# STI/HIV/Hepatitis B & C Update

2023



Region 1 Factsheets





# **HIV Annual Summary - 2023**

Region 1 - New Orleans

New HIV Diagnoses **210** 

Louisiana Diagnoses: 869

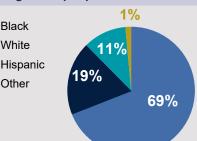
HIV Diagnosis Rate
24.3
per 100,000 population

Louisiana Rate: 18.9 per 100,000

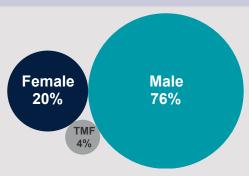
HIV Diagnosis Rate
Regional Ranking
2nd
among Louisiana's nine public
health regions

## Of the 210 new HIV diagnoses in 2023:

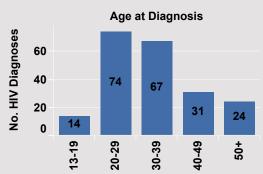
The majority of diagnoses (69%) were among Black people.



Males comprised 76% of diagnoses.



Over one-third of diagnoses (35%) were among people 20 to 29 years old.



TMF: Transgender Male to Female

## **Affected subpopulations**

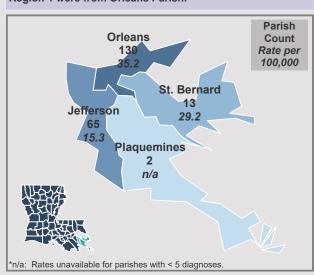
People of color and gay & bisexual men (GBM) are impacted by HIV more than other groups. In Region 1, almost half of diagnoses (45%) in 2023 were among Black GBM.



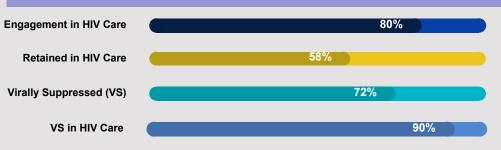
GBM = Gay & bisexual men; HRH = High risk heterosexual; PWID = People who inject drugs

## **Geographic distribution**

In 2023, more than half of new HIV diagnoses (62%) in Region 1 were from Orleans Parish.



## HIV Care among People Living with HIV in Region 1 in 2023:



Engagement in care: at least one CD4 or viral load (VL) lab in 2023

Retention in care: two or more CD4 tests or VLs at least 90 days apart in 2023

Viral suppression or an 'undetectable' viral load: VL result < 200 copies per milliliter in 2023

Among persons engaged in HIV care, those who are virally suppressed in 2023

Interpreting the Data: Please note that 2023 data may still be impacted from the COVID-19 pandemic.



# Primary and Secondary (P&S) Syphilis

**Annual Summary - 2023**Region 1 - New Orleans

New P&S Syphilis
Diagnoses
236
Louisiana Diagnoses:1,196

P&S Syphilis Diagnosis Rate **27.4** per 100,000 population

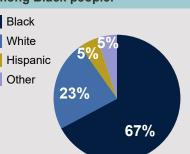
Louisiana Rate: 26.1 per 100,000

P&S Syphilis Diagnosis Rate Regional Ranking **5th** 

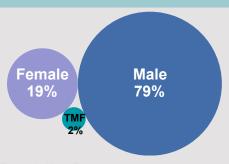
among Louisiana's nine public health regions

## Of the 236 P&S syphilis diagnoses in 2023:

The majority (67%) of diagnoses were among Black people.

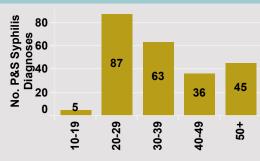


Males comprised 79% of diagnoses.



TMF: Transgender Male to Female

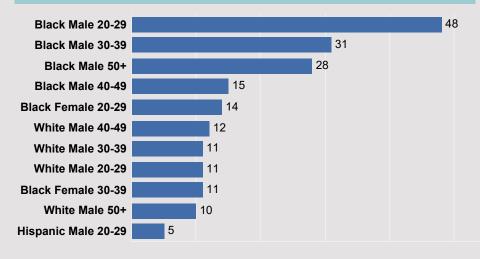
Almost two-thirds of diagnoses (64%) were among people 20 to 39 years old.



