

Clinical Policy: Post-Acute Care

Reference Number: LA.CP.MP.213

Implications

Date of Last Revision: 05/22

Revision Log

See Important Reminder at the end of this policy for important regulatory and legal information.

Coding

Description

Post-acute care refers to a wide range of services, including skilled nursing facilities, inpatient rehabilitation facilities, home health aides, outpatient physical and occupational therapy, and long-term care facilities.¹ Medicare spends more than \$59 billion on post-acute care, which has more than doubled since 2001. Discharges to post-acute care facilities have increased nearly 50% during the past 15 years.² Post-acute care is a major contributor to the costs of a hospitalization episode because 42% of Medicare beneficiaries are discharged from hospitals to post-acute care settings.³

Note: This policy is to be used instead of MCG, when InterQual criteria are not available. See LA.CP.MP.206 Skilled Nursing Facility Leveling when InterQual criteria are available.

Policy/Criteria

I. It is the policy of Louisiana Healthcare Connections that skilled nursing facility (SNF) care is medically necessary when criteria are met for initial admission or continued stay and the appropriate level criteria are met:

Initial Admission and Continued Stay, all of the following:

- A. <u>Skilled nursing services or skilled rehabilitation services are required (i.e., services that</u> <u>must be performed by or under the supervision of professional or technical personnel);</u>
- B. <u>As a practical matter, considering economy and efficiency, the daily skilled services can</u> be provided only on an inpatient basis in a SNF;
- C. The services delivered are reasonable and necessary for the treatment of illness or injury, i.e., are consistent with the nature and severity of the illness or injury, the particular medical needs, and accepted standards of medical practice. The services must also be reasonable in terms of duration and quantity;
- D. Initial admission and subsequent stay in a SNF for skilled nursing services or rehabilitation services must include development, management and evaluation of a plan of care that meets all of the following:
 - 1. <u>Involvement of skilled nursing personnel is required to meet medical needs, promote recovery and ensure medical safety (in terms of the physical or mental condition);</u>
 - 2. <u>A significant probability must exist that complications would arise without skilled</u> <u>supervision of the treatment plan by a physician, licensed nurse, or licensed therapist;</u>
 - 3. <u>Care plans must include realistic nursing goals and objectives for the</u> <u>member/enrollee as well as discharge plans and the planned interventions by the</u> <u>medical staff to meet those goals and objectives;</u>
 - 4. Updated care plans must document the outcome of the planned interventions;
- E. <u>Following review for medical necessity, each approval must have a level of care</u> <u>documented – Continue to SNF level of care review.</u>



Skilled Nursing Facility (SNF) Levels of Care, all A-C

- A. <u>Patient status meets all of the following:</u>
 - 1. <u>Medically stable with medical or surgical comorbidities manageable and not</u> requiring acute medical attention;
 - 2. There is expected improvement from medical and/or rehab intervention (or end-stage disease) within a reasonable and predictable period of time;
 - 3. Those who require rehabilitative services must exhibit a decline in physical function (compared to prior level of function) in order for rehab services to be considered medically appropriate. Prior level of function can include: independent, modified independent in the community, supervised or minimum assistance in the community with caregiver support, or long-term resident;
- B. Program requirements meet all of the following:
 - 1. <u>Assessment and oversight by a medical practitioner such as a Nurse Practitioner</u> (NP) or Physician Assistant (PA) required > 1 time per week;
 - 2. Interdisciplinary and goal oriented treatment by professional nursing, social worker, or case manager, and/or rehab therapists with specialized training, education and/or certification;
 - 3. Treatment plan developed within 2 days of admission;
 - 4. <u>Daily documentation of treatment and response to interventions with progress</u> <u>toward meeting goals documented at least weekly or more frequently;</u>
 - 5. <u>Medical specialty consultative service, pharmacy and diagnostic services available;</u>
- C. <u>Skilled nursing facility level of care meets one of the following:</u>
 - 1. <u>Level of Care 1(Rev Code 191) Skilled Nursing Services Requirements: Skilled</u> nursing up to 4 hours per day, 7 days per week, or skilled therapy 1-2 hours per day, at least 5 days per week.

Examples of conditions and treatments appropriate to Level 1 include, but are not limited to: nebulizer treatments; stable tracheostomy maintenance and suctioning, tube feedings or PEG tubes; simple wound care for healing surgical wounds, cellulitis not requiring debridement, or more than two dressing changes or topical antibiotic treatments per day; intramuscular or subcutaneous injections and in and out catheterizations.

