

Clinical Policy: Skilled Nursing Facility Leveling

Coding

Reference Number: LA.CP.MP.206

Implications

Date of Last Revision: 05/22

Revision Log

See Important Reminder at the end of this policy for important regulatory and legal information.

Description

<u>Criteria for skilled nursing facility (SNF) levels of care, to be used in conjunction with</u> general SNF placement criteria in InterQual[®].

Note: For post-acute care leveling (used for plans without InterQual criteria), see LA.CP.MP.213 Post-Acute Care.

Policy/Criteria

- I. It is the policy of Louisiana Healthcare Connections that the following skilled nursing facility levels of care, for facilities contracted for levels 1-4, are medically necessary when the applicable criteria are met in A-C:
 - A. <u>Patient status meets all of the following:</u>
 - 1. <u>Medically stable with medical or surgical comorbidities manageable and not</u> requiring acute medical attention;
 - 2. <u>Requires care that is directly related and reasonable for the presenting condition</u> <u>and/or illness;</u>
 - 3. <u>There is expected improvement from medical and/or rehab intervention (or end-stage disease) within a reasonable and predictable period of time:</u>
 - 4. <u>Those who require rehabilitative services must exhibit a decline in physical</u> <u>function (compared to prior level of function) in order for rehab services to be</u> <u>considered medically appropriate. Prior level of function can include:</u> <u>independent, modified independent in the community, supervised or minimum</u> <u>assistance in the community with caregiver support, or long-term resident.</u>
 - B. Program requirements meet all of the following:
 - 1. <u>Assessment and oversight by a medical practitioner such as a doctor, nurse</u> practitioner (NP) or physician assistant (PA) required > 1 time per week;
 - 2. <u>Interdisciplinary and goal oriented treatment by professional nursing, social</u> worker, or case manager, and/or rehab therapists with specialized training, education and/or certification;
 - 3. Treatment plan developed within 2 days of admission;
 - 4. Daily documentation of treatment and response to interventions with progress toward meeting goals documented at least weekly or more frequently;
 - 5. <u>Medical specialty consultative service</u>, pharmacy and diagnostic services <u>available</u>.
 - C. <u>Skilled nursing facility level of care meets one of the following:</u>

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- Level of Care 1 (Rev Code 191) Skilled Nursing Services Requirements: Skilled nursing up to 4 hours per day, 7 days per week, or skilled therapy 1-2 hours per day, at least 5 days per week;
 Examples of conditions and treatments appropriate to Level 1 include, but are not limited to: nebulizer treatments; stable tracheostomy maintenance and suctioning, tube feedings or percutaneous endoscopic gastrostomy (PEG) tubes; simple wound care for healing surgical wounds, cellulitis not requiring debridement, or more than two dressing changes or topical antibiotic treatments per day; intramuscular or subcutaneous injections and in and out catheterizations.
- 2. <u>Level of Care 2 (Rev Code 192)- Comprehensive Care Services Requirements:</u> Skilled nursing at least 4 hours per day, 7 days per week, or skilled therapy for at least 2 hours per day, at least 5 days per week. Examples of conditions and treatments appropriate to Level 2 include, but are not limited to: negative pressure wound therapy; open wounds and up to Stage III decubiti; new tracheotomy requiring suctioning and site care, but not ventilator dependent; IV therapy for hydration; oxygen use and treatments for multiple medical complexities.
- 3. <u>Level of Care 3 Complex (Rev Code 193) Medical/Surgical Sub-Acute Care</u> <u>Services Requirements: Skilled nursing for more than 4 hours per day, 7 days per</u> <u>week, and skilled therapy for at least 3 hours per day, at least 5 days per week;</u> <u>Examples of conditions and treatments appropriate to Level 3 include, but are</u> <u>not limited to: combination IV antibiotic therapy; initiation or adjustment of</u> <u>parenteral anticoagulant therapy; orthopedic cases; total parenteral nutrition</u> (TPN) administration; spinal or pelvic fractures; completed transient ischemic <u>attack (TIA)/cerebrovascular accident (CVA) care; congestive heart failure</u> <u>requiring IV medication; urosepsis, respiratory disease requiring high flow</u> <u>oxygen treatment, arterial blood gas oximetry, tracheostomy tube changes and</u> <u>postural drainage and percussion.</u>
- 4. <u>Level of Care 4 (Rev Code 194) Intensive Care Services Requirements, both of the</u> <u>following:</u>
 - a. Skilled nursing for more than 4 hours per day, 7 days per week;
 - b. <u>Patient requires Level 4 Intensive Care Services due to one of the following high acuity needs:</u>
 - i. <u>Catastrophic multiple traumas;</u>
 - ii. Severe head injury or CVA;
 - iii. Stabilized spinal cord injury;
 - iv. Weanable and non-weanable ventilator dependent patients.
- II. <u>It is the policy of Louisiana Healthcare Connections that the following skilled nursing</u> <u>facility levels of care, for facilities contracted for levels 1-5, are medically necessary</u> <u>when the criteria in A-C are met:</u>



