

Jump Start Your Heart Program Overview

FACT SHEET



What is the Jump Start Your Heart Program?

The **Jump Start Your Heart** program was formed through Act 234 of the 2023 Regular Legislative Session. Each education facility is required to possess an Automated External Defibrillator (AED) on its premises. This includes public, private and charter facilities:

- Postsecondary education institution
- Elementary schools
- Middle (Jr. High) schools
- High schools
- Any educational institution that sponsors/hosts an athletic event

Registration:

Registration with the Bureau of EMS is required.

This includes completing the form that can be found under the Jump Start Your Heart tab on the Bureau of EMS website [Emergency Medical Services | La Dept. of Health](#).

- Name and location of education facility.
- Name and contact information of Principal, Chancellor, President.
- Name and contact information of the individual responsible for compliance of the program (if different than Principal, Chancellor, President).
- Make, model, serial number of AED(s).
- Expiration date of AED pads (adult and pediatric pads if applicable).
- Name(s) of individual(s) trained in CPR and the use of the AED on the emergency response team.

Cardiac Emergency Response Plan:

The Cardiac Emergency Response plan shall focus on preventing the loss of life, and shall integrate at a minimum the following guidelines:

- Establish a cardiac emergency response team (minimum of two but preferably four).
- Activate the team in response to a sudden cardiac arrest.
- Implement AED placement and routine maintenance within the school.
- Maintain ongoing staff training in CPR and AED use.
- Practice using drills.
- Integrate Local Ems with the plan.
- Annually review and evaluate the plan.

For Additional Information & Assistance:

Contact Aimee Hall at Aimee.Hall@la.gov or 225-925-4374.

Jump Start Your Heart Program

Senate Bill NO.12 ACT 234-2023YR

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Postsecondary Education Institutions:

- Are required to always have an AED (Automated External Defibrillator) on the premises, along with posters approved by AHA/ARC on how to safely perform CPR and use the AED. The AEDs must be:
 - In an easily accessible location within its athletic department
 - In open view within 2 feet of a telephone to readily enable a call to 911 from the athletic department.
 - In an area with easy access to coaches and athletic personnel where athletes are training/competing.
- Are required at certain athletic events.
- Are required to have an individual trained in the use of the AED and first aid CPR at the event.
- That sponsor/ host an intercollegiate athletic event shall have an AED at the event, with an AED user who is trained in pediatric, child and adult CPR and use of an AED.

Elementary, Middle and High Schools (Public, Private and Charter):

- Are required to have an AED on its premises in an easily accessible location.
- Are required at certain athletic events.
- Are required to have an AED user who is trained in pediatric, child and adult CPR and use of an AED at the event.
- That sponsor/host an interscholastic athletic event shall have an AED at the athletic event.

Registration for All Institutions:

- Register in the Bureau of EMS Information Management System: [Emergency Medical Services | La Dept. of Health](#)

Cardiac Emergency Response Plan:

All institutions must have a "Cardiac Emergency Response Plan" (a written document that establishes the specific steps to reduce death from cardiac arrest at the intercollegiate athletic event). A Cardiac Emergency Response Plan shall be prepared by each Principal, Dean, President, Chancellor or Chief Executive jointly with local responders. The Cardiac Emergency Response plan, which shall focus on preventing the loss of life, shall integrate at a minimum the following guidelines:

- Establish a cardiac emergency team (minimum of two but preferably four).
- Activate the team in response to a sudden cardiac arrest.
- Implement AED placement and routine maintenance within the school.
- Maintain ongoing staff training in CPR and AED use.
- Practice using drills.
- Integrate Local EMS with the plan.
- Annually review and evaluate the plan.

Cardiac Emergency Response Team Requirements:

Individuals credentialed in adult and pediatric CPR and use of an AED who have completed adult and Pediatric CPR and AED courses recognized by a national organization or association such as:

- American Heart Association (AHA)
- The American Red Cross (ARC)
- The National Safety Council
- Health and Safety Institute (HIS)
- Or the equivalent cardiopulmonary resuscitation credential that has been approved by the Louisiana Department of Health (LDH)

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