

## Pain Management – Skeletal Muscle Relaxants

Point-of-Sale (POS) edits are safety limitations that are automatically verified through computer programming at the time that a prescription claim is submitted at the pharmacy. These edits can be applied to *any* medication, whether or not it is listed in the Preferred Drug List / Non-Preferred Drug List (PDL/NPDL). The first section of this document is organized to follow the order of the therapeutic classes in the PDL/NPDL and explains the POS edits for those medications.

### POS Abbreviations

<b>AL</b> – Age Limit	<b>DS</b> – Maximum Days’ Supply Allowed	<b>PU</b> – Prior Use of Other Medication is Required
<b>BH</b> – Behavioral Health Clinical Authorization for Children Younger than 7 Years of Age	<b>DT</b> – Duration of Therapy Limit	<b>QL</b> – Quantity Limit
<b>BY</b> – Diagnosis Codes Bypass Some Requirements	<b>DX</b> – Diagnosis Code Requirement	<b>RX</b> – Specific Prescription Requirement
<b>CL</b> – Additional Clinical Information is Required	<b>ER</b> – Early Refill	<b>TD</b> – Therapeutic Duplication
<b>CU</b> – Concurrent Use with Other Medication is Restricted	<b>MD</b> – Maximum Dose Limit	<b>YQ</b> – Yearly Quantity Limit
<b>DD</b> – Drug-Drug Interaction	<b>MME</b> – Maximum Morphine Milligram Equivalent is Restricted	

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POS Edits		
	Medication	Quantity Limit per 30 days
<p><b>QL</b> – Some skeletal muscle relaxants have quantity limits as listed in the chart to the right.</p> <p><i>Requests to override the Quantity Limit should follow <a href="#">THIS CRITERIA</a>.</i></p>	Baclofen 5mg	120 Units
	Baclofen 10mg	120 Units
	Baclofen 15mg	120 Units
	Baclofen 20mg	120 Units
	Cyclobenzaprine 5mg	90 Units
	Cyclobenzaprine 7.5mg	90 Units
	Cyclobenzaprine 10mg	90 Units
	Cyclobenzaprine 15mg	30 Units
	Cyclobenzaprine 30mg	30 Units
	Tizanidine 2mg	90 Units
	Tizanidine 4mg	<u>1890</u> Units
	Tizanidine 6mg	180 Units
	<u>Tizanidine 8mg</u>	<u>90</u> Units
	Carisoprodol-containing products have a quantity limit of 90 tablets per rolling 90 days. The quantity limit applies to all strengths and combinations of carisoprodol.	

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<b>Revision / Date</b>	<b>Implementation Date</b>
Created POS Document	February 2020
Updated age for BH in POS Abbreviations chart / November 2020	January 2021
Added age limit for codeine-containing products and quantity limits for selected products / December 2020	April 2021
Policy clarification / July 2022	October 2022
Add Baclofen 5mg for clarification / October 2022	January 2023
Formatting changes / August 2023	October 2023
Added Baclofen 15mg / June 2024	July 2024
<u>Added tizanidine 8mg, modified QL for tizanidine 4mg / October 2025</u>	<u>April 2026</u>