- Level of Care 2(Rev Code 192) Comprehensive Care Services Requirements: Skilled nursing at least 4 hours per day, 7 days per week, or skilled therapy for at least 2 hours per day, at least 5 days per week.
 Examples of conditions and treatments appropriate to Level 2 include, but are not limited to: negative pressure wound therapy; open wounds and up to Stage III decubiti; new tracheotomy requiring suctioning and site care, but not ventilator dependent; IV therapy for hydration; oxygen use and treatments for multiple medical complexities.
- 3. <u>Level of Care 3 (Rev Code 193)</u> <u>Medical/Surgical Services Requirements: Skilled</u> nursing for more than 4 hours per day, 7 days per week, and skilled therapy for at least 3 hours per day, at least 5 days per week. <u>Examples of conditions and treatments appropriate to Level 3 include, but are not</u> limited to: combination IV antibiotic therapy; initiation or adjustment of parenteral anticoagulant therapy; orthopedic cases; TPN administration; spinal or pelvic



<u>fractures; completed TIA/CVA care; congestive heart failure requiring IV</u> <u>medication; urosepsis, respiratory disease requiring high flow oxygen treatment,</u> <u>arterial blood gas oximetry, tracheostomy tube changes and postural drainage and</u> <u>percussion.</u>

- 4. <u>Level of Care 4 (Rev Code 194) Medically Complex Services Requirements: Skilled</u> nursing more than 4 hours per day, 7 days per week, and skilled therapy 3 hours per day, at least 5 days per week. <u>Examples of conditions and treatments appropriate to Level 4 include, but are not</u> limited to: bedside dialysis, severe cerebrovascular accident, severe head injury, stabilized spinal cord injuries, etc.
- 5. <u>Level of Care 5 (Rev Code 199) Intensive Care Services Requirements: Skilled</u> <u>nursing required for more than 4 hours per day, 7 days per week.</u> <u>Examples of conditions and treatments appropriate to Level 5 include, more</u> <u>medically complex conditions, including but not limited to: high cost drugs (see list</u> <u>below), Guillian Barre syndrome, ventilator dependent patients, catastrophic multiple</u> <u>trauma, severe head injury, etc.</u>

	<u>^High Cost Drug List</u>	
<u>Adempas</u>	Glassia	<u>Nexavar</u>
Advate	Geevec	Ofez
Afinitor	Hrvoni	<u>Olysio</u>
<u>Aldurazyme</u>	<u>Herceptin</u>	<u>Opdivo</u>
<u>Apokyn</u>	Hetlioz	Orenitram
<u>Aralast NP</u>	HP Acthar	<u>Orkambi</u>
<u>Avastin</u>	<u>Humira Pen (Crohn's</u>	<u>Opsumit</u>
<u>Benefix</u>	Disease)	Pomalyst
<u>Bexarotene</u>	<u>Ibrance</u>	<u>Privigen</u>
<u>Bosulif</u>	<u>Iclusig</u>	<u>Procysbi</u>
<u>Advate</u>	<u>Ilaris</u>	<u>Prolastin-C</u>
<u>Cimzia Starter Kit</u>	<u>Imbruvica</u>	<u>Promacta</u>
Cinryze	<u>Increlex</u>	<u>Ravicti</u>
<u>Cubicin</u>	<u>Inlyta</u>	<u>Revlimid</u>
<u>Cuprimine</u>	<u>Jadenu</u>	<u>Rituxan</u>
<u>Daklinza</u>	<u>Jakafi</u>	<u>Sabril</u>
<u>Daraprim</u>	<u>Juxtapid</u>	<u>Samsca</u>
Dificid	<u>Kalydeco</u>	<u>Serostim</u>
Disperz	<u>Kuvan</u>	<u>Simponi</u>
<u>Elaprase</u>	<u>Lazanda</u>	<u>Soliris</u>
Eloctate	Lenvima (24 mg Daily Dose)	<u>Sovaldi</u>
<u>Erivedge</u>	<u>Letairis</u>	<u>Sprycel</u>
<u>Esbriet</u>	<u>Linezolid</u>	<u>Stelara</u>
<u>Exjade</u>	Leukine	<u>Stivarga</u>
<u>Farydak</u>	<u>Lynparza</u>	<u>Subsys</u>
<u>Ferriprox</u>	<u>Mekinist</u>	<u>Supprelin LA</u>
<u>Firazyr</u>	<u>Myalept</u>	<u>Sutent</u>
Gammagard Liquid	<u>Naglazyme</u>	<u>Syprine</u>
Gamunex-C	<u>Neulasta</u>	<u>Tafinlar</u>
<u>Gattex</u>	<u>Neupogen</u>	<u>Targretin</u>

CLINICAL POLICY Post-acute Care



Tasinga	<u>Viekira Pak</u>
Tetrabenazine	Votrient
<u>Thalomid</u>	<u>Vpriv</u>
<u>Thiola</u>	<u>Xalkori</u>
<u>Tobi Podhaler</u>	<u>Xenazine</u>
<u>Tyvaso Refill</u>	<u>Xtandi</u>
<u>Valchlor</u>	<u>Xyrem</u>
Velcade	<u>Zelboraf</u>

