

Pain Management – Skeletal Muscle Relaxants

Point-of-Sale (POS) edits are safety limitations that are automatically verified through computer programming at the time that a prescription claim is submitted at the pharmacy. These edits can be applied to *any* medication, whether or not it is listed in the Preferred Drug List / Non-Preferred Drug List (PDL/NPDL). The first section of this document is organized to follow the order of the therapeutic classes in the PDL/NPDL and explains the POS edits for those medications.

POS Abbreviations

AL – Age Limit	DS – Maximum Days’ Supply Allowed	PU – Prior Use of Other Medication is Required
BH – Behavioral Health Clinical Authorization for Children Younger than 7 Years of Age	DT – Duration of Therapy Limit	QL – Quantity Limit
BY – Diagnosis Codes Bypass Some Requirements	DX – Diagnosis Code Requirement	RX – Specific Prescription Requirement
CL – Additional Clinical Information is Required	ER – Early Refill	TD – Therapeutic Duplication
CU – Concurrent Use with Other Medication is Restricted	MD – Maximum Dose Limit	YQ – Yearly Quantity Limit
DD – Drug-Drug Interaction	MME – Maximum Morphine Milligram Equivalent is Restricted	

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POS Edits		
<p>QL – Some skeletal muscle relaxants have quantity limits as listed in the chart to the right.</p> <p><i>Requests to override the Quantity Limit should follow THIS CRITERIA.</i></p>	Medication	Quantity Limit per 30 days
	Baclofen 5mg	120 Units
	Baclofen 10mg	120 Units
	Baclofen 15mg	120 Units
	Baclofen 20mg	120 Units
	<u>Cyclobenzaprine 2.8mg</u>	<u>60 Units</u>
	Cyclobenzaprine 5mg	90 Units
	Cyclobenzaprine 7.5mg	90 Units
	Cyclobenzaprine 10mg	90 Units
	Cyclobenzaprine 15mg	30 Units
	Cyclobenzaprine 30mg	30 Units
	Tizanidine 2mg	90 Units
	Tizanidine 4mg	180 Units
	Tizanidine 6mg	180 Units
	Tizanidine 8mg	90 Units
<p>Carisoprodol-containing products have a quantity limit of 90 tablets per rolling 90 days. The quantity limit applies to all strengths and combinations of carisoprodol.</p>		

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Revision / Date	Implementation Date
Created POS Document	February 2020
Updated age for BH in POS Abbreviations chart / November 2020	January 2021
Added age limit for codeine-containing products and quantity limits for selected products / December 2020	April 2021
Policy clarification / July 2022	October 2022
Add Baclofen 5mg for clarification / October 2022	January 2023
Formatting changes / August 2023	October 2023
Added Baclofen 15mg / June 2024	July 2024
Added tizanidine 8mg, modified QL for tizanidine 4mg / October 2025	April 2026
<u>Added cyclobenzaprine 2.8mg / February 2026</u>	<u>July 2026</u>