

# Adult Day Health Care (ADHC) Waiver

## What is the Adult Day Health Care (ADHC) Waiver Program?

The Adult Day Health Care (ADHC) Waiver is a non-residential program that can be an alternative to nursing home care for people who do not need care 24 hours a day, 7 days a week. **This program does not, by itself or in combination with other OAAS programs, provide supports 24 hours a day.**

ADHC centers, through health and social services, provide supervised care to adults in a supportive and safe setting during part of a day. An individual assessment of each participant determines the services provided. Participant's needs are met through medical/nursing services, medication supervision/administration, social services, personal care and dietary services (serving both regular and special diet hot lunches as well as morning and afternoon snacks).

ADHC centers typically operate during daytime hours, Monday through Friday, although some centers may offer evenings or weekends. For most people, depending on where they live, ADHC centers provide transportation to and from the center.

Programs may be free-standing centers or may be affiliated with a nursing home, hospital, assisted living facility or senior center; however, all are accountable under the same licensing standards. The intent of adult day health care is primarily two-fold:

- To provide older adults an opportunity to receive medical, health and social services in a supportive structured environment; and
- To assist families/caregivers to continue to care for their loved ones in the home and in the community through hours in the ADHC centers, providing the family the opportunity to fulfill daily responsibilities.

## What other services may I receive from this program?

- Support Coordination (also known as case management)
- Transition Intensive Support Coordination (provided to people moving out of nursing homes)
- Transitional Services (provided to people moving out of nursing homes)

## Who can qualify for services?

People who:

- Meet Medicaid eligibility **AND**
- Are 22 years old or older **AND**
- Meet Nursing Facility Level of Care

## What are the current resource limits?

Resources are the things people own. When we count resources for this program, we do not count the person's home, the car they drive to medical appointments, or other basic resources.

- Single people can have no more than \$2,000 in resources. Couples can have no more than \$3,000 in resources (when both spouses receive long-term care).
- Married couples can have up to \$130,380 in resources, as long as one spouse at home **DOES NOT** receive long-term care services.

## What are the current monthly income limits?

The income limits are \$2,382 for an individual and \$4,764 for a couple (when both spouses need long-term care). However, there is a "Waiver Spend-down" option which allows your eligibility to be considered even if your income is over the limit. Waiver Spend-down has a standard \$20 income deduction. \$65 and ½ of the remainder is also deducted from all earned income. After the income deductions are applied, the average monthly waiver rate (currently \$5,000 for the ADHC Waiver) and other allowable incurred medical expenses are used to "spend-down" an individual's excess income, qualifying the individual for Waiver. Allowable incurred medical expenses include Medicare and private health insurance premiums, deductibles, coinsurance, or copayment charges, and medical/remedial care expenses incurred by an individual that are not subject to payment by a third party. An individual qualifying under Waiver Spend-down may have to pay towards the cost of his/her care. The individual's liability is based on their income after the income deductions are applied. All individuals are allowed to retain a basic needs allowance from his/her income which is equal to \$2,382 and the amount of incurred medical expenses not paid by a third party. Any remainder will be the individual's liability for the cost of care in Waiver Spend-down.

## How can people request Adult Day Health Care (ADHC) Waiver Services?

The Department keeps an Adult Day Health Care (ADHC) Waiver Request for Services Registry (RFSR) (waiting list) of people who have asked for these services, along with the date of the request. Persons are offered the Adult Day Health Care (ADHC) Waiver according to the following priority groups:

- (1) People with abuse or neglect referred by protective services who, without ADHC Waiver services, would need institutional placement to prevent further abuse and neglect.
- (2) People who have been discharged after a hospitalization within the past 30 calendar days that involved a stay of at least one night.
- (3) People admitted to, or residing in, a nursing facility who have Medicaid as the sole payer source for the nursing facility stay.

Everyone else will get an offer for services on a first-come, first-served basis by date of request.

**To add your name to the ADHC Waiver Request for Services Registry or  
if you have questions, call**

**Louisiana Options in Long Term Care at 1-877-456-1146  
(TTY: 1-855-296-0226)**

**You can call Monday through Friday  
between the hours of 8:00 a.m. and 5:00 p.m.**

**The call is free.**