

STATE OF LOUISIANA

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED

LIMITATIONS ON THE AMOUNT, DURATION, AND SCOPE OF CERTAIN ITEMS OF PROVIDED MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED AS FOLLOWS:

EPSDT Rehabilitation Services
42 CFR 440.130(d)

Services to the beneficiary's family and significant others are for the direct benefit of the beneficiary, in accordance with the beneficiary's needs and treatment goals identified in the beneficiary's treatment plan, and for the purpose of assisting in the beneficiary's recovery.

All services must be recommended by a physician or licensed mental health professional, within the scope of his or her practice under State law.

Service Descriptions

- 1. Therapeutic Services:** Individualized therapeutic interventions, including assessment, medication management, individual, family, and group therapy, and psychological testing, focus on the maximum reduction of mental disability and restoration to his/her best possible functional level.

Assessment: This service is a comprehensive evaluation of an individual's physical, mental, and emotional health, including issues related to mental health and substance use, along with their ability to function within a community in order to determine service needs and formulate recommendations for treatment. Psychological tests may be utilized during assessment services in order to determine an individual's recommended treatment plan.

Medication Management: Goal-oriented interactions to assess the appropriateness of medications in an individual's treatment; periodically evaluating and re-evaluating the efficacy of the prescribed medications; and providing ongoing management of a medication regimen within the context of an individual's treatment plan.

Individual, Family, and Group Therapy: A structured, goal-oriented therapeutic process in which an individual, group, or family interacts ~~on a face-to-face basis~~ with a qualified provider in accordance with the individuals' treatment plan to resolve problems related to a mental illness, serious emotional disorder and/or substance use disorder that interferes with the individual's or family's functioning and adjustment. Counseling to the beneficiary's family is for the direct benefit of the beneficiary, in accordance with the beneficiary's needs and treatment goals identified in the beneficiary's treatment plan, and for the purpose of assisting in the beneficiary's recovery.

Components

1. Ongoing assessment of current risk and presenting problem.
2. Assistance in implementing social, interpersonal, self-care, and/or independent living skills as outlined in the treatment plan in order to restore stability, support functional gains, and/or adapt to community living.
3. Assessing progress toward achievement of treatment goals, and adapting emotional and behavioral management interventions commensurate with progress.

Provider Qualifications

Therapeutic services must be provided by an LMHP, as defined above.

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The goal is to support children, youth and family in ways that will address current acute and/or chronic mental health needs and coordinate a successful return to the family setting at the earliest possible time. During the time the crisis stabilization is supporting the child or youth, there is regular contact with the family to prepare for the child's/youth's return and his/her ongoing needs as part of the family. It is expected that the children and youth, family and crisis stabilization provider are integral members of the treatment team.

To qualify as a CS agency, the agency must be licensed by the Louisiana Department of Health as a Center-Based Respite Care Agency under the Home and Community Based Service Provider license or as a Crisis Receiving Center; ~~or the agency must be licensed by the Louisiana Department of Children and Family Services as a Child Placing Agency.~~

CS services also work in partnership with the child's/youth's other community-based providers and the custodial agency (for children and youth in state custody). CS services allow children and youth to benefit from a community-based setting while receiving additional intensive treatment and clinical services as needed. The child or youth must require a service that includes direct monitoring by professional behavioral health staff that would not be able to be provided by a less restrictive service.

Provider Qualifications

Services must be provided by an agency licensed by LDH ~~or the Department of Children and Family Services.~~ CS Specialists rendering CS services may be licensed or unlicensed behavioral health specialists. CS Specialists providing CS services must use clinical programming and a training curriculum approved by LDH. Unlicensed CS Specialists must receive regularly scheduled clinical supervision from a person meeting the qualifications of an LMHP with experience regarding this specialized mental health service.