Age at Diagnosis

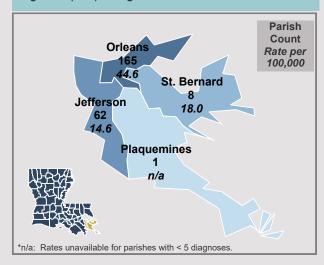
## **Affected subpopulations**

People of color and males are impacted by P&S syphilis more than other groups. In Region 1, one-third (33%) of P&S syphilis diagnoses were among Black males 20-39 years old.

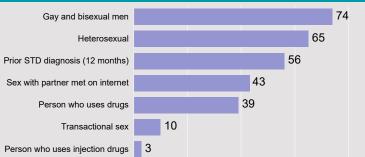


## **Geographic distribution**

In 2023, more than two-thirds of new P&S syphilis diagnoses (70%) in Region 1 were from Orleans Parish.



## **Behavioral Factors**



\*An individual can report more than one behavioral factor

## **Syphilis Treatment Guidelines**

STAGE OF SYPHILIS	REGIMEN	DOSE/ROUTE
Primary, Secondary, or Early Non-Primary Non-Secondary (<12 months)	Benzathine Pencillin G*	2.4 million units IM in a single dose
Late or Unknown Duration Syphilis (>12 months)	Benzathine Penicillin G*	7.2 million units IM administered as 3 doses of 2.4 million units IM each, at 1-week intervals

\*Benzathine Penicllin G is the only CDC approved treatment for pregnant women



# Early Non-P&S Syphilis

**Annual Summary - 2023**Region 1 - New Orleans

New Early Non-P&S Syphilis Diagnoses 278

Louisiana Diagnoses: 897

Early Non-P&S Syphilis Diagnosis Rate **32.2** per 100,000 population

Louisiana Rate: 19.5 per 100,000

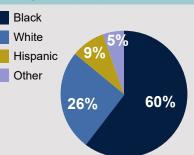
Early non-P&S Syphilis Diagnosis
Rate Regional Ranking

1st

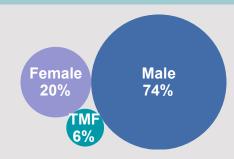
among Louisiana's nine public health regions

## Of the 278 early non-P&S syphilis diagnoses in 2023:

The majority (60%) of diagnoses were among Black people.

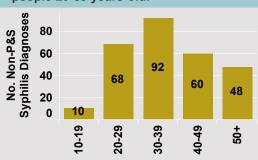


Males comprised 74% of diagnoses.



TMF: Transgender Male to Female

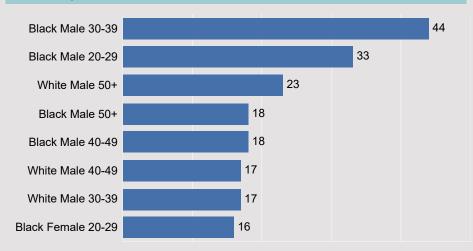
# Over half of diagnoses (58%) were among people 20-39 years-old.



Age at Diagnosis

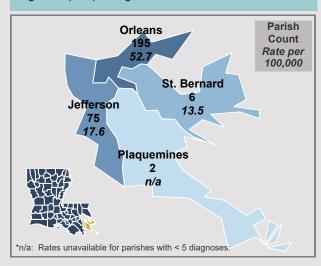
## **Affected subpopulations**

People of color and males are impacted by early non-P&S syphilis more than other groups. In 2023, over one-third (34%) of early non-P&S syphilis diagnoses were among Black males 20-49 years-old.

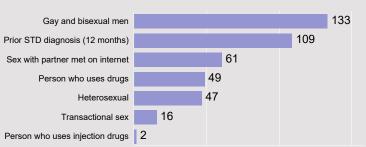


## Geographic distribution

In 2023, over two-thirds of new early non-P&S syphilis diagnoses (70%) in Region 1 were in Orleans Parish.



## **Behavioral Factors**



#### \*An individual can report more than one behavioral factor

## **Syphilis Treatment Guidelines**

STAGE OF SYPHILIS	REGIMEN	DOSE/ROUTE
Primary, Secondary, or Early Non-Primary Non-Secondary (<12 months)	Benzathine Pencillin G*	2.4 million units IM in a single dose
Late or Unknown Duration Syphilis (>12 months)	Benzathine Penicillin G*	7.2 million units IM administered as 3 doses of 2.4 million units IM each, at 1-week intervals

\*Benzathine Penicllin G is the only CDC approved treatment for pregnant women



# Congenital Syphilis (CS)

**Annual Summary - 2023**Region 1 - New Orleans

Pregnant Mothers
Diagnosed with Syphilis
48

Congenital Syphilis Cases

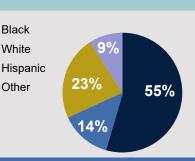
23

Case count reflects the total number of individual infants

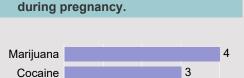
Infant Deaths Linked to Congenital Syphilis
2

## Of the 22 pregnant mothers linked to a 2023 CS case:

The majority (55%) were Black women.



