97166</u>	<u>Occupational Therapy Evaluation: Moderate Complexity</u>
<u>97167</u>	<u>Occupational Therapy Evaluation: High Complexity</u>
<u>97168</u>	<u>Re-evaluation of Occupational Therapy</u>
<u>97530</u>	<u>Therapeutic Activities, each 15 min</u>
<u>92507</u>	<u>Speech Language Hearing Therapy</u>
<u>92508</u>	<u>Group Speech Language Hearing Therapy</u>
<u>92521</u>	<u>Evaluation of Speech Fluency</u>
<u>92522</u>	<u>Evaluate Speech Production</u>
<u>92523</u>	<u>Speech Sound Language Comprehension</u>
<u>92524</u>	<u>Behavioral Quality Analysis Voice</u>
<u>92526</u>	<u>Oral Function Therapy</u>

Contact Information

If you have any questions regarding these guidelines or require further clarification, please reach out to:

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