

The EPA advisory level of 20 mg/L of sodium in drinking water is for individuals on a low sodium diet regimen (500 mg/day). Individuals who are on these diets should consider the sodium level of their drinking water as part of their daily intake, and should check with their doctor or health care provider for specific guidance about how much sodium per day is appropriate for them to consume.

Water that has exceeded 250 mg/L of chloride should not be consumed by pregnant women and should not be used to mix with baby formula.

## Calcasieu

LA1019084	Calcasieu Parish Waterworks District No 5	Calcasieu No 5 Treatment Plant	
Collection Date:	9/28/2023	Sodium Level:	257.1
		Chloride Level:	657

## Concordia

LA1029007	Monterey Rual Water System	Monterey Treatment Plant	
Collection Date:	9/26/2024	Sodium Level:	463.3
		Chloride Level:	810