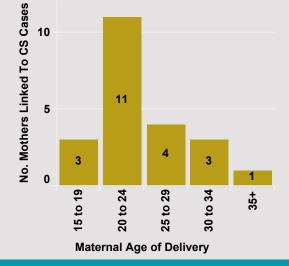
Half (50%) of mothers were 20 to 24 years of age at the time of the delivery.



23% had a positive toxicology screen

# 1 in 419

live births were born with CS in 2023

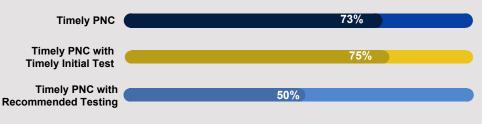


2023 Regional Ranking

1st

Highest case count among Louisiana's nine public health regions

## Among pregnant mothers linked to a 2023 CS case:



Those who received prenatal care (PNC) at least 60 days before delivery

Heroin

Those who received timely PNC and were initially tested for syphilis at least 45 days before delivery

Those who received timely PNC, a timely initial test, and were re-tested for syphilis at least 45 days before delivery

## **Syphilis Guidelines for Pregnant Mothers**

A case of congenital syphilis (CS) occurs when an infant is exposed to inadequately treated syphilis in utero or during delivery. This may result in stillbirth, death of a newborn, or significant future health and developmental problems.

Congenital syphilis is completely preventable through early detection of maternal syphilis and treatment that begins at least 30 days before delivery. Current treatment guidelines are as follows:

Primary, Secondary, or Early Non-Primary Non-Secondary Syphilis 2.4 M units benzathine penicillin (1 dose)

#### **Unknown/Late Latent Syphilis**

7.2 M units benzathine penicillin (3 doses, 7 days apart)

### **Louisiana Testing Law**

Act 459 was passed in Louisiana in 2014. This requires "opt-out" syphilis and HIV testing for all women at the first prenatal visit, the 1st prenatal visit in the 3rd trimester, and at delivery (if testing/status is not noted in medical charts).

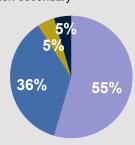
## **Maternal Stage of Syphilis**

Over half (55%) of mothers, linked to a CS case, were diagnosed with late or late latent syphilis.

#### Surveillance stage

- Late or late latent
- Early non-primary non-secondary
- Other
- Secondary

This reflects the latest stage of syphilis identified during the pregnancy linked to the report 2023 congenital syphilis case.





# Gonorrhea Annual Summary - 2023

Region 1 - New Orleans

New Gonorrhea Diagnoses **3,517** 

Louisiana Diagnoses: 13,192

Gonorrhea Diagnosis Rate **407.7** per 100,000 population

Louisiana Rate: 287.4 per 100,000

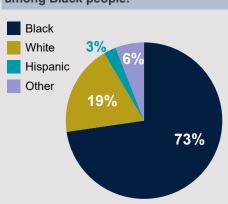
Gonorrhea Diagnosis Rate
Regional Ranking
1st
among Louisiana's nine public
health regions

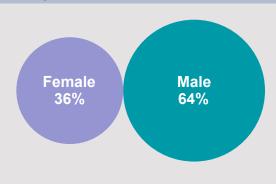
## Of the 3,517 gonorrhea diagnoses in 2023:

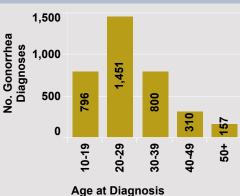
The majority (73%) of diagnoses were among Black people.

By sex at birth, males comprised 64% of diagnoses.

Almost half of diagnoses (41%) were among people 20 to 29 years old.

