

STATE OF LOUISIANA

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED
MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

Treatment of Opioid Use Disorder in Opioid Treatment Programs

Citation

42 CFR 440.130(d)

The Medicaid program provides coverage for medically necessary medication-assisted treatment (MAT) delivered in opioid treatment programs, including but not limited to, methadone treatment, to all Medicaid-eligible adults and children with opioid use disorder (OUD).

Covered Services

The following services provided by opioid treatment programs shall be reimbursed under the Medicaid program:

- A. The administration and dispensing of medications; and
- B. Treatment phases 1 through 4:
 1. Initial treatment phase lasts from three to seven days. During this phase, the provider conducts orientation, provides individual counseling and develops the initial treatment plan for treatment of critical health or social issues.
 2. Early stabilization begins on the third to seventh day following initial treatment through 90 days in duration, whereas the provider:
 - a. Conducts weekly monitoring of the recipient's response to medication;
 - b. Provides at least four individual counseling sessions;
 - c. Revises the treatment plan within 30 days to include input by all disciplines, the recipient and significant others; and
 - d. Conducts random monthly drug screen tests.
 3. Maintenance treatment follows the end of early stabilization and lasts for an indefinite period of time. The provider shall:
 - a. Perform random monthly drug screen tests until the client has negative drug screen tests for 90 consecutive days as well as random testing for alcohol when indicated;

STATE OF LOUISIANA

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED
MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

- b. Thereafter, monthly testing to clients who are allowed six days of take-home doses, as well as random testing for alcohol when indicated;
 - c. Continuous evaluation by the nurse of the client's use of medication and treatment from the program and from other sources;
 - d. Documented reviews of the treatment plan every 90 days in the first two years of treatment by the treatment team; and
 - e. Documentation of response to treatment in a progress note at least every 30 days.
4. Medically supervised withdrawal from synthetic narcotic with continuing care (only when withdrawal is requested by the recipient). The provider shall:
- a. Decrease the dose of the synthetic narcotic to accomplish gradual, but complete withdrawal, as medically tolerated by recipient;
 - b. Provide counseling of the type and quantity based on medical necessity; and
 - c. Conduct discharge planning as appropriate.

The component services provided by the opioid treatment program must be recommended by a physician or LMHP, within the scope of his or her practice under state law.

Provider Qualifications

Services must be provided by an agency licensed by the Louisiana Department of Health as a behavioral health service provider – opioid treatment program. Opioid treatment programs must be accredited by an LDH approved accrediting body, certified by Substance Abuse and Mental Health Services Administration (SAMHSA) and hold a current and unrestricted Drug Enforcement Administration (DEA) registration. Providers will be subject to all applicable state and federal regulations and all opioid treatment program enabling legislation.

STATE OF LOUISIANA

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED
MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

Staffing Requirements

Individuals providing services must be licensed in accordance with state laws and regulations, in addition to operating within their scope of practice license.

The provider's opioid treatment program shall have the following staff:

Medical Director

The Medical Director shall be a licensed physician with a current, valid unrestricted license to practice in the state of Louisiana and provide the following services:

1. Decrease the dose to accomplish gradual, but complete withdrawal, only when requested by the recipient;
2. Provide medically approved and medically supervised assistance for withdrawal, only when requested by the recipient;
3. Participate in the documentation of reviews of treatment plan every 90 days in the first two years of treatment; and
4. Participate in discharge planning.

Pharmacist or Dispensing Physician

Pharmacist or Dispensing Physician shall have a current, valid unrestricted license to practice in the state of Louisiana and provide the following services:

1. Dispense all medications;
2. Work collaboratively with the Medical Director to decrease the dose to accomplish gradual, but complete withdrawal, only when requested by the recipient;
3. Contribute to the development of the initial treatment plan;
4. Contribute to the documentation for the treatment plan review every 90 days in the first two years of treatment; and
5. Document response to treatment in progress notes at least every 30 days.

STATE OF LOUISIANA

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED
MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

Opioid Treatment Program (OTP) Practitioner

The OTP practitioner shall be a physician, APRN, nurse practitioner, or physician assistant. The OTP Practitioner shall have a current, valid unrestricted license to practice in the state of Louisiana and provide the following services:

1. Prescribe medications;
2. Monitor the client's response to medications;
3. Evaluate the client's use of medication and treatment from the program and other sources;
4. Contribute to the development of the initial treatment plan;
5. Contribute to the documentation regarding the response to treatment for treatment plan reviews;
6. Contribute to the documentation for the treatment plan review every 90 days in the first two years of treatment;
7. Conduct drug screens; and
8. Participate in discharge planning.

