# 2024-2028
# LA State Health Improvement Plan

## BEHAVIORAL HEALTH GOALS & OBJECTIVES

The following **behavioral health** objectives are targeted for completion by 2028 unless otherwise stated.

### Reduce Barriers to Behavioral Health Services

- Increase the number of trained **Recognized Peer Support Specialists** in areas of the state identified as having a shortage by a minimum of 10 annually.
- Increase the number of Louisianans trained in **mental health first aid** from 5,647 per 100,000 in 2023 to 7,147 per 100,000.
- Improve the ratio of **mental health providers** in the state from 507 people per provider in 2023 to 477 people per provider.

### Reduce Deaths from Drug Misuse

- Decrease the rate of **opioid poisoning deaths** from 29.2 per 100,000 to 19.2 per 100,000.

### Address Adverse Childhood Experiences (ACEs)

- Increase the percentage of children ages 0-17 who have experienced **zero ACEs** from 40.6% to 50% by 2028.

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## COMMUNITY SAFETY GOALS & OBJECTIVES

The following **community safety** objectives are targeted for completion by 2028 unless otherwise stated.

### Promote Healthy and Safe Environments

- Decrease the proportion of **adolescents and young adults who aren't in school or working** from 16.7% to 13.7%.
- Decrease the statewide rate of **youth ages 10-20 in secure delinquent custody** from 0.89 in 2024 per 1,000 to 0.48 by 2026.
- Increase the percentage of **high school students who graduate in 4 years** from 80.1% to 84.1%.
- Decrease the percentage of **out-of-school suspension** from 3.8% in 2020-21 to 0.99% in 2025-26.
- Increase the percentage of all **3rd-grade students performing at mastery or above in English Language Arts (ELA)** on the 3rd-grade LEAP 2025 Assessment from 38% in 2022 to 46%.
- Decrease the percentage of tested **children under 7 who have elevated Blood Lead Levels** from 3.4% in 2017 to 1.5%.
- Decrease the percentage of adults in Louisiana who have experienced **sexual violence** in the past year from 10.3% to 8%.
- Decrease the percentage of adults in Louisiana who have experienced **physical violence** in the past year from 7% to 5%.

### Improve Community Readiness and Resilience

- Increase the percentage of Louisianans who have access to 100+ mbps **broadband internet** from 86.8% in 2023 to 97.8%.
- Increase the Louisiana **homeownership rate** from 69.6% in 2023 to 74.3%.
- Reduce **fatalities and serious injuries from crashes** from 6.15 per 100 million vehicle miles traveled in 2022 to 4.5 per 100 million vehicle miles traveled.
- Reduce **pedestrian and bicycle (non-motorized) fatalities and injuries** from 586 in 2023 to 421 in 2028.
- Complete the **Jurisdictional Risk Assessment** by the end of 2023.

LOUISIANA
**DEPARTMENT OF HEALTH**
Public Health

## MATERNAL & CHILD HEALTH GOALS & OBJECTIVES

The following **maternal and child health** objectives are targeted for completion by 2028 unless otherwise stated.

### Improve Birth Outcomes

- Decrease the percentage of **preterm births** in the state from 13.5% to 12%.
- Increase the percentage of **infants breastfed at birth** from 68% to 75%.
- Decrease the **infant mortality rate** from 7.9 per 1,000 live births to 7.1 per 1,000.

### Improve Child & Adolescent Health

- Increase the percentage of children aged 24 months up to date for the **7 vaccination series** from 60.9% to 75%.
- Decrease the **overall childhood mortality rate** (ages 1 to 14) from 22.6 per 100,000 to 19 per 100,000.
- Increase the percentage of children under age 4 enrolled in high-quality, publicly funded **early care and education** from 11% to 15%.
- Decrease the rate of children ages 0-2 who were confirmed to have been **victims of abuse or neglect** from 20.1 per 1,000 to 16.6 per 1,000.
- Increase the percentage of teens 13-17 years of age up to date for the completed **human papillomavirus vaccine series** from 63.9% to 75%.

### Improve Maternal Health

- Decrease the percentage of women with self-reported **postpartum depression** from 16.8% to 15%.
- Increase the percentage of women who receive early and adequate **prenatal care** from 75% in 2021 to 81%.
- Decrease the rate of **maternal deaths** related to or aggravated by pregnancy (excluding accidental or incidental causes) occurring within 42 days from 38.7 (2016-2020) per 100,000 live births to 19.3 per 100,000.
- Increase the percentage of people diagnosed with **primary and secondary syphilis** treated within 14 days (from the date of specimen collection to the date of treatment administration) from 83% in 2023 to at least 85% in 2027.

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## CHRONIC DISEASE GOALS & OBJECTIVES

The following **chronic disease** objectives are targeted for completion by 2028 unless otherwise stated.

### Increase Access to Care

- Increase the percentage of **adults who got a health check-up** within the last year from 77.6% to 82%.

### Reduce Diabetes Rate

- Decrease the rate of newly diagnosed **Type 2 diabetes** cases from 12.9% to 8.5%.

### Promote Healthy Weight

- Decrease the overall **food insecurity** rate from 14.8% to 13.1%.
- Decrease the **adult obesity** rate from 38.6% to 36%.
- Decrease the percentage of **children who are overweight or obese** from 39.2% to 33.5%.
- Decrease the percentage of **adults who reported doing no physical activity or exercise** other than their regular job in the past 30 days from 29.4% to 23.7%.
- Increase the number of **WellSpots** throughout the state by 80 per year.

### Improve Cardiovascular Health Outcomes

- Decrease the percentage of adults who have **high blood pressure** from 38.6% to 34.8%.
- Annually increase the number of eligible rural hospitals in Louisiana enrolled in the **Get With The Guidelines® program** to 10 by the end of 2025.

### Reduce Cancer Rates & Improve Screening

- Decrease the age-adjusted **cancer death** rate from 164 per 100,000 to 140.3 per 100,000.
- Increase **colorectal cancer screening** rates among men and women ages 45-75 statewide from 69.6% to 79.9%.
- Decrease **lung cancer** incidence from 61.9 per 100,000 to 53.5 per 100,000.
- Decrease the percentage of **high schoolers who have tried any tobacco** at least once from 51% to 40%.