- Zemaira Zolinza Zydelig Zykadia Zytiga Zyvox
- II. It is the policy of Louisiana Healthcare Connections that the need for and length of stay (LOS) in a SNF is dependent upon a member/enrollee's medical condition, type, amount, and frequency of skilled services provided. Members/enrollees may receive medically necessary services in a less intensive care setting (outpatient or home therapy services) and admission to a skilled nursing facility is not medically necessary when any of the following apply:⁶
 - A. <u>Ambulatory/mobile for household distances (50-70 feet or more) with less than minimal</u> <u>assistance, and is capable of performing activities of daily living with less than minimal</u> <u>assistance (the need for some minimal or contact guard assistance is not, in itself, a reason</u> <u>for admission or continued stay in a skilled nursing facility);</u>
 - B. In need of only custodial care. Custodial care is comprised of services and supplies, including room and board and other facility services, which are provided to the patient, whether disabled or not, primarily to assist him or her in the activities of daily living rather than to provide therapeutic treatment. Custodial care, includes, but is not limited to help in walking, bathing, dressing, feeding, preparation of special diets, supervision over self-administration of medications and other activities that can be safely and adequately provided by persons without the technical skills of a covered health care provider (nurse). Such services and supplies are custodial without regard to the provider prescribing or providing the services.
 - C. <u>In need of maintenance programs or care. Functional maintenance programs are drills,</u> <u>techniques and exercises that preserve the present level of function and prevent</u> <u>regression of that function. Maintenance begins when the therapeutic goals of a treatment</u> <u>plan have been achieved and/or when no further functional progress is apparent or</u> <u>expected to occur. Maintenance medical care occurs when the patient's condition is stable</u> <u>or predictable; the plan of care does not require a skilled nurse to be in continuous</u> <u>attendance; or the patient, family, or caregivers have been taught the nursing services</u> <u>and have demonstrated the skills and ability to carry out the plan of care.</u>
 - B. <u>The need for respiratory therapy, either by a nurse or by a respiratory therapist, does not alone qualify an individual for SNF care.</u>
- III. It is the policy of Louisiana Healthcare Connections that medical director review is required for requests for SNF *admissions* for the following high readmission risk groups:⁶
 - A. <u>History of sepsis admission and less than minimal assistance is required, such as contact</u> <u>guard or supervision;</u>
 - B. <u>Unilateral knee replacement surgery (major joint replacement) and no active co-</u> morbidities;
 - C. <u>Those who are only receiving intravenous or total parenteral nutrition (TPN) or</u> <u>hyperalimentation (TPN);</u>
 - D. <u>Multiple SNF admissions in past 90 days;</u>



- E. <u>Any description of maximal assistance (MaxA), dependent transfers or ADLs; or total</u> <u>assistance, minimal assistance (MinA) and current functional status at their</u> <u>baseline/prior level of function, or contact guard assistance (CGA), stand-by assist (SBA),</u> <u>modified independent (Mod I), or supervison (SPV);</u>
- F. <u>Amputation status surgery with previous level of function (PLOF) determined to be a custodial nature due to lower functional status or who could benefit equally from home health, physical therapy (PT), or occupational therapy (OT).</u>
- IV. It is the policy of Louisiana Healthcare Connections that medical director review for requests for skilled nursing facility *continued stays* are required for the following high readmission risk groups:⁶
 - A. <u>Services do not meet the medically necessary criteria;</u>
 - B. Those whose condition has changed such that skilled medical or rehabilitative care is no longer needed;
 - C. Those who refuse to participate in the recommended treatment plan;
 - D. Care is or has become custodial;
 - E. <u>Services are provided by a family member or another non-medical person. When a</u> <u>service can be safely and effectively self-administered or performed by the average non-</u> <u>medical person without the direct supervision of a nurse, the service cannot be regarded</u> <u>as a skilled service.</u>
- V. It is the policy of Louisiana Healthcare Connections that in order for inpatient rehabilitation facility (IRF) care to be considered reasonable and necessary, the documentation in the patient's IRF medical record (which must include the preadmission screening) must demonstrate a reasonable expectation that the following criteria were met at the time of admission to the IRF. IRF admission is considered medically necessary when all of the following are met:⁷
 - A. <u>The member/enrollee must require the active and ongoing therapeutic intervention of</u> <u>more than one therapy discipline (physical therapy, occupational therapy, speech-</u> <u>language pathology, and/or prosthetics/orthotics), with one of which being physical or</u> <u>occupational therapy;</u>
 - B. <u>The member/enrollee must generally require an intensive rehabilitation therapy program. Under current industry standards, this intensive rehabilitation therapy program generally consists of at least 3 hours of therapy per day at least 5 days per week. In certain well-documented cases, this intensive rehabilitation therapy program might instead consist of at least 15 hours of intensive rehabilitation therapy within a 7 consecutive day period, beginning with the date of admission to the IRF;** ** 110.2.2 Intensive Level of Rehabilitation Services. A primary distinction between the IRF environment and other rehabilitation settings is the intensity of rehabilitation therapy services provided in an IRF. For this reason, the information in the patient's IRF medical record (especially the required documentation described in section 110.1) must document a reasonable expectation that at the time of admission to the IRF the patient generally required the intensive rehabilitation therapy services that are uniquely provided in IRFs.</u>
 - C. <u>The member/enrollee must reasonably be expected to actively participate in, and benefit</u> <u>significantly from, the intensive rehabilitation therapy program at the time of admission</u> <u>to the IRF. The member/enrollee can only be expected to benefit significantly from the</u> <u>intensive rehabilitation therapy program if their condition and functional status are such</u>



that they can reasonably be expected to make measurable improvement (that will be of practical value to improve the their functional capacity or adaptation to impairments) as a result of the rehabilitation treatment, and if such improvement can be expected to be made within a prescribed period of time. The member/enrollee need not be expected to achieve complete independence in the domain of self-care nor be expected to return to his or her prior level of functioning in order to meet this standard;^^