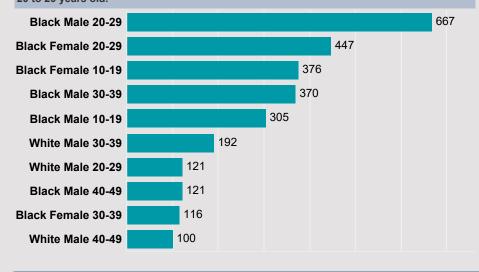






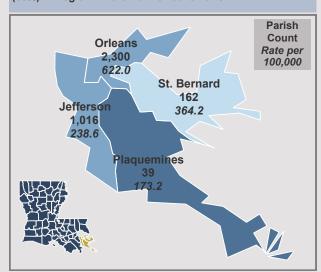
## **Affected subpopulations**

Young people of color are impacted by gonorrhea more than other groups. In Region 1, almost one-third (32%) of gonorrhea diagnoses in 2023 were among young Black people 20 to 29 years old.



## **Geographic distribution**

In 2023, almost two-thirds of new gonorrhea diagnoses (56%) in Region 1 were from Orleans Parish.



# **Gonorrhea Screening and Treatment Guidelines**

#### **Screening Recommendations:**

All sexually active women and pregnant women, under 25 years of age, and sexually active women and pregnant women, 25 years of age and older, if at increased risk.

At least annually for sexually active gay and bisexual men (GBM).

#### **Treatment**

Most cases can be treated with a single 500mg injection of ceftriaxone.

- Help minimize the threat of drug-resistant gonorrhea
- Test-of-cure for throat infections only
- Retest patients 3 months after treatment
- Treat partners



# Chlamydia Annual Summary - 2023

Region 1 - New Orleans

New Chlamydia Diagnoses 8,164

Louisiana Diagnoses: 36,242

Chlamydia Diagnosis Rate 946.4 per 100,000 population

Louisiana Rate: 789.5 per 100,000

Chalmydia Diagnosis Rate Regional Ranking 1st

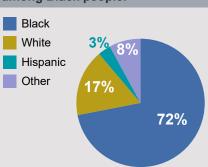
among Louisiana's nine public health regions

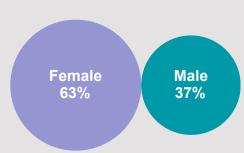
## Of the 8,164 chlamydia diagnoses in 2023:

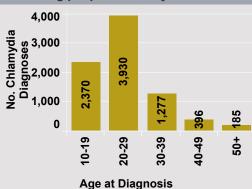
The majority (72%) of diagnoses were among Black people.

By sex at birth, females comprised 63% of diagnoses.

Almost half of diagnoses (48%) were among people 20 to 29 years old.

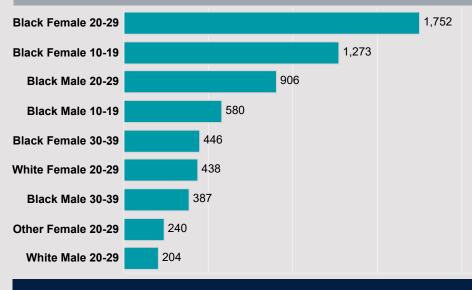






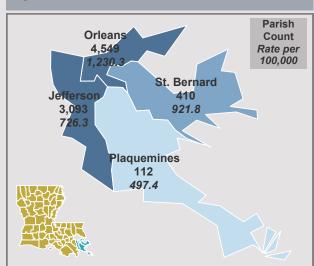
## Affected subpopulations

People of color and young people are impacted by chlamydia more than other groups. In Region 1, 37% of chlamydia diagnoses in 2023 were among Black people 10 to 29 years



## Geographic distribution

In 2023, over half of new chlamydia diagnoses (56%) in Region 1 were from Orleans Parish.



# Chlamydia Screening and Treatment Guidelines

### **Screening Recommendations:**

All sexually active women and pregnant women, under 25 years of age, and sexually active women and pregnant women, 25 years of age and older, if at increased risk.

At least annually for sexually active gay and bisexual men (GBM).

#### Treatment:

Adults and adolescents:

Recommended: Doxycycline 100 mg orally 2x/day for 7 days

Alternatives: Azythromycin 1 gm orally in a single dose OR Levofloxian 500 mg orally 1x/day for 7 days

Pregnancy:

Recommended: Azithromycin 1 gm orally in a single dose Alternatives: Amoxicillin 500 mg orally 3x/day for 7 days



# Acute Hepatitis B Annual Summary - 2023

Region 1 - New Orleans

Acute HBV Diagnoses

4

Louisiana Diagnoses: 18

Acute HBV Diagnosis Rate

\* n/a

per 100,000 population

Louisiana Rate: 0.4 per 100,000

A safe and effective vaccine is available to prevent hepatitis B.

Due to low counts, regional profiles of acute hepatitis B do not contain demographic and geographic breakdowns. \*n/a: Rates are unavailable for regions with <5 diagnoses.

