

Humana Healthy Horizons™ in Louisiana

Department: Utilization Management	Policy and Procedure No:	
Policy and Procedure Title: Homebuilders Clinical Coverage Policy		
Process Cycle: Annually	Responsible Departments: Clinical	
Approved By: Patricia Jones, RN	Issue Date: 1/1/23	Revised:

PURPOSE:

The purpose of this policy is to define Homebuilders services that are targeted for (ages 0-18) at imminent risk of out of home placement and the criteria for medical necessity for Humana Healthy Horizons in Louisiana.

POLICY:

Homebuilders is an evidenced based in-home service program that utilizes clinical strategies, such as, motivational interviewing, cognitive behavioral intervention/therapies, relapse prevention, skills training, for youth and their families at significant risk of family disruption by the youth being removed from home placement.

Homebuilders is provided to members that demonstrate the following characteristics:

- Children/youth with serious behavioral and/or emotional problems in the home, school, and/or community
- Documentation of imminent risk for out of home placement by a person with placement authority if Homebuilders is not utilized
- Have family members with substance use problems, mental health conditions or significant social determinants of health issues (i.e., lack of food, housing, clothing)
- Youth has a history of running away from home, history of self-harming behaviors, truancy issues, parent conflicts, and/or substance use history
- Have experienced abuse, neglect, or exposures to violence or other trauma

HomeBuilders participants demonstrate the following characteristics:

1. Children/youth with serious behavioral and/or emotional problems in the home, school, and/or community;
2. Family members with substance abuse problems, mental health problems, povertyrelated concerns (lack of adequate housing, clothing and/or food);
3. Babies that were born substance-exposed or considered failure to thrive;
4. Teenagers/adolescents that run away from home, have suicidal risk, have attendance and/or behavioral problems at school, have drug and alcohol use, and/or experience parent-teen conflict(s); and/or
5. Children/youth who have experienced abuse, neglect, or exposures to violence or other trauma.

The goals of Homebuilders® are to reduce child abuse and neglect, family conflict, and child behavior problems, and improve parenting skills, family interactions, and family safety to prevent the imminent need for placement or successfully reunify children.

The Homebuilders® model is designed to eliminate barriers to service while using research-based interventions to improve parental skills, parental capabilities, family interactions, children's behavior, and well- being, family safety and the family environment.

Medical Necessity:

Children are characterized as, at least, one of the following:

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- Returning from placement into foster care, group or residential treatment, psychiatric inpatient hospital or juvenile justice facility; or
- At risk of placement into foster care, group or residential treatment, psychiatric inpatient hospital or juvenile justice facility.

Members referred to Homebuilders are those members identified with:

- Caregiver and/or child emotional/behavioral management problems;
- Trauma exposure;
- Incorrigibility;
- Academic problems;
- Delinquency;
- Truancy;
- Running away;
- Family conflict and violence;
- Poor/ineffective parenting skills;
- Single parent families;
- Sibling antisocial behavior;
- Parental/caregiver use of physical punishment, harsh, and/or erratic discipline practices;
- Substance use;
- Mental health concerns (depression/mood disorders, anxiety, etc.); and/or
- Additional topics such as:
 - a. Poverty;
 - Lack of education
 - Substandard housing; and
 - Lack of supports and resources

Additionally, treatment plans shall show:

- Participants engaged in Homebuilders are working on therapeutic goals to improve parenting skills, family functioning, parent/caregiver and children's behavior and emotion management skill, increase safety of all family members, in order for children/youth to live safely at home.

And documentation of Homebuilders® includes a homework/practice component. Homework shall be individually tailored based on family goals; usually includes practicing skills and implementing interventions.

Criteria for Discharge from Services

Members who meet the following criteria no longer meet medical necessity criteria for Homebuilders® and shall be discharged from Homebuilders® treatment:

- The member's treatment plan goals or objectives have been substantially met;
- The member meets criteria for a higher or lower level of treatment, care or services;

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- The member's, family, guardian and/or custodian are not engaging in treatment or not following program rules and regulations, despite attempts to address barriers to treatment; and
- Consent for treatment has been withdrawn, or youth and/or family have not benefitted from Homebuilders®, despite documented efforts to engage, and there is no reasonable expectation of progress at this level of care, despite treatment.

ADDITIONAL RESOURCES:

Louisiana Department of Health, Behavioral Health Services Provider Manual, Chapter two of the Medicaid Services Manual; Accessed October 30, 2022, July 28, 2023 and August 21, 2023.

VERSION CONTROL:

Version.Review.Approval History				
Department:	Purpose of Review	Reviewed and Approved By:	Date:	Additional Comments:
Clinical		Samantha Pacheco and Patricia Jones		Initial draft

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DISCLAIMER:

Humana follows all federal and state laws and regulations. Where more than one state is impacted by an issue, to allow for consistency, Humana will follow the most stringent requirement.

This document is intended as a guideline. Situations may arise in which professional judgment may necessitate actions that differ from the guideline. Circumstances that justify the variation from the guideline should be noted and submitted to the appropriate business area for review and documentation. This (policy/procedure) is subject to change or termination by Humana at any time. Humana has full and final discretionary authority for its interpretation and application. This (policy/procedure) supersedes all other policies, requirements, procedures or information conflicting with it. If viewing a printed version of this document, please refer to the electronic copy maintained by CMU to ensure no modifications have been made.

NON-COMPLIANCE:

Failing to comply with any part of Humana's policies, procedures, and guidelines may result in disciplinary actions up to and including termination of employment, services or relationship with Humana. In addition, state and/or federal agencies may take action in accordance with applicable laws, rules and regulations.

Any unlawful act involving Humana systems or information may result in Humana turning over all evidence of unlawful activity to appropriate authorities. Information on handling sanctions related to non-compliance with this policy may be found in the Expectations for Performance, and Critical Offenses policies, both of which may be found in the Associate Support Center via Humana's secure intranet of Hi! (Workday & Apps/Associate Support Center).