^^ 110.3 - Definition of Measurable Improvement. A patient can only be expected to benefit significantly from an intensive rehabilitation therapy program provided in an IRF, as required in section 110.2.3, if the patient's IRF medical record indicates a reasonable expectation that a measurable, practical improvement in the patient's functional condition can be accomplished within a predetermined and reasonable period of time. In general, the goal of IRF treatment is to enable the patient's safe return to the home or community-based environment upon discharge from the IRF. The patient's IRF medical record is expected to indicate both the nature and degree of expected improvement and the expected length of time to achieve the improvement.

- D. The member/enrollee must require physician supervision by a rehabilitation physician, defined as a licensed physician with specialized training and experience in inpatient rehabilitation. The requirement for medical supervision means that the rehabilitation physician must conduct face-to-face visits with the patient at least 3 days per week throughout the patient's stay in the IRF to assess the patient both medically and functionally, as well as to modify the course of treatment as needed to maximize the patient's capacity to benefit from the rehabilitation process;
- E. <u>The member/enrollee must require an intensive and coordinated interdisciplinary</u> <u>approach to providing rehabilitation.##</u>

110.2.5 - Interdisciplinary team approach to the delivery of care. An IRF stay will only be considered reasonable and necessary if at the time of admission to the IRF the documentation in the patient's IRF medical record indicates a reasonable expectation that the complexity of the patient's nursing, medical management, and rehabilitation needs requires an inpatient stay and an interdisciplinary team approach to the delivery of rehabilitation care.

Interdisciplinary services are those provided by a treatment team in which all of its members participate in a coordinated effort to benefit the patient and the patient's significant others and caregivers. Interdisciplinary services, by definition, cannot be provided by only one discipline. Though individual members of the interdisciplinary team work within their own scopes of practice, each professional is also expected to coordinate his or her efforts with team members of other specialties, as well as with the patient and the patient's significant others and caregivers. The purpose of the interdisciplinary team is to foster frequent, structured, and documented communication among disciplines to establish, prioritize, and achieve treatment goals. At a minimum, the interdisciplinary team must document participation by professionals from each of the following disciplines:

- <u>A rehabilitation physician with specialized training and experience in</u> rehabilitation services;
- <u>A registered nurse with specialized training or experience in rehabilitation;</u>
- <u>A social worker or a case manager (or both); and</u>
- <u>A licensed or certified therapist from each therapy discipline involved in treating the patient.</u>



- VI. <u>It is the policy of Louisiana Healthcare Connections that inpatient rehab facility (IRF) care</u> is not medically necessary for the following indications:⁷
 - A. <u>As an alternative to completion of the full course of treatment in the referring hospital.</u> Any member/enrollee who has not yet completed the full course of treatment in the referring hospital must remain in the referring hospital, with appropriate rehabilitative treatment provided, until they have completed the full course of treatment.
 - B. <u>"Trial" IRF admissions, during which a member/enrollee is admitted to an IRF for 3 to</u> <u>10 days to assess whether or not the member/enrollee would benefit significantly from</u> treatment in the IRF setting, is not considered reasonable and necessary.
 - C. Any member/enrollee requiring only one discipline of therapy.
- VII. <u>It is the policy of Louisiana Healthcare Connections that admission to a long term acute</u> <u>care facility is medically necessary when one of the following criteria are met:</u>
 - A. <u>Medically Complex. There are few indications that may be medically necessary for</u> <u>LTAC</u>, such as short-bowel syndrome or where continuous suction is not available in <u>SNF or INR</u>, severe pancreatitis, malignancy complications in patients who are not receiving palliative or hospice services, dialysis that cannot be provided in a SNF. Other indications such as CHF, inflammatory bowel disease (IBD), End-Stage Renal Disease (ESRD), recent CNS injury (stroke, SCI or TBI) or hematological disorders can most likely be treated in an alternative level of care (ALOC);
 - B. <u>Respiratory Complex (acute respiratory failure). The top diagnoses include pulmonary</u> edema, acute CHF, COPD and other respiratory conditions. Appropriate conditions include chest tube management, failure of ALOC: such as requiring trial and initiation of <u>NIPPV</u>, Failed home NIPPV management and adjustment required, nocturnal ventilation prior to admission requiring increased reliance on mechanical ventilation or <u>NIPPV support, OXYGEN > 50%;</u>
 - C. Ventilator Weaning. In order to consider as medically necessary for LTAC for ventilator weaning, 3 failed attempts at weaning are required as an inpatient for at least 2 weeks for ventilator patients who are expected to require prolonged mechanical ventilation (PMV). The definition of PMV is 21 days of mechanical ventilation for at least 6 hours per day (CMS definition). Patients who are being considered for ventilation weaning must have a formal evaluation of their clinical appropriateness prior to a trial of weaning. For example, patients with a fixed obstruction of their airway due to a malignancy may not be expected to wean and would not be appropriate for LTAC; long-term ventilator patients who have been admitted to the hospital for an acute illness would also not be considered as medically necessary for LTAC. Weaning period begins after intubation & mechanical ventilation as well as tracheostomy insertion & ventilation;
 - D. <u>Wound Care. This includes, but is not limited to complex wound care. The following</u> wound scenarios would be appropriate for medically necessary LTAC admissions:
 - 1. <u>Necrotic wounds requiring multiple and aggressive surgical excisions or debridements</u> (e.g., post-fasciotomies);
 - 2. <u>Large wound or skin conditions such as affecting > 15% BSA.</u>
- VIII. <u>It is the policy of Louisiana Healthcare Connections that the following conditions can</u> <u>typically be treated in a SNF and are not considered medically necessary for LTAC</u> <u>admissions:</u>
 - A. <u>COPD with great than 2 readmissions in the last 6 months;</u>