- A. <u>Patient status meets all of the following:</u>
 - 1. <u>Medically stable with medical or surgical comorbidities manageable and not</u> requiring acute medical attention;
 - 2. <u>Requires care that is directly related and reasonable for the presenting condition</u> <u>and/or illness;</u>
 - 3. <u>There is expected improvement from medical and/or rehab intervention (or end-stage disease) within a reasonable and predictable period of time:</u>
 - 4. <u>Those who require rehabilitative services must exhibit a decline in physical</u> <u>function (compared to prior level of function) in order for rehab services to be</u> <u>considered medically appropriate. Prior level of function can include:</u> <u>independent, modified independent in the community, supervised or minimum</u> <u>assistance in the community with caregiver support, or long-term resident.</u>
- B. Program requirements meet all of the following:
 - 1. <u>Assessment and oversight by a medical practitioner such as a doctor, nurse</u> practitioner (NP) or physician assistant (PA) required > 1 time per week:
 - 2. <u>Interdisciplinary and goal oriented treatment by professional nursing, social</u> worker, or case manager, and/or rehab therapists with specialized training, education and/or certification;
 - 3. Treatment plan developed within 2 days of admission;
 - 4. Daily documentation of treatment and response to interventions with progress toward meeting goals documented at least weekly or more frequently;
 - 5. <u>Medical specialty consultative service</u>, pharmacy and diagnostic services <u>available</u>.
- C. <u>Skilled nursing facility level of care meets one of the following:</u>
 - 1. <u>Level of Care 1 (Rev Code 191) Skilled Nursing Services Requirements: Skilled</u> nursing up to 4 hours per day, 7 days per week, or skilled therapy 1-2 hours per day, at least 5 days per week.

Examples of conditions and treatments appropriate to Level 1 include, but are not limited to: nebulizer treatments; stable tracheostomy maintenance and suctioning, tube feedings or PEG tubes; simple wound care for healing surgical wounds, or cellulitis not requiring debridement, or more than two dressing changes or topical antibiotic treatments per day; intramuscular or subcutaneous injections and in and out catheterizations.

2. <u>Level of Care 2 (Rev Code 192) – Comprehensive Care Services Requirements:</u> Skilled nursing at least 4 hours per day, 7 days per week, or skilled therapy for at least 2 hours per day, at least 5 days per week.

Examples of conditions and treatments appropriate to Level 2 include, but are not limited to: negative pressure wound therapy; open wounds and up to Stage III ducubiti; new tracheotomy requiring suctioning and site care, but not ventilator dependent; IV therapy for hydration; oxygen use and treatments for multiple medical complexities.



3. <u>Level of Care 3 (Rev Code 193) – Medical/Surgical Services Requirements: Skilled</u> nursing for more than 4 hours per day, 7 days per week, and skilled therapy for at least 3 hours per day, at least 5 days per week;

Examples of conditions and treatments appropriate to Level 3 include, but are not limited to: combination IV antibiotic therapy; initiation or adjustment of parenteral anticoagulant therapy; orthopedic cases; TPN administration; spinal or pelvic fractures; completed TIA/CVA care; congestive heart failure requiring IV medication; urosepsis, respiratory disease requiring high flow oxygen treatment, arterial blood gas oximetry, tracheostomy tube changes and postural drainage and percussion.

4. <u>Level of Care 4 (Rev Code 194) – Medically Complex Services Requirements:</u> Skilled nursing more than 4 hours per day, 7 days per week, and skilled therapy 3 hours per day, at least 5 days per week;

Examples of conditions and treatments appropriate to Level 4 include, but are not limited to: bedside dialysis, severe cerebrovascular accident, severe head injury, stabilized spinal cord injuries, etc.

5. <u>Level of Care 5 (Rev Code 199) – Intensive Care Services Requirements: Skilled</u> nursing required for more than 4 hours per day, 7 days per week.

Examples of conditions and treatments appropriate to Level 5 include, but are not limited to: more medically complex conditions, including but not limited to: high cost drugs, Guillian Barre syndrome, ventilator dependent patients, catastrophic multiple trauma, severe head injury, etc.

Background

Skilled Nursing Facility (SNF)⁶

<u>A skilled nursing facility (SNF) is an institution (or part of an institution) licensed under</u> state laws and whose primary focus is to provide skilled nursing care and related services for residents requiring medical or nursing care. A SNF may also be a place of rehabilitation services for injured, disabled, or sick members/enrollees. The following information is a synopsis from the Medicare Benefit Policy Manual:

<u>Skilled nursing and/or skilled rehabilitation services are services, furnished in accordance physician orders, that:</u>

- A. <u>Require the skills of qualified technical or professional health personnel such as</u> <u>registered nurses, licensed practical (vocational) nurses, physical therapists,</u> <u>occupational therapists, and speech-language pathologists or audiologists; and,</u>
- B. <u>Must be provided directly by or under the general supervision of these skilled</u> <u>nursing or skilled rehabilitation personnel to assure the safety of the patient and to</u> <u>achieve the medically desired result.</u>



In order for a nursing service to be considered a "skilled service" it must be a service that it can only be safely and effectively performed by, or under the supervision of, a registered nurse or, when provided by regulation, a licensed practical nurse.

A condition that would not ordinarily require skilled nursing services may still require skilled nursing under certain circumstances. In such instances, skilled nursing care is necessary only when:

- A. <u>The particular patient's special medical complications require the skills of a</u> <u>registered nurse or, when provided by regulation, a licensed practical nurse to</u> <u>perform a type of service that would otherwise be considered non-skilled; OR,</u>
- B. <u>The needed services are of such complexity that the skills of a registered nurse or,</u> when provided by regulation, a licensed practical nurse are required to furnish the <u>services.</u>

<u>A service is not considered a skilled nursing service merely because it is performed by or under the direct supervision of a nurse.</u>

Coding Implications

This clinical policy references Current Procedural Terminology (CPT[®]). CPT[®] is a registered trademark of the American Medical Association. All CPT codes and descriptions are copyrighted 2020, American Medical Association. All rights reserved. CPT codes and CPT descriptions are from the current manuals and those included herein are not intended to be all-inclusive and are included for informational purposes only. Codes referenced in this clinical policy are for informational purposes only and may not support medical necessity. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

$\frac{CPT^{\circledast*}}{Codes}$	Description
<u>Codes</u> 99304	Initial nursing facility care, per day, for the evaluation and management of a
<u> </u>	patient, which requires these 3 key components: A detailed or comprehensive
	history; A detailed or comprehensive examination; and Medical decision making
	that is straightforward or of low complexity.
<u>99305</u>	Initial nursing facility care, per day, for the evaluation and management of a
	patient, which requires these 3 key components: A comprehensive history; A
	comprehensive examination; and Medical decision making of moderate
	<u>complexity.</u>
<u>99306</u>	Initial nursing facility care, per day, for the evaluation and management of a
	patient, which requires these 3 key components: A comprehensive history; A
	comprehensive examination; and Medical decision making of high complexity.
<u>99307</u>	Subsequent nursing facility care, per day for the evaluation and management of
	a patient, which requires at least 2 of these 3 key components: A problem
	focused interval history; A problem focused examination; Straightforward
	medical decision making.



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<u>CPT®*</u>	Description	
<u>Codes</u>		
<u>99308</u>	Subsequent nursing facility care, per day, for the evaluation and management of	
	a patient, which requires at least 2 of these 3 key components: An expanded	
	problem focused interval history; An expanded problem focused examination;	
	Medical decision making of low complexity.	
<u>99309</u>	Subsequent nursing facility care, per day, for the evaluation and management of	
	a patient, which requires at least 2 of these 3 key components: A detailed interval	
	history; A detailed examination; Medical decision making of moderate	
	complexity.	
<u>99310</u>	Subsequent nursing facility care, per day, for the evaluation and management of	
	a patient, which requires at least 2 of these 3 key components: A comprehensive	
	interval history; A comprehensive examination; Medical decision making of high	
	complexity.	
<u>99315</u>	Nursing facility discharge day management; 30 minutes or less	
<u>99316</u>	Nursing facility discharge day management; more than 30 minutes	
<u>99318</u>	Evaluation and management of patient involving an annual nursing facility	
	assessment, which requires these 3 key components: A detailed interval history;	
	A comprehensive examination; and medical decision making that is of low to	
	moderate complexity.	
<u>92507</u>	Individual Treatment of speech, language, voice, communication, and/or	
	auditory processing disorder	
<u>92508</u>	Group, 2 or more - Treatment of speech, language, voice, communication, and/or	
	auditory processing disorder	
<u>92521</u>	Evaluation of speech fluency (eg, stuttering, cluttering)	
<u>92522</u>	Evaluation of speech sound production (eg, articulation, phonological process,	
	apraxia, dysarthria);	
<u>92523</u>	Evaluation of speech sound production (eg, articulation, phonological process,	
	apraxia, dysarthria); with evaluation of language comprehension and expression	
	(eg, receptive and expressive language)	
<u>92524</u>	Behavioral and qualitative analysis of voice and resonance	
<u>92526</u>	Treatment of swallowing dysfunction and/or oral function for feeding	
<u>92597</u>	Evaluation for use and or fitting of voice prosthetic device to supplement oral	
	speech	
<u>92609</u>	Therapeutic services for the use of speech-generating device including	
	programming and modification	
<u>97161</u>	Physical therapy evaluation: low complexity	
<u>97162</u>	Physical therapy evaluation: moderate complexity	
<u>97163</u>	Physical therapy evaluation: high complexity	
<u>97164</u>	Re-evaluation of physical therapy established plan of care	
<u>91765</u>	Occupational therapy evaluation, low complexity	
<u>97166</u>	Occupational therapy evaluation, moderate complexity	
<u>97167</u>	Occupational therapy evaluation, high complexity	
<u>97168</u>	Re-evaluation of occupational therapy established plan of care	

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CPT®*	Description
<u>Codes</u>	
<u>97532</u>	Development of cognitive skills to improve attention, memory, problem solving (includes compensatory training), direct (one-on-one) patient contact, each 15
	minutes
<u>97533</u>	Sensory integrative techniques to enhance sensory processing and promote
	adaptive responses to environmental demands, direct (one to one) patient contact
	by the provider, each 15 minutes
<u>97535</u>	Self-care/home management training (eg, activities of daily living (ADL) and
	compensatory training, meal preparation, safety procedures, and instructions in
	use of assistive technology devices/adaptive equipment) direct one-on-one contact
	by provider, each 15 minutes
97537	Community/work integration training (eg, shopping, transportation, money
	management, avocational activities and/or work environment/modification
	analysis, work task analysis, use of assistive technology device/adaptive
	equipment), direct one-on-one contact by provider, each 15 minutes
<u>97542</u>	Wheelchair management (eg, assessment, fitting, training), each 15 minutes
97760	Orthotic(s) management and training (including assessment and fitting when not
	otherwise reported), upper extremity(s), lower extremity(s) and/or trunk, each
	15 minutes
<u>97761</u>	Prosthetic training, upper and/or lower extremity(s), each 15 minutes
97762	Checkout for orthotic/prosthetic use, established patient, each 15 minutes

Reviews, Revisions, and Approvals	Revision Date	<u>Approval</u> <u>Date</u>
Rebranded from corporate policy	5/22	

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Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information.



LHCC makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable LHCC administrative policies and procedures.

This clinical policy is effective as of the date determined by LHCC. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. LHCC retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members/enrollees. This clinical policy is not intended to recommend treatment for members/enrollees. Members/enrollees should consult with their treating physician in connection with diagnosis and treatment decisions.

<u>Providers referred to in this clinical policy are independent contractors who exercise</u> <u>independent judgment and over whom LHCC has no control or right of control. Providers</u> <u>are not agents or employees of LHCC.</u>

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