Nursing Staff

Nursing staff shall have a current, valid and unrestricted nursing license in the State of Louisiana and provide the following services:

1. Administer medications;
2. Monitor the client's response to medications;
3. Evaluate the client's use of medication and treatment from the program and other sources;
4. Document response to treatment in progress notes at least every 30 days;
5. Contribute to documentation for the treatment plan review every 90 days in the first two years of treatment;
6. Conduct drug screens; and
7. Participate in discharge planning.

STATE OF LOUISIANA

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED
MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

Licensed Mental Health Professionals

Licensed Mental Health Professionals (LMHPs) as defined below shall have a current, valid and unrestricted license in the State of Louisiana. LMHPs include the following individuals licensed to practice independently:

1. Medical Psychologists;
2. Licensed Psychologists;
3. Licensed Clinical Social Workers (LCSWs);
4. Licensed Professional Counselors (LPCs);
5. Licensed Marriage and Family Therapists (LMFTs);
6. Licensed Addiction Counselors (LACs); and
7. Advanced Practice Registered Nurses (APRN) (must be a nurse practitioner specialist in Adult Psychiatric & Mental Health, and Family Psychiatric & Mental Health or a Certified Nurse Specialist in Psychosocial, Gerontological Psychiatric Mental Health, Adult Psychiatric and Mental Health, and Child-Adolescent Mental Health and may practice to the extent that services are within the APRN's scope of practice).

Licensed Mental Health Professionals provide the following services:

1. Conduct orientation;
2. Develop the initial plan for treatment;
3. Revise treatment to include input by all disciplines, recipients and significant others;
4. Provide individual counseling;
5. Contribute to the development as well as document the initial treatment plan;
6. Document response to treatment in progress notes at least every 30 days;
7. Contribute to the development as well as document reviews of treatment plan every 90 days in the first two years of treatment by the treatment team; and
8. Conduct in discharge planning as appropriate.

STATE OF LOUISIANA

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED
MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

Unlicensed Professionals

Unlicensed professionals (UPs) of addiction services must meet at least one of the following qualifications:

1. Masters Prepared Behavioral Health Professional that has not obtained full licensure privileges and is participating in ongoing professional supervision;
2. Certified Addiction Counselor (CAC) registered with the Addictive Disorders Regulatory Authority (ADRA);
3. Registered Addiction Counselor (RAC) registered with ADRA; or
4. Counselor-in-training (CIT) registered with ADRA.

Unlicensed professionals perform the following services under the supervision of a physician or LMHP:

1. Participate in conducting orientation;
2. Participate in discharge planning as appropriate; and
3. Provide support to the treatment team where applicable, while only providing assistance allowable under the auspices of and pursuant to the scope of the individual's license.

Community Health Worker Services

Community health worker services must be recommended by a licensed provider to promote the maximum reduction of physical or mental disability and restoration of beneficiaries to their best possible functional level. Ordering practitioners are limited to licensed physician, a licensed advanced practice registered nurse (APRN) or a licensed PA with an established clinical relationship with the beneficiary.

Effective for dates of service on or after January 1, 2022, the Medicaid program shall cover services rendered to beneficiaries by qualified Community Health Workers (CHW).

A. Provider Qualifications

A qualified CHW is an individual who:

1. Has completed state-recognized training curricula approved by the Louisiana Community Health Worker Workforce Coalition; or
2. Has 3,000 hours of documented work experience as a CHW.

B. Covered Services

1. Health promotion and coaching. This can include assessment and screening for health-related social needs, setting goals and creating an action plan, on-site observation of beneficiaries' living situations, and providing information and/or coaching in an individual or group setting.

STATE OF LOUISIANA

AMOUNT DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
LIMITATIONS ON THE AMOUNT, DURATION AND SCOPE OF CERTAIN ITEMS OF PROVIDED
MEDICAL AND REMEDIAL CARE AND SERVICES ARE DESCRIBED BELOW:

2. Care planning with the beneficiary and their healthcare team as part of a person-centered approach to improve health by meeting a beneficiary's situational health needs and health-related social needs, including time-limited episodes of instability and ongoing secondary and tertiary prevention, is essential to this care delivery.
3. Health system navigation and resource coordination services, including helping to engage, re-engage, or ensure patient follow-up in primary care; routine preventive care; adherence to treatment plans; and/or self-management of chronic conditions.

C. Coverage Limitations

1. Services will only be covered up to two hours per day and ten hours per month, per beneficiary. This limit may be exceeded based on medical necessity.
2. Group services are limited to eight unique beneficiaries at one time.

The following services are not covered:

1. Insurance enrollment and insurance navigator assistance;
2. Case management; and
3. Directly providing transportation for a beneficiary to and from services.

Services must be ordered by a physician, advanced practice registered nurse (APRN), or physician assistant (PA) with an established clinical relationship with the beneficiary. Services must be rendered under the general supervision of a physician, APRN, or PA.