### What is hepatitis B?

Hepatitis B is a vaccine-preventable liver infection caused by the hepatitis B virus (HBV). New infections cause a short term illness, referred to as an acute infection. Some people are able to clear HBV on their own and will no longer have HBV in their body, while others will progress to a long-term chronic illness.

### How is hepatitis B spread and prevented?

HBV is most commonly spread through injection drug use and sexual contact. HBV can also be spread during childbirth if appropriate prophylaxis isn't administered. A safe and effective vaccine is available to prevent hepatitis B. Anyone at risk should get vaccinated.

### Who is at risk for hepatitis B?

People at greater risk include infants born to mothers with hepatitis B, people who inject drugs or share needles, syringes, and other types of drug equipment, sex partners of people with hepatitis B, gay, bisexual and other men who have sex with men, people who live with someone who has hepatitis B, healthcare and public safety workers exposed to blood on the job, and people on dialysis.

## How common is hepatitis B?

CDC estimates that around 12,600 people acquire acute HBV each year in the United States. People with acute hepatitis B may not experience symptoms or may experience very mild symptoms. Consequently, not everyone with acute hepatitis B may seek medical care. Research estimates only 1 out of 7 people with acute hepatitis B are identified and reported to public health. It is likely that the burden of disease from acute hepatitis B is much greater than reported, and the number of cases that are reported to and confirmed by public health are only a small proportion of the true burden of disease.

Visit <u>louisianahealthhub.org</u> for more information.

# **Chronic Hepatitis B Annual Summary - 2023**

Region 1 - New Orleans

Chronic HBV Diagnoses

Louisiana Diagnoses: 733

Chronic HBV Diagnosis Rate

**17.2** 

per 100,000 population

Louisiana Rate: 15.9 per 100,000

ranked **1st** in number of diagnoses and 3rd in diagnoses per 100,000 population among Louisiana's nine public health regions

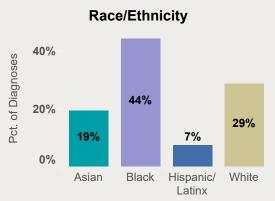
## Of the 151 new chronic HBV diagnoses in 2023:

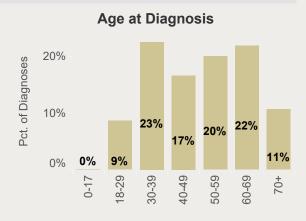
62% of diagnoses were male.

44% of diagnoses were in Black people and 29% of diagnoses were in White people.

People 30-59 years old accounted for the majority of diagnoses.

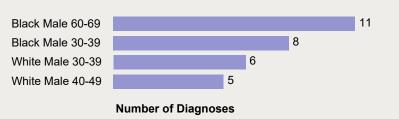






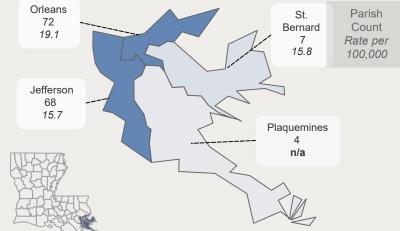
## **Affected Subpopulations**

Black males 60-69 years old had highest number of chronic HBV diagnoses.



## **Geographic Distribution**

Orleans Parish had the highest number and the highest rate per 100,000 population of HBV diagnoses.



## **Prevention and Treatment**

A safe and effective vaccine is available to prevent hepatitis B. The most common ways that hepatitis B is spread is by injection drug use and sexual contact. HBV can also be spread during childbirth if appropriate prophylaxsis isn't given. Some people may clear HBV on their own, while others will progress to a long-term chronic illness. For those who progress to a chronic illness, treatment is available to prevent liver damage, but it is not curative.



# Acute Hepatitis C Annual Summary - 2023

Region 1 - New Orleans

Acute HCV Diagnoses

31

Louisiana Diagnoses: 106

Acute HCV Diagnosis Rate

14.6
per 100,000 population
Louisiana Rate: 3.6 per 100,000

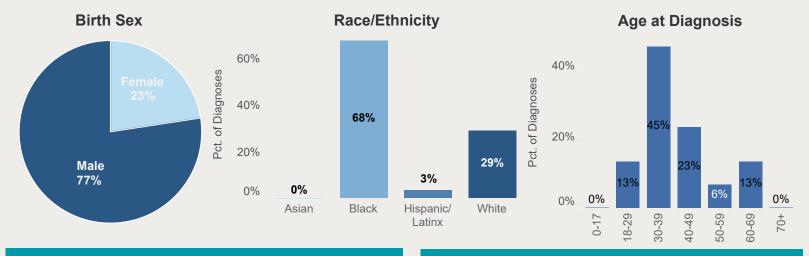
Ranked **1St** in number of diagnoses and **1St** in diagnoses per 100,000 people among Louisiana's nine public health regions

# Of the 31 acute HCV diagnoses in 2023:

77% of diagnoses were male.