- B. <u>A respiratory condition requiring nebulizer treatments every 4 hours;</u>
- C. Simple hypoxia on room air (o2 saturations 85%-91%);
- D. Most wound care can be treated at a SNF including:
 - 1. <u>Wounds with extensive undermining or tunneling;</u>
 - 2. Chronic non-healing or open surgical wounds;
 - 3. Wound vacuum assisted devices (wound VAC) for stage IV wounds;
 - 4. <u>Pre-op optimization;</u>
 - 5. Wounds on the perineal, ischial or coccyx with incontinence;
 - 6. <u>Lower extremity wounds including;</u>
 - 7. Post skin flap or graft;
 - 8. <u>Recalcitrant wounds;</u>
 - 9. Post skin flap or graft.

Background

One in five Medicare beneficiaries is readmitted to the hospital within 30 days of discharge. The 90-day readmission rate for skilled nursing facilities (SNF) and Acute Inpatient Rehabilitation Facilities (IRF) are largely equivalent. Skilled nursing facilities (SNFs) represent the most common setting for post-acute care in the United States. Rates of readmission from SNFs are high. One in four patients discharged to a SNF is readmitted within 30 days⁴ and two-thirds of these readmissions may be preventable.⁵ Hence, preventing readmissions is a goal that aligns with CMS expectations that readmissions are an event that can be preventable.

Skilled Nursing Facility (SNF)⁶

A skilled nursing facility (SNF) is an institution (or part of an institution) licensed under state laws and whose primary focus is to provide skilled nursing care and related services for residents requiring medical or nursing care. A SNF may also be a place of rehabilitation services for those who are injured, disabled, or sick. The following information is a synopsis from the Medicare Benefit Policy Manual.

<u>Skilled nursing and/or skilled rehabilitation services are services, furnished in accordance physician orders, that:</u>

- A. <u>Require the skills of qualified technical or professional health personnel such as</u> registered nurses, licensed practical (vocational) nurses, physical therapists, occupational therapists, and speech-language pathologists or audiologists;
- B. <u>Must be provided directly by or under the general supervision of these skilled</u> <u>nursing or skilled rehabilitation personnel to assure the safety of the patient and to</u> <u>achieve the medically desired result.</u>

In order for a nursing service to be considered a "skilled service", it must be a service that it can only be safely and effectively performed by, or under the supervision of, a registered nurse or, when provided by regulation, a licensed practical nurse. If all other requirements for coverage under the SNF benefit are met, skilled nursing services are covered when an individualized assessment of the patient's clinical condition demonstrates that the specialized judgment, knowledge, and skills of a registered nurse or, when provided by regulation, a licensed practical nurse are necessary. Skilled nursing services are covered where such skilled nursing services are necessary to maintain the patient's current condition or prevent or slow further deterioration so long as the beneficiary requires



skilled care for the services to be safely and effectively provided, and all other requirements for coverage under the SNF benefit are met. Coverage does not depend on the presence or absence of an individual's potential for improvement from nursing care, but rather on the beneficiary's need for skilled care.

<u>A service is not considered a skilled nursing service merely because it is performed by or</u> <u>under the direct supervision of a nurse.</u>

<u>Inpatient Rehabilitation Facility (IRF)⁷</u> The following information is a synopsis from the Medicare Benefit Policy Manual.

