Allergy - Antihistamines, Minimally Sedating

Point-of-Sale (POS) edits are safety limitations that are automatically verified through computer programming at the time that a prescription claim is submitted at the pharmacy. These edits can be applied to *any* medication, whether or not it is listed in the Preferred Drug List / Non-Preferred Drug List (PDL/NPDL). The first section of this document is organized to follow the order of the therapeutic classes in the PDL/NPDL and explains the POS edits for those medications.

POS Abbreviations

AL – Age Limit	DS – Maximum Days' Supply Allowed	PU – Prior Use of Other Medication is Required
BH – Behavioral Health Clinical Authorization for Children Younger than 7 Years of Age	DT – Duration of Therapy Limit	QL – Quantity Limit
BY – Diagnosis Codes Bypass Some Requirements	DX – Diagnosis Code Requirement	RX – Specific Prescription Requirement
CL – Additional Clinical Information is Required	ER – Early Refill	TD – Therapeutic Duplication
CU – Concurrent Use with Other Medication is Restricted	MD – Maximum Dose Limit	YQ – Yearly Quantity Limit
DD – Drug-Drug Interaction	MME – Maximum Morphine Milligram Equivalent is Restricted	

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POS Edits

TD – These agents are monitored at the pharmacy POS for duplication of therapy with each other and with other sedating antihistamines.

QL – These agents are limited to a maximum quantity listed in the chart to the right.

Medication	Quantity Limit
Cetirizine Solution (OTC, Rx)	10mls per day
Cetirizine Tablet, Chewable, Capsule	1 per day
Cetirizine-D Tablet OTC	2 per day
Desloratadine Tablet, ODT	1 per day
Desloratadine D Tablet 12-hour	2 per day
<u>Fexofenadine Tablet</u>	60mg: 2 per day 180mg: 1 per day
<u>Fexofenadine Suspension</u>	10mls per day
Fexofenadine-D Tablet	12-hour: 2 per day 24-hour: 1 per day
<u>Levocetirizine Tablet</u>	1 per day
<u>Levocetirizine Solution</u>	10mls per day
Loratadine Tablet, ODT, Chewable	1 per day
Loratadine Solution	10mls per day
<u>Loratadine-D Tablet</u>	12-hour: 2 per day 24-hour: 1 per day

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Revision / Date	Implementation Date
Created POS Document	February 2020
Updated age for BH in POS Abbreviations chart / November 2020	January 2021
Formatting changes / August 2023	October 2023
Added quantity limits / March 2025	<u>August 2025</u>