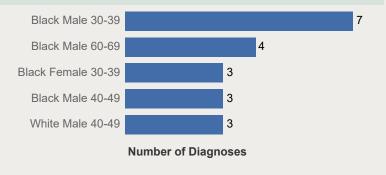
68% of diagnoses were among Black people and 29% among White people.

The majority of diagnoses were among people 30-49 years old.



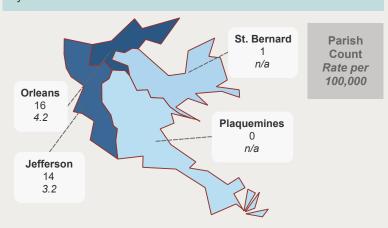
## Affected Subpopulations

The largest number of acute HCV diagnoses were seen among Black males 30-39.



## **Geographic Distribution**

Orleans Parish had the highest number of new diagnoses followed by Jefferson Parish.



\*n/a: Rates unavailable for parishes with < 5 diagnoses.

## **Hepatitis C: A Disease We Can Cure**

The Louisiana Department of Health is committed to creating a "Hep C Free Louisiana" where hepatitis C is no longer a threat to public health, the quality of life for our citizens is improved, and health inequities related to hepatitis C are eliminated. Getting tested is the first step in eliminating HCV. CDC recommends universal testing of **ALL** adults for hepatitis C at least once in their lifetime. Visit <u>louisianahealthhub.org</u> to find out where to get tested & treated.



# Chronic Hepatitis C Annual Summary - 2023

Region 1 - New Orleans

Chronic HCV Diagnoses

Louisiana Diagnoses: 3,589

Chronic HCV Diagnosis Rate

**74.3** 

per 100,000 population

Louisiana Rate: 77.6 per 100,000

Ranked **1St** in number of diagnoses and **6th** in diagnoses per 100,000 population among Louisiana's nine public health regions

## Of the 653 new chronic HCV diagnoses in 2023:

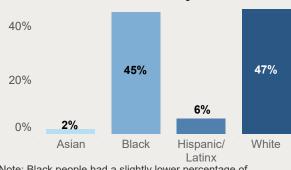
Males comprised 65% of diagnoses.

47% of diagnoses were among White people, and 45% of diagnoses were among Black people.

The largest proportion of diagnoses were among people 40-49 and 50-69 years old.

**Birth Sex** 35% **Female** 65% Male

## Race/Ethnicity



Note: Black people had a slightly lower percentage of diagnoses compared to White people, but Black people had a higher rate of diagnoses per 100,000 population.

### Age at Diagnosis



## **Affected Subpopulations**

Black males 40 to 49 years old had the highest number of new diagnoses.

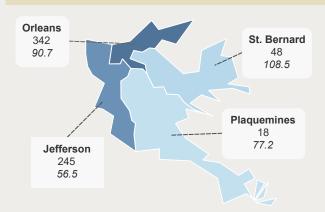
Pct. of Diagnoses



**Number of Diagnoses** 

### **Geographic Distribution**

Orleans Parish had the highest number of diagnoses, while St. Bernard Parish had the highest rate per 100,000 population.



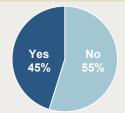
**Parish** Count Rate per 100,000

## **Hepatitis C Testing and Treatment**

In 2023, 88% of individuals with positive diagnostic tests also had confirmatory testing done.

88%

As of December 2023, 45% of individuals with confirmed HCV have evidence of an HCV negative lab and have cleared the virus.



HCV antibody testing with reflex to confirmatory testing, HCV RNA test, should be utilized to ensure complete diagnostic testing. Doing so, reduces the number of required healthcare visits and streamlines treatment.

A safe and effective treatment is available to cure hepatitis C. Treatment for hepatitis C is available at no cost for everyone enrolled in Medicaid and people who are incarcerated in Louisiana. Visit louisianahealthhub.org to find out more.

Interpreting the Data: Please note that 2023 data may still be impacted from the COVID-19 pandemic.