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6. **Mobile Crisis Response (MCR)** services are an initial or emergent crisis response intended to provide relief, resolution and intervention through crisis supports and services during the first phase of a crisis in the community. The main objectives of MCR services are to provide rapid response, individual assessment and crisis resolution by trained professionals and paraprofessionals in situations that involve individuals who are presumed or known to have a mental health condition. MCR is a face-to-face (in person), time-limited service provided to a member who is experiencing a psychiatric crisis until the member experiences sufficient relief/resolution and the member can remain in the community and return to existing services or be linked to alternative behavioral health services, which may include higher levels of treatment like inpatient psychiatric hospitalization.

MCR services shall be provided under the supervision of an LMHP with crisis response experience. LMHPs must be available to adequately meet the member's needs, including performing evaluations. The LMHP or physician shall be available at all times to provide back-up, support and/or consultation from assessment of risk and through all services delivered during a crisis.

MCR services are available twenty-four (24) hours a day, seven (7) days a week. MCR services will be provided in a timely manner and, where appropriate, provide screening and assessment; stabilization and de-escalation; and coordination with, and referrals to, health, social, and other services and supports as needed, and health services as needed. Services are provided where the member is located, including community-based settings or in emergency departments (ED). Services provided in EDs, hospitals, or other facility settings will not be eligible for enhanced Federal Medical Assistance Percentage (FMAP) under Section 1947 of Title XIX of the Social Security Act, which was created by Section 9813 of the American Rescue Plan Act of 2021.

Provider Qualifications

MCR services may be provided by an agency licensed to provide behavioral health services. Agencies providing MCR services must be fully accredited by, or have applied for accreditation from, the Commission on Accreditation of Rehabilitation Facilities (CARF), the Council on Accreditation (COA), or The Joint Commission (TJC) prior to providing MCR services. Agencies are allowed to render MCR services prior to attaining full accreditation; however, agencies must have applied for full accreditation, and must attain full accreditation status within 18 months of the initial accreditation application date. Agencies must maintain continuous, uninterrupted accreditation.

MCR agencies must maintain relationships with relevant community partners, including but not limited to:

1. local governing entities (LGEs);
2. medical and behavioral health providers;
3. primary care providers;
4. emergency responders and law enforcement;
5. local and parish governments;
6. community health centers;
7. crisis respite centers; and
8. managed care organizations.

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MCR agencies will maintain the privacy and confidentiality of patient information consistent with Federal and State requirements.

Staffing Requirements

MCR agencies shall comply with core staffing requirements within the scope of practice of the license required for the facility or agency to practice in the state of Louisiana.

The provider's MCR service shall have the following staff:

1. Medical director or designated prescriber. The medical director or designated prescriber must:
 - a. be a physician/psychiatrist, APRN or medical psychologist;
 - b. ~~shall~~ have a current or valid and unrestricted license in the State of Louisiana with full prescriptive authority; and
 - a.c. ~~must~~ be available for twenty-four (24) hours a day, seven (7) days a week for consultation and medication management.

Licensed Mental Health Professionals (LMHPs) as defined below shall have a current, valid and unrestricted license in the State of Louisiana and shall be on duty and on call to adequately meet the member's needs. LMHPs include the following individuals licensed to practice independently:

- a. Medical psychologists;
 - b. Licensed psychologists;
 - c. Licensed clinical social workers (LCSWs);
 - d. Licensed professional counselors (LPCs);
 - e. Licensed marriage and family therapists (LMFTs);
 - f. Licensed addiction counselors (LACs); and
 - a.g. Advanced practice registered nurses (APRNs).
2. Unlicensed professionals of MCR services must meet the following requirements:
 - a. Be at least twenty-four (24) years old; and
 - b. Possess a minimum of a bachelor's degree (preferred) OR an associate's degree and two (2) years of work experience in the human services field.
3. Peer Support Specialist who has successfully completed required training approved by the Office of Behavioral Health as a peer support specialist. This includes ongoing completion of continuing education requirements consistent with Louisiana requirements for peer support.

Individuals providing MCR services must be trained in trauma-informed care, de-escalation strategies, and harm reduction prior to rendering services.