Inpatient rehabilitation facility services include intense, multidisciplinary programs and rehabilitation therapies in an inpatient rehab hospital setting for patients who are medically complex and have multiple rehab needs. Although an IRF can provide medical management, a patient must complete their full inpatient hospital course of treatment before being appropriate for IRF care. Because of the intensity of the rehabilitation program patients must be able to fully participate and be expected to benefit from services before being transferred. An IRF stay will only be considered reasonable and necessary if, at the time of admission to the IRF, the documentation in the patient's IRF medical record indicates a reasonable expectation that the complexity of the patient's nursing, medical management and rehabilitation needs require an inpatient stay and an interdisciplinary team approach for their rehabilitation care. The general goal of IRF treatment is to enable the patient's safe return to the home or community-based environment upon discharge from the IRF. This goal does not require the patient to achieve complete independence in self-care or to return to his or her prior level of functioning in order to be considered successful.

Within 48 hours of being admitted to an IRF a patient must have a full pre-admission screening and medical evaluation. The preadmission screening must document the patient's prior level of function, expected level of improvement, and the expected length of time necessary to achieve that level of improvement. It must also include an evaluation of the patient's risk for clinical complications, the conditions that caused the need for rehabilitation, the treatments needed, expected frequency and duration of treatment in the IRF, anticipated discharge destination, any anticipated post-discharge treatments and other information relevant to the care needs of the patient.

Once the patient has arrived at the IRF they must have a full post-admission physician evaluation by a rehabilitation physician. The purpose of the post-admission evaluation is to compare the patient's pre-admission status with their post-admission status and note any significant changes. The post-admission evaluation will also allow the physician to begin development of their care plan and expected course of treatment.

<u>The care plan must include the patient's medical prognosis and the anticipated</u> <u>interventions, functional outcomes, and patient's discharge plan and destination once they</u> <u>have completed their stay at the IRF. Interventions must include the number of hours per</u> <u>day, number of days per week, and total days in the IRF in which the patient is expected to</u>



participate in physical, occupational, speech-language pathology, and/or prosthetic/orthotic therapies. The interventions must also take into account the patient's impairments, functional status, comorbidities, and any other contributing factors.

<u>A major difference between rehabilitation services performed in an IRF and any other</u> setting is the intensity, or time spent, on rehab and therapy services. The patient is expected to participate in intensive therapies for at least 3 hours per day at least 5 days per week or meet the required therapy participation time by doing at least 15 hours of therapy per week over the course of a 7 consecutive day period.

<u>Inpatient rehabilitation facilities provide a high level of physician involvement. While</u> admitted to an IRF a patient will have a face-to-face visit with their rehabilitation physician at least 3 times per week. These frequent face-to-face visits allow for the patient to have their progress as well as their medical and functional status assessed as well as to modify the course of treatment as needed to maximize the patient's capacity to benefit from the rehabilitation process.

An IRF operates with an interdisciplinary approach and at minimum, a team must consist of a rehabilitation physician, a registered nurse with training in rehabilitation, a social worker or case manager and a licensed or certified therapist from each discipline involved in treating the patient. Each patient's interdisciplinary care team must hold a minimum of one care planning meeting per week.

Since discharge planning is an integral part of any rehabilitation program, planning must begin upon admission to the IRF. To justify a continued need for an IRF stay, the documentation in the IRF medical record must show the patient's ongoing need for an intense level of rehab services and an interdisciplinary approach to care. Further, the IRF medical record must also demonstrate the patient is making functional improvements that are ongoing and sustainable, as well as of practical value. During most IRF stays the emphasis of therapies generally shifts from traditional, patient-centered therapeutic services to patient/caregiver education, durable medical equipment training, and other functional therapies that prepare the patient for a safe discharge to the home or community-based environment.

Long Term Acute Care (LTAC)

Long Term Acute Care (LTAC) facilities specialize in the care and rehabilitation of medically complex patients with a prolonged anticipated length of stay. Common medical problems of patients requiring LTAC care are those on ventilators and those with severe pulmonary disease and patients with skin problems or wounds complicated by secondary diagnoses. LTAC care can also be appropriate for certain patients with severe traumatic brain injuries and some cases of pre and post-organ transplant patients.

Coding Implications

This clinical policy references Current Procedural Terminology (CPT[®]). CPT[®] is a registered trademark of the American Medical Association. All CPT codes and descriptions are copyrighted 2020, American Medical Association. All rights reserved. CPT codes and



<u>CPT descriptions are from the current manuals and those included herein are not intended</u> to be all-inclusive and are included for informational purposes only. Codes referenced in this clinical policy are for informational purposes only and may not support medical necessity. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

CPT ^{®*}	Description
Codes	
<u>99304</u>	Initial nursing facility care, per day, for the evaluation and management of a patient, which requires these 3 key components: A detailed or comprehensive history; A detailed or comprehensive examination; and Medical decision making that is straightforward or of low complexity.
<u>99305</u>	Initial nursing facility care, per day, for the evaluation and management of a patient, which requires these 3 key components: A comprehensive history; A comprehensive examination; and Medical decision making of moderate complexity.
<u>99306</u>	Initial nursing facility care, per day, for the evaluation and management of a patient, which requires these 3 key components: A comprehensive history; A comprehensive examination; and Medical decision making of high complexity.
<u>99307</u>	Subsequent nursing facility care, per day for the evaluation and management of a patient, which requires at least 2 of these 3 key components: A problem focused interval history; A problem focused examination; Straightforward medical decision making.
<u>99308</u>	Subsequent nursing facility care, per day, for the evaluation and management of a patient, which requires at least 2 of these 3 key components: An expanded problem focused interval history; An expanded problem focused examination; Medical decision making of low complexity.
<u>99309</u>	Subsequent nursing facility care, per day, for the evaluation and management of a patient, which requires at least 2 of these 3 key components: A detailed interval history; A detailed examination; Medical decision making of moderate complexity.
<u>99310</u>	<u>Subsequent nursing facility care, per day, for the evaluation and management of</u> <u>a patient, which requires at least 2 of these 3 key components: A comprehensive</u> <u>interval history; A comprehensive examination; Medical decision making of high</u> <u>complexity.</u>
<u>99315</u>	Nursing facility discharge day management; 30 minutes or less
<u>99316</u>	Nursing facility discharge day management; more than 30 minutes
<u>99318</u>	Evaluation and management of patient involving an annual nursing facility assessment, which requires these 3 key components: A detailed interval history; A comprehensive examination; and medical decision making that is of low to moderate complexity.
<u>92507</u>	Individual Treatment of speech, language, voice, communication, and/or auditory processing disorder
<u>92508</u>	Group, 2 or more - Treatment of speech, language, voice, communication, and/or auditory processing disorder

CLINICAL POLICY Post-acute Care



<u>CPT®*</u>	Description			
<u>Codes</u>				
<u>92521</u>	Evaluation of speech fluency (eg, stuttering, cluttering)			
<u>92522</u>	Evaluation of speech sound production (eg, articulation, phonological process,			
	<u>apraxia, dysarthria);</u>			
<u>92523</u>	Evaluation of speech sound production (eg, articulation, phonological process,			
	apraxia, dysarthria); with evaluation of language comprehension and expression			
	(eg, receptive and expressive language)			
<u>92524</u>	Behavioral and qualitative analysis of voice and resonance			
<u>92526</u>	Treatment of swallowing dysfunction and/or oral function for feeding			
<u>92597</u>	Evaluation for use and or fitting of voice prosthetic device to supplement oral			
	speech			
<u>92609</u>	Therapeutic services for the use of speech-generating device including			
	programming and modification			
<u>97161</u>	Physical therapy evaluation: low complexity			
97162	Physical therapy evaluation: moderate complexity			
97163	Physical therapy evaluation: high complexity			
97164	Re-evaluation of physical therapy established plan of care			
91765	Occupational therapy evaluation, low complexity			
97166	Occupational therapy evaluation, moderate complexity			
97167	Occupational therapy evaluation, high complexity			
97168	Re-evaluation of occupational therapy established plan of care			
97532	Development of cognitive skills to improve attention, memory, problem solving			
	(includes compensatory training), direct (one-on-one) patient contact, each 15			
	minutes			
<u>97533</u>	Sensory integrative techniques to enhance sensory processing and promote			
	adaptive responses to environmental demands, direct (one to one) patient contact			
	by the provider, each 15 minutes			
<u>97535</u>	Self-care/home management training (eg, activities of daily living (ADL) and			
	compensatory training, meal preparation, safety procedures, and instructions in			
	use of assistive technology devices/adaptive equipment) direct one-on-one contact			
	by provider, each 15 minutes			
97537	Community/work integration training (eg, shopping, transportation, money			
	management, avocational activities and/or work environment/modification			
	analysis, work task analysis, use of assistive technology device/adaptive			
	equipment), direct one-on-one contact by provider, each 15 minutes			
<u>97542</u>	Wheelchair management (eg, assessment, fitting, training), each 15 minutes			
97760	Orthotic(s) management and training (including assessment and fitting when not			
	otherwise reported), upper extremity(s), lower extremity(s) and/or trunk, each			
	15 minutes			
97761	Prosthetic training, upper and/or lower extremity(s), each 15 minutes			
97762	Checkout for orthotic/prosthetic use, established patient, each 15 minutes			



Reviews, Revisions, and Approvals	Revision Date	<u>Approval</u> <u>Date</u>
Rebranded from corporate policy.	5/22	

References

- 1. <u>Redberg RF. The role of post-acute care in variation in the Medicare program. JAMA</u> Intern Med. 2015; 175(6):1058-1058. doi: 10.1001/jamainternmed.2015.0679
- 2. <u>Burke RE, Juarez-Colunga E, Levy C, Prochazka AV, Coleman EA, Ginde AA. Rise of</u> post-acute care facilities as a discharge destination of US hospitalizations. *JAMA Intern Med.* 2015;175(2):295-296. doi: 10.1001/jamainternmed.2014.6383
- 3. <u>Carter C, Christman E, Kelley D. Post-acute care: trends in Medicare's payments</u> <u>across sectors and ways to rationalize payments. Medicare Payment Advisory</u> <u>Committee Meeting Brief. http://www.medpac.gov/docs/default-source/meeting-</u> <u>materials/january-2015-meeting-presentation-post-acute-care-trends-in-medicare-s-</u> <u>payments-across-sectors-and-w.pdf?sfvrsn=0. January 15, 2015. Accessed July 14, 2021.</u>
- 4. <u>Mor V, Intrator O, Feng Z, Grabowski DC. The revolving door of rehospitalization</u> <u>from skilled nursing facilities. *Health Aff* (Millwood). 2010;29(1):57-64. doi: <u>10.1377/hlthaff.2009.0629</u></u>
- 5. <u>Ouslander JG, Lamb G, Perloe M, et al. Potentially avoidable hospitalizations of</u> <u>nursing home residents: frequency, causes, and costs. *J Am Geriatr Soc.* 2010;58(4):627-<u>635. doi: 10.1111/j.1532-5415.2010.02768.x</u></u>
- 6. <u>Medicare benefit policy manual: chapter 8 coverage of extended care (SNF) services</u> <u>under hospital insurance. Centers for Medicare and Medicaid Services Web site.</u> <u>https://www.cms.gov/Regulations-and-</u> <u>Guidance/Guidance/Manuals/Downloads/bp102c08pdf.pdf. Published November 2,</u> <u>2018 (revised October 4, 2019). Accessed July 14, 2021.</u>
- 7. <u>Medicare benefit policy manual: chapter 1 inpatient hospital services covered under part A. Centers for Medicare and Medicaid Services Web site.</u> <u>https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/bp102c01.pdf.</u> Published March 10, 2017. <u>Accessed July 14, 2021.</u>
- 8. Evaluation and Management Services Provided in a Nursing Facility (L35068). Centers for Medicare and Medicaid Services Web site. https://www.cms.gov/medicare-coveragedatabase/overview-and-quick-search.aspx. Published October 1, 2015 (revised November 21, 2019). Accessed July 14, 2021.
- 9. Evaluation and Management Services in a Nursing Facility (L36230). Centers for Medicare and Medicaid Services Web site. https://www.cms.gov/medicare-coveragedatabase/overview-and-quick-search.aspx. Published November 15, 2015 (revised January 28, 2019). Accessed July 14, 2021.
- 10. <u>Criteria for skilled services and the need for skilled services (§409.32(c). Centers for</u> <u>Medicare and Medicaid Services Web site. http://www.gpo.gov/fdsys/pkg/CFR-2011-</u> <u>title42-vol2/pdf/CFR-2011-title42-vol2-sec409-32.pdf.</u> Published 2011. Accessed July 14, 2021.
- 11. <u>Medicare benefit policy manual: chapter 7 home health services. Centers for Medicare and Medicaid Services Web site http://www.cms.gov/Regulations-and-</u>



Guidance/Guidance/Manuals/downloads/bp102c07.pdf. Published 2011 (revised November 6, 2020). Accessed July 14, 2021.

- 12. <u>Nursing home quality initiative. Centers for Medicare and Medicaid Services Web site.</u> <u>https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-</u> Instruments/NursingHomeQualityInits/index.html. Accessed July 14, 2021.
- 13. Medicare claims processing manual: chapter 30, financial liability protections. Centers for Medicare and Medicaid Services Web site. http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/clm104c30.pdf. Revised March 8, 2019. Accessed November 6, 2020.
- 14. Newhouse JP, Garber AM. Geographic variation in health care spending in the United <u>States – insights from an Institute of Medicine report. JAMA. 2015;310(12):1227-1228.</u> <u>doi: 10.1001/jama.2013.278139</u>
- 15. <u>Munoz-Price, L.S. (2009). Long term acute care hospital. *Clin Infect Dis*, 49 (3), 438-43. <u>doi: 10.1086/600391</u></u>
- 16. Pate, N.P., & Malagoni, M.A. (2009). Antimicrobial agents for surgical infections. *Surg* Clin of North Am, 89(3), 611-626. doi:10.1016/j.suc2009.03.009

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. LHCC makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable LHCC administrative policies and procedures.

This clinical policy is effective as of the date determined by LHCC. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. LHCC retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.



This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members/enrollees. This clinical policy is not intended to recommend treatment for members/enrollees. Members/enrollees should consult with their treating physician in connection with diagnosis and treatment decisions.

<u>Providers referred to in this clinical policy are independent contractors who exercise</u> <u>independent judgment and over whom LHCC has no control or right of control. Providers</u> <u>are not agents or employees of LHCC.</u>

This clinical policy is the property of LHCC. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members/enrollees and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members/enrollees and their representatives agree to be bound by such terms and conditions by providing services to members/enrollees and/or submitting claims for payment for such services.

©2020 Louisiana Healthcare Connections. All rights reserved. All materials are exclusively owned by Louisiana Healthcare Connections and are protected by United States copyright law and international copyright law. No part of this publication may be reproduced, copied, modified, distributed, displayed, stored in a retrieval system, transmitted in any form or by any means, or otherwise published without the prior written permission of Louisiana Healthcare Connections. You may not alter or remove any trademark, copyright or other notice contained herein. Louisiana Healthcare Connections is a registered trademark exclusively owned by Louisiana